

IMCZ NEWS




OCTOBER / NOVEMBER 2017



EDITORIAL

End of Summer

Even if the calendar tells us that autumn has already started, it still feels and looks like summer. Plentiful sunshine and warm temperatures abound. However, the days are getting perceptibly shorter, and temperatures do drop considerably at night. Whether we like it or not, soon autumn will be with us with its usual storms, rain and threateningly dark clouds hanging for weeks on end. Whilst we prepare ourselves mentally for the coming autumn time, we should remember the brighter sides. Longer nights will give us more time to reflect on our summer holidays, sort out the photos and videos we made over the holidays, plan our next moves and above all prepare for a lot of hard work for the next months: consolidating our careers, completing the projects we started or thinking out new ones and planning new undertakings. In all of this, you will surely enjoy taking a break to meet friends, talk about whatever comes to your mind and sip a cold beer at our weekly Stammtisch or one of several activities and events of your club. We are always delighted to see you.

Muthana Kubba
Editor



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IMCZ

Introducing...New members
THE IMCZ WELCOMES:

Muharem Hrnjadovic

Muharem hails from Bosnia, but spent the longest part of his life in Germany, where he got a master's degree in computer science. Any time not spent on programming or solving interesting problems in crypto-finance or computer security, he spends with his family. He is married and has five children. In the little spare time he has, he likes to cook (primarily Italian cuisine) or go for hikes.



Mark Kaelen

Mark hails from Belgium, being the middle son in a family of three boys. He studied industrial engineering in Belgium and graduated with an MBA in SME management (Small and Medium-sized Enterprises). He worked at Barry Callebaut in France and later joined SAP Belgium working on supply chain solutions. 15 years ago he moved on and joined Estee Lauder, a global cosmetics multinational, where he held several positions in IT and for the last five years worked in the Supply Chain overseeing the planning of their three European plants and 40 third party manufacturers. He moved on to Switzerland in June of this year and will soon be leaving Estee Lauder to look into developing a new chapter in his career (yet to be defined). Mark is married and has two teenage boys who both started school here. Everyone is enjoying life in Switzerland and Zug very much. In his scarce spare time, Mark enjoys cycling and mountain biking exploring the beautiful surroundings of Walchwil where he lives.



continued on page 2

FUTURE EVENTS

- 12 OCTOBER 2017 • **Special Stammtisch at the City Garden Hotel, "Introducing Toastmasters International, Zug".**
- 18 OCTOBER 2017 • **Kegeln (9-pin Bowling) at Chez Ladure, Hotel Zugertor, Baarerstr. 97 Zug. Starting at 20:00 hours.**
- 9 NOVEMBER 2017 • **Autumn New Members' Reception at the Guggital Hotel, Zugerbergstrasse 46, Zug.**
- 9 DECEMBER 2017 • **ZIWC Christmas Dinner and Dance**
- 27 JANUARY 2018 • **Burns night supper. Details to follow**

website: www.imcz.club



IMCZ

Introducing...New members
THE IMCZ WELCOMES:



Luca Valentini

Luca hails from Italy and came to Switzerland seven years ago, when his company decided to open a branch office here. He is an IT man specialising in relational databases and has worked with SQL servers as well as Sybase, and DB2. He likes to work on problems related to data administration, manipulation, migration and transformation. Luca loves travelling and meeting people. He speaks several languages and has spent time in South Africa, Vietnam, Iceland and many Latin American countries. He is a proud member of Avventure nel Mondo (World Adventures), which brings together people who love to travel around the world. Luca also loves reading novels of all kinds, preferably in the original language in which they were written and thinks they promote critical thinking, which is a good way to learn something new. As an Italian, he enjoys good food and wine. He is single but enjoys other peoples' company and used to organise meetings with friends where they played board games, watched football matches or simply discussed life issues. The IMCZ seems to be the ideal place to promote such practices.



Richard England

Despite his surname, Richard is a proud Welshman by birth, and was born in Cardiff. He now resides, since March of this year, in Oberwil overlooking the beautiful lake of Zug together with his wife and three cats. Both his two grown up sons work overseas. Richard previously lived in Germany and Greece for a total of 23 years and is fluent in both German and Greek. He has been working as a business consultant specialising in assisting companies to develop their international market entry strategies in Europe, the Middle East and Far East. He also helps senior management teams to communicate effectively with their shareholders. His main clients are the UK Government, Welsh Government, and the US



states of Michigan, Ohio, Virginia and New York. Trying to explain Brexit to the Americans is difficult and can get very complicated! Richard is a keen photographer – his strikingly vivid photos can be viewed at www.richardengland.strikingly.com. He is also an avid reader of military history, and loves music and cinema. In addition, he follows rugby (Cardiff RFC & Wales), football (Chelsea FC), and swims a lot in the lake, but is not a fitness fanatic, and definitely does not climb mountains!

Wolfgang Lierke

Wolfgang hails from Germany and was born in the famous city of Cologne. He studied architecture at the University of Darmstadt, and trained in CAD at the Thuringian Academy in Erfurt. He worked as an architect in several companies and institutions, and has been working with the Zürich Cantonal Wohnbauförderung service since 2013. Outside his professional activities, he was a dedicated boy scout, is enlisted with the Swiss Red Cross and UNHCR for Emergency Relief Operations, and is a member of the Gardening Association in Steinhausen. He is also an enthusiastic sportsman, having played soccer, handball, basketball and baseball. He practiced archery for 10 years. However cycling is still his favourite. He has made long distance cycling tours both in Asia and Europe. He also does long distance running. Wolfgang's other hobbies include long distance travel to Asia, Australia, New Zealand and the Pacific area, photography, ballroom dancing, cooking and model construction. Wolfgang is married but has no children.



Harry Fuchs

Harry was born in Germany, but grew up here in Switzerland. He graduated in mathematics but changed later to study languages, and founded his language school 27 years ago. Another hobby of his is music, which he played since he was at secondary school and found that for him it was the perfect way of expressing feelings based on maths. Furthermore, he discovered and learned Caribbean dances which he couldn't have learnt without maths. In fact for him all languages are pure mathematics, and as such, maths has always been a good companion throughout his life. Besides being fascinated by



everything to do with languages, he enjoys music, dancing, good food and one or two glasses of beer once in a while. He enjoys sharing hobbies with and playing with his four children.

Drew Gilbert

Drew is a native of Houston, Texas. He is a US licensed lawyer pursuing an advanced degree in International Banking, Finance & Insurance Law at The University of Zürich. He moved to Unterägeri in late 2016. His work background includes private law firms, military, government and the judiciary. He is a specialist in US maritime and commercial law with a focus on investigating marine and industrial accidents and defending companies accused of regulatory violations. Since moving to Switzerland his work has concentrated on the EU General Data Protection Regulation (GDPR). He has gained certification in Europe as a Data Protection Officer (CIPP/E). His interests include: canoeing, ultra-light fishing, fly-fishing, mountain biking and weightlifting. Drew is looking for other members with an interest in fishing backcountry Alpine lakes in Switzerland and the surrounding area.



Sebastian Ebert

Sebastian hails from Magdeburg, Germany. He studied medicine at the Otto-von-Guericke-University in Magdeburg holds additionally an MBA in International Management from the Instituto Mauá de Tecnologia in Sao Paulo, Brazil. He worked as an academic assistant for the Department of Urology at the University Hospital in Magdeburg. There he helped to establish a new method in robotic treatment for prostate cancer with ultrasound. After completing his intern medical training in Magdeburg, Hamburg and Cologne and his final graduation as MD, he emigrated to Switzerland in 2016 and worked as a resident urologist in the Kantonsspital in Zug. He also teaches at the SHL School for higher medical education in Zug. Sebastian lives in Baar. In his free time he loves sports and does a lot of hiking, biking and Crossfit. He also enjoys travelling, attending barbecues, fast cars, and spending time with his friend on the lake of Zug during the summer. He likes to network and looks forward to meeting other club members.



STAMMTISCH

Every Thursday
from 18:00-20:30
At the City Garden Hotel

IMCZ BOARD MEMBERS

Thumbnail biographies of board members can be found on our website www.imcz.club under 'About Us' section

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On Bitcoins

At a special Stammtisch on Thursday July 27, one of our new IMCZ members, **Muharem Hrnjadovic**, gave a very interesting presentation on bitcoins. The event was extremely popular, with many members, some of whom we do not normally see, and several guests attending. Muharem gave a well-prepared lecture on all aspects of the virtual currency, illustrating it with several slides as well as a 9-minute film. After the lecture and Q & A session he went among the audience to install the famous “Wallet” for them to start using bitcoins. There are many more photos plus a video clip in our [Gallery](#).

BLOCKCHAIN

FOR EVERY TRANSACTION,
YOU'RE ANNOUNCING A COUPLE OF THINGS
TO THE BITCOIN NETWORK:

YOUR ACCOUNT #.

THE ACCOUNT # OF THE PERSON
YOU'RE SENDING BITCOINS TO



Our Annual Summer Party, August 27, 2017

This year's motto was **Festa d'Estate** and what a Fest it was. Our energetic event's organiser, **Enrico Dell'Angelo**, did a marvellous, truly unforgettable job for this year's summer party. The expression Barbecue was deliberately left out of the event title, since there was no grilling. Instead we were served a stately three course Italian meal. The weather was also kind, except for a short shower. We had plenty of sunshine, so that most of the outside activities could take place. In the afternoon, the raffle was drawn, and guess what, almost everyone got a prize. Thanks are due to the organisers and especially our events organiser Enrico.

Space for photos here is limited; many more photos including a short video film are uploaded on our [Gallery](#). Why not take a look?



Investment Pitfalls



We had a special Stammtisch on Thursday September 14, 2017. Our regular financial contributor to the Newsletter, **Christian Wagner**, gave a very interesting presentation on investment. He distributed a three page hand-out and proceeded to explain how the banks and financial institutions work, what they recommend and why. It was a very interesting and topical issue. In fact the lecture room had filled up quickly and we saw faces which we haven't see for quite a while. The discussion after the lecture was lively and many members in the audience participated. Many thanks are due to Christian for his excellent presentation.



Bovine colostrum – its multiple bioactivity raises doping doubts

Contributed by IMCZ member Remo P. Jutzeler van Wijlen, Head R&D Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ

Bovine colostrum is the so-called first milk (or also beestings) of cows right after giving birth to a calf. For the first 24 to 48 hours after birth, the cow's milk is particularly nutritious and rich in growth and immunomodulating nutrients. This milk is important to the newborn for normal growth, prevention of infection and the build-up of a proper immune system, e.g. protection from the development of allergies. Colostrum milk is not authorised for regular milk and dairy production, but for many years, it has been a very common dietary food supplement for humans. It became also quite popular with athletes some years ago.

Due to a different placenta situation in cows compared to humans, calves only receive their immune system make-up after birth. Therefore, bovine colostrum is much richer in respective immunity factors than human mother's milk. Since contemporary milk cows produce much more milk than a calf ever needs, the excess colostrum milk may be commercially used for dietary supplements. Among the generally high content of natural growth factors in bovine colostrum, insulin-like growth factor 1 (IGF-1) is particularly interesting. Its highest concentration in nature is found in colostrum. Other growth factors include GH, IGF-2, TGF- β , TGF- α , FGF, GnRH, NgF, and EGF. Immunomodulating factors are, for example, immuno-globulins (IgA, IgG, and others), lactoferrin, lacto-peroxidase and cytokines. Colostrum immuno-factors are efficacious against most environmental micro-organisms and may improve or recuperate normal immune function after disease. Colostrum was used as bacteriostatic aid before the discovery of antibiotics. Colostrum also reduces gastrointestinal permeability, thereby protecting and maintaining the intestinal barrier against pathogenic germs.



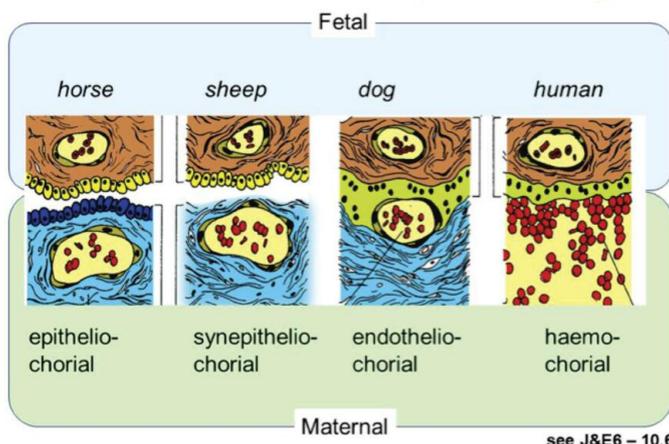
Since many infections and degenerative diseases, as well as strenuous physical exercise, are associated with a reduced immune function, the interest in the use of bovine colostrum in humans for health or performance reasons is obvious. The aforementioned nutrients of colostrum also support a healthy microflora and intestinal cells, which in turn contribute to the digestion and absorption of our food. Bovine colostrum has been promoted for a number of years by renowned institutions such as the Australian Institute for Sport (AIS), and studies on athletes have shown mainly positive outcomes.

However, due to the partly hormonal nature of colostrum's composition, some provisos and fears against supplementing with colostrum have emerged recently, because of a potential doping risk, not least since some positive doping cases (true or claimed) due to contaminated food supplements made the press in the last few years. Furthermore, the World Anti-Doping Agency (WADA) as well as AIS currently discourage the intake of colostrum. However, this warning is simply based on the fact that colostrum naturally contains the growth factor IGF-1, a hormone listed on the WADA doping list as a single

substance, even though there is no proof that IGF-1 in colostrum is absorbed from the intestines into the blood. Furthermore, even athletes taking 60 grams of bovine colostrum for 4 weeks showed no increase in their levels of IGF-1 (Kuipers et al, 2002, *Applied Nutritional Investigation*). Neither such chronic nor acute intake (doping test after 2 hours) resulted in increased IGF-1 levels in blood serum. These results could be mechanistically confirmed. The long-term intake of colostrum did indeed increase the body's genuine IGF-1 in blood serum and saliva; however, no radioactively marked IGF-1 ingested from colostrum could be found in the circulation (Mero et al, 2002, *Applied Physiology*).

In conclusion, there is no absorption from IGF-1 into the blood. Nevertheless, those two studies also prove the functional principle of supplemental colostrum. Colostrum's efficacy is based on its gastrointestinal effect on the micro-flora and the intestinal epithelial cells; but it has no systemic function in our circulation. The assumption that there is a risk of a positive doping result after acute or long-term intake of bovine colostrum is, therefore, ill-founded.

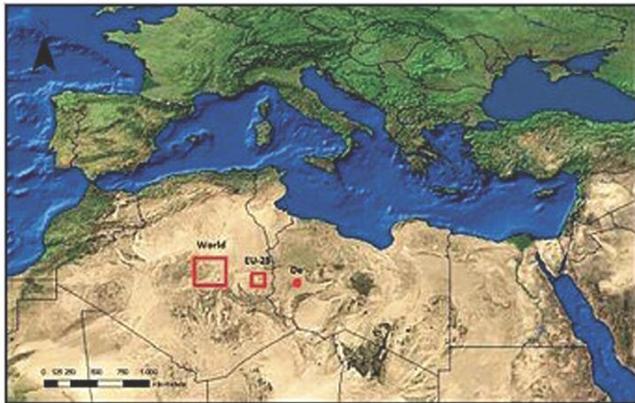
Grosser's classification: placental types



Solar Energy, three years on

The issue of Solar Energy as a viable alternative to fossil fuels for generating electricity has a habit of going in and out of favour at regular intervals. A few years back (November 2014), I reported on two huge projects under construction in North Africa. They were designed to supply Europe with up to 10% of its electric energy consumption. I was curious to find out how far they have got and when will they feed the grid in Europe.

Contributed by IMCZ honorary member and Newsletter Editor Muthana Kubba



The red squares represent the area that would be enough for solar power plants to produce a quantity of electricity consumed by the world today, in Europe (EU-25) and Germany (De). (Data provided by the German Aerospace Centre (DLR), 2005)

Five years ago the euphoria was at its peak, and a photo was taken, showing the area required in the Sahara to generate all the energy required by the whole planet, a smaller area of that required for the whole of Europe, and an even smaller area for the energy required by Germany.

As reported in my article three years ago, Desertec started as a high profile initiative, with 19 shareholders and a budget of €400 billion. Sadly, it never really took off amid concerns over cost and political instability.

However, **TuNur Energy**, an offshoot of Desertec, with more realistic and moderate goals seems to be taking off. Its name comes from Tu (short for Tunisia), and Nur meaning light in Arabic, it is based in Tunisia, and its long-term goal is to produce 2 GW of electric power to export to Europe. It plans to build units of 2x150 MW each, and plans to complete the first unit next year. The first two units of 250 MW each will export electricity to

Malta. A further six units are planned to generate a total of 1500 MW or 1.5 GW to supply to the European grid system.

The **technology** used concentrates sunlight on a central boiler via movable heliostats (mirrors). The boiler contains salt, which melts at the intense heat, with temperatures reaching 565 degrees C. The molten salt is then used to boil water producing steam at high pressure to turn turbines, or stored and used to generate electricity at night. With good planning, the plant can produce power continuously without interruption, even at night time when the sun is below the horizon.

Operation and Storage

A molten salt solar plant is a high-tech operation and can only be run and maintained by highly-trained specialists and engineers. Since plentiful sunshine is usually found in developing countries, the operating and maintenance

staff has to be brought in from developed countries, which adds to the cost of generation. Tunisia is a good compromise. Its proximity to Europe and relative political stability are plus points. On the other hand, lack of sufficient quantities of fresh water, proximity to the Sahara desert with its dust storms and high dust concentration in the air are negative points. Anyway, TuNur has taken all the pros and cons into consideration and has invested large sums to realise the first stage of supplying Malta with electricity.

Technology

The project is situated on a 10'000 hectare site in Kebli, Tunisia and will ultimately consist of 18 units of CSP (Concentrated Solar Power), each generating a maximum of 125 MW electric power.

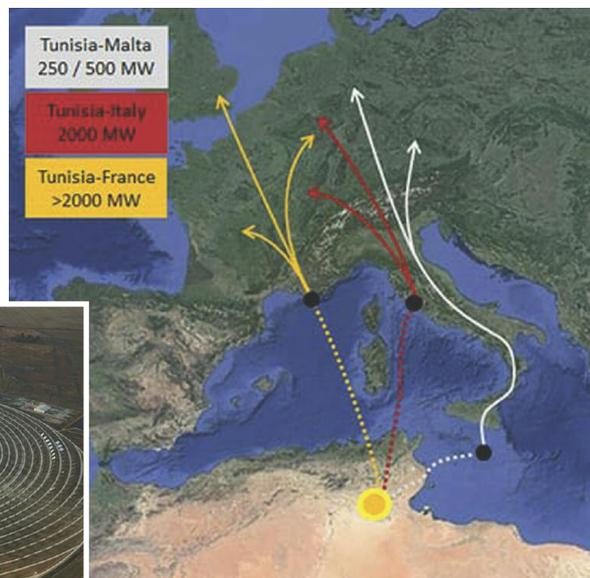
As mentioned, the high temperatures needed can only be achieved if the sun collectors (also called heliostats or mirrors) are movable and computer-controlled so that the sun rays are pointed at the boiler at all times of day throughout the year. Even if this sounds simple, it is a herculean task. Each of the 4000 odd mirrors of around 2 sq. metres in area must be fitted with two reversible motors, one to move it in azimuth (heading) and the other in elevation (altitude). The direction and tilt of each mirror must be known to the central computer at all times. This alone in a dust-prone desert environment is no mean feat. The standby power supply to drive the mirrors and power the computer would be a few megawatts, and can hardly be supplied from batteries, but will need diesel electric generators.

Notwithstanding all the foreseen and unforeseen obstacles and difficulties, TuNur is pushing ahead and pouring millions of Euros into completing the project.

For once, this project seems to be on course to take off. It is planning to start dispatching electric energy next year. In fact it is so sure of its success, that it has applied for authorisation to build additional plants to generate a total of 4.5 GW of electric power. This will certainly be much more than a drop in the ocean and could prove that fossil fuels are on the way out.

Additional Links

[The TuNur Project](#)
[Authorisation for 4.5 GW Solar Plant](#)



Southeastern Australia Port Philip Bay

Contributed by IMCZ President Roger Brooks

After our sojourn in New Zealand's Fiordlands National Park, we took three days to cross the Tasman Sea to Australia. Just as the British and Northeastern Americans refer to the Atlantic as "the Pond", Australians and Kiwis (New Zealanders) refer to the Tasman Sea as "the Ditch". We had heard scary stories about how rough the crossing could be, but, much like our cruise around Cape Horn the weather was clement and the seas relatively calm. During the crossing we visited the stern of the ship, where the naturalists hung out, several times looking for sea life. We didn't see much, apart from a few albatross and dolphins.

The Tasman Sea is named for Abel Tasman, a Dutchman who "discovered" Australia (for Europe at the beginning of the 17th century. The first human settlers are thought to have come to Australia between 50,000 and 75,000 years ago. Although the Dutch named Australia "New Holland", they didn't colonize it, and Captain James Cook claimed it for the British in the second half of the 18th century. At first it was used as a penal colony, but several independent settlements were founded in the first half of the 19th century.

Australia became a nation in the early 20th century at which time Melbourne was the de facto capital. However, it did not become independent of the UK until the period between the two World Wars, when Canberra became the capital. Like Brasilia and Washington, DC, Canberra is a "synthetic" city, expressly built to serve as the nation's capital.

Melbourne

Our first port of call in Australia was Melbourne, at the far end of Port Philip Bay, near the southern tip of Australia and across the Bass Strait from Tasmania (also named after Abel Tasman. Melbourne's population of around 4.7 million is about the same as that of all New Zealand. It is the capital of the state of Victoria and the second most populous city in Australia (after Sydney). It was founded by free settlers in the early 19th century.

Since Melbourne has an excellent public transport system, we opted to head off on our own. We bought "myki" farecards at the port and took the 109 tram into the city, disembarking at Parliament Station, between the Old Treasury building and the Parliament. We strolled out McArthur Boulevard past St. Patrick's Cathedral, which is both the tallest and the largest church building in Australia,



Royal Exhibition Building in Carlton Gardens, Melbourne

and then headed back along Victoria St. to Carlton Gardens, at the northern corner of the old city, now referred to as the "Hoddle Grid".

We briefly visited the Royal Exhibition Building, a World Heritage site built in 1880 for the Melbourne International Exhibition. We passed up visiting the Melbourne Museum, however, as we wanted to take advantage of the nice weather.

The lawn in front of the Royal Exhibition Building was occupied by a flock of gulls. After leaving the Carlton Gardens, we took a brief ride on one of the antique tram cars of

Of course we were most interested in the species endemic to Australia, of which we saw a great many, including:

- Koalas
- Black-Necked Storks
- Black Swans
- Royal Spoonbills
- Southern Hairy-Nosed Wombats
- Kangaroo Island Kangaroos
- Emus
- Australian Pelicans
- a Snake-Necked Turtle
- a Southern Fiddler Ray

The crème de la crème, so to speak, were the kookaburras, the little penguins and a southern cassowary. The southern cassowary is convincing evidence for the hypothetical evolution of birds from dinosaurs; its bony crest and clawed feet are eerily reminiscent of the supposed predecessors. Furthermore, they are said to be quite dangerous. They can easily disembowel a human with one swipe of the aforementioned clawed feet.



Melbourne Mint

the free City Circle Line, then paid a visit to the old Melbourne Mint. The Melbourne Mint operated from 1872 until the 1960s, when this function gradually moved to Canberra.

Having opted out of the offered excursions to see wildlife in its more or less natural habitat, we decided to venture out to the north edge of town to see what the Melbourne Zoo had to offer.

We boarded tram 58 at Flagstaff Station and arrived in about half an hour. The zoo was founded in 1862 and offers far more than we could see in the few hours at our disposal.



Kookaburras



Little Penguin 'Hanging Five'



Southern Cassowary

After visiting the zoo, we returned to town to visit the Southbank and, especially, the Eureka Tower. At 297 meters, the Eureka Tower is not quite as tall as Auckland's Sky Tower, but it still afforded some spectacular views of the city from its 88th floor observation deck. Furthermore, the Eureka Tower is a residential building, whereas Sky Tower is a communications tower.



Eureka Tower



View from Melbourne's Eureka Tower

Geelong

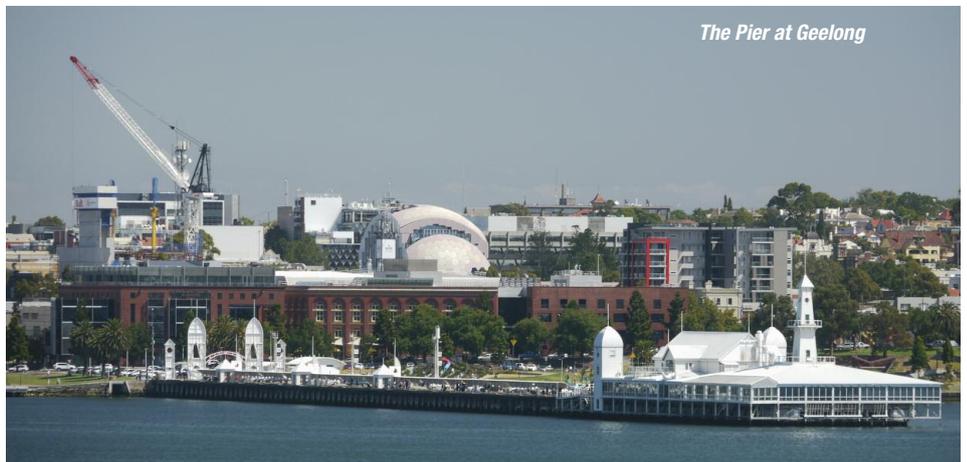
Just across Port Philip Bay from Melbourne, in a little inlet called Corio Bay, lies our next port of call, Geelong. Once a thriving industrial town, it has been forced by the emigration of its factories to reinvent itself. It is now a pretty but not overrun tourist destination and an upscale bedroom community for Melbourne. Skyrocketing rents are forcing many who work in Melbourne to live elsewhere, Geelong is only an hour's train ride from Melbourne.

The first thing that struck us arriving in Geelong was the Ferris Wheel by the marina, and the second was "The Pier". We tendered ashore to the Royal Yacht Club marina, where we were

greeted by a flock of friendly locals handing out maps and tourist guides. We then set off on foot along the Eastern Beach Reserve and into Eastern Park.

It was here that we happened upon two of Geelong's most interesting features, purely by happenstance. One of these is the geoglyph "Rhythms of Life". Originally created by [Andrew Rogers](#) for the Commonwealth Games in 2006, it later became part of a series of geoglyphs all over the world, under the same name. A [virtual tour of the entire series](#) can be viewed on YouTube.

The second was even harder to identify at first. As we neared a grove of trees, walking along



The Pier at Geelong



Geoglyph 'Rhythms of Life'

the Eastern Park Circuit, we heard a cacophony of squawking, which, at a distance, sounded like a large flock of raucous birds. On closer examination, it turned out to be a large colony of fruit bats, also known as fox bats or, more precisely, [grey-headed flying foxes](#).

They have a permanent colony there, which is protected by law. Large fines are levied on those who disturb the bats. The size of the colony varies, peaking at over 30,000 in the summer and decreasing to less than 10,000 in mid-winter. Although they are not the largest bats, they are the largest in Australia, and certainly the largest I have seen. They have a wingspan of about one meter and can weigh up to 1 kg. Like other large bats, they do not have echolocation.

The [Eastern Park](#) was founded in the mid-19th century, and is also home to two Botanical Gardens, which we did not find that interesting. On our way out of the park, we briefly observed a lively game of cricket (if cricket can be said to be lively).

With a brief nod to the statue of Queen Victoria, we emerged at the western corner of the park and made our way back through town, admiring the variety of architectural styles represented by the houses. As a fan of C.S. Lewis I had to walk through Pevensy Park, which was on our way to [Corio Villa](#), one of the numerous building in Geelong which are listed in the [Victorian Heritage Database](#). It looks a bit modest for the title "Villa" and appears at first to be a rather generous, expansive wood-frame house. However, it was in fact prefabricated in the mid-19th century out of cast iron. This was a popular method to quickly and inexpensively erect housing during the gold rush at that time, but Corio Villa is more luxurious and impressive than many. The model was, of course, intended for mass production, but a fire at the factory destroyed the molds, leaving it one of a kind.

After pausing briefly for refreshment at a coffee shop on Little Malop St. we found some interesting street art in a side street, something for which Geelong appears to be famous.

We passed by a few more architectural landmarks, including the old Post Office the old courthouse and the Railway Station, all of which date back to the late 19th century, as well as the newer Town Hall and Geelong Gallery. The building which impressed me most, however, was the ultra-modern [Library & Heritage Center](#), built in 2015.

It sits at the southern corner of Johnstone Park, which is home to a number of other landmarks, including the aforementioned Art Gallery, the Peace Memorial (previously called the War Memorial), the Apex Club Sculpture, the Hitchcock Memorial Bandstand and a statue of King George V.

Heading down to the seashore, we swung by the aforementioned Railway Station and discovered the Geelong Skate Park, near which lies the sculpture of a sea serpent.

Fox Bats in Geelong's Eastern Park



Corio Villa



Street Art in Geelong

Geelong Library & Heritage Centre



At Steampacket Quay, on the other side of the Cunningham Pier, we saw a [replica of the Enterprize](#), which was just setting sail across Corio Bay. The Enterprize was the topsail schooner which brought the first European settlers in the early 19th century to what would later become Melbourne.

At the edge of Steampacket Gardens is a large wooden building which houses a huge antique, but still operational [carousel](#), dating back to the late 19th century.

We returned to the marina and tendered back to our ship, from which we could observe the progress of the “Enterprize”, as it slowly hoisted all sails on its way past the geoglyph, “Rhythms of Life” in the Eastern Park.

With these images in our hearts and minds, we too set sail, for our next and last port of call on this voyage, Sydney. Read about our experiences there in our next issue!



Sea Serpent, Geelong Western Beach



Carousel by Steampacket Gardens



Replica of the Enterprize Sailing Past the Geoglyph



Rütli Hike

Contributed by IMCZ
President Roger Brooks

Despite the low turnout and discouraging weather forecast, four intrepid souls set out from Brunnen at 8:30 AM on the last Sunday in September to scale the heights of Seelisberg. As it turned out, the weather was far better than predicted. By the time Margareta and I met Enrico and Keith at the boat landing in Brunnen, the rain had stopped, leaving fog behind.

We bought our round-trip tickets for the bargain price of SFr. 15 (for both of us, since we have half-tax cards) and were promptly ferried over to the landing at Rütli, passing by the Schiller stone. The boat was old, dating back to the 1930s, and had obviously not been the object of such attention as the old steamships, which have been lovingly restored to ply the waters of Lake Lucerne.



Schillerstein auf dem Weg nach Rütli

Rütli

From the Rütli boat landing, it was an easy 10-minute walk up to the Rütliwiese (meadow) where representatives of the 3 cantons Uri, Schwyz and Unterwald are thought to have ratified the first Swiss confederation agreement in 1291. The meadow was much smaller than I had imagined. At its border stand three trees, which could easily be thought to portray the three representatives who sealed that momentous agreement.

We walked back down to the Restaurant Rütlihaus, which is between the boat landing and the Rütliwiese for a bite to eat. The restaurant didn't actually offer breakfast, but they kindly whipped up a plate of cheese and cold cuts for us to share along with our coffee. Thus fortified, we made our way along the path to Seelisberg, which we reached in about an hour and a quarter. On the way, Enrico kept a sharp lookout for chestnuts and mushrooms, but didn't find much worthwhile.

Seelisberg

In Seelisberg we walked through town past several hotels and St. Michael's church to the Schiller Terrace, which overlooks Lake Uri and offers a nice view of the Fronalpstock. A bit further uphill we found the Maharishi Ayurveda Gesundheitszentrum (Health Centre) and the Maharishi European Research University (MERU).

Margareta and I had often seen the dome of the MERU from Lake Lucerne, glowing in the rays of the afternoon sun. We had heard that it belonged to a famous guru, and had speculated that it might have been Sun Myung Moon or Guru Maharaj Ji. While we admired the view from the terrace, which was becoming even more spectacular as the fog burnt away, some thought that it might be Chandra Mohan Jain, who achieved notoriety in Oregon as Bhagwan Shree Rajneesh in the 1970s and 80s.

Subsequent research shows that it was founded by the Maharishi Mahesh Yogi, who was famous for introducing the western world, in particular the Beatles, to Transcendental Meditation. He made the former Grandhotel Sonnenberg his headquarters from 1972 to 1983 and died in Holland 2008, but his legacy lives on. A brief obituary was published in the Luzerner Zeitung, and the terrace features a modest-looking monument, which, on closer examination, claims Seelisberg as the capital of the "World Government of the Age of Enlightenment".



Three Trees at the Rütliwiese



MERU, Formerly Grandhotel Sonnenberg

After pausing to chat and admire the view, we walked back down to the restaurant [Bahnhöfli Seelisberg](#) next to the funicular station for lunch. On the way, we stopped at Keith's request for a brief look at [St. Michael's church](#), which dates back to the 16th century. Keith was disappointed that its interior had been thoroughly renovated and modernized. The Bahnhöfli served us generous portions of game and soup.

Treib

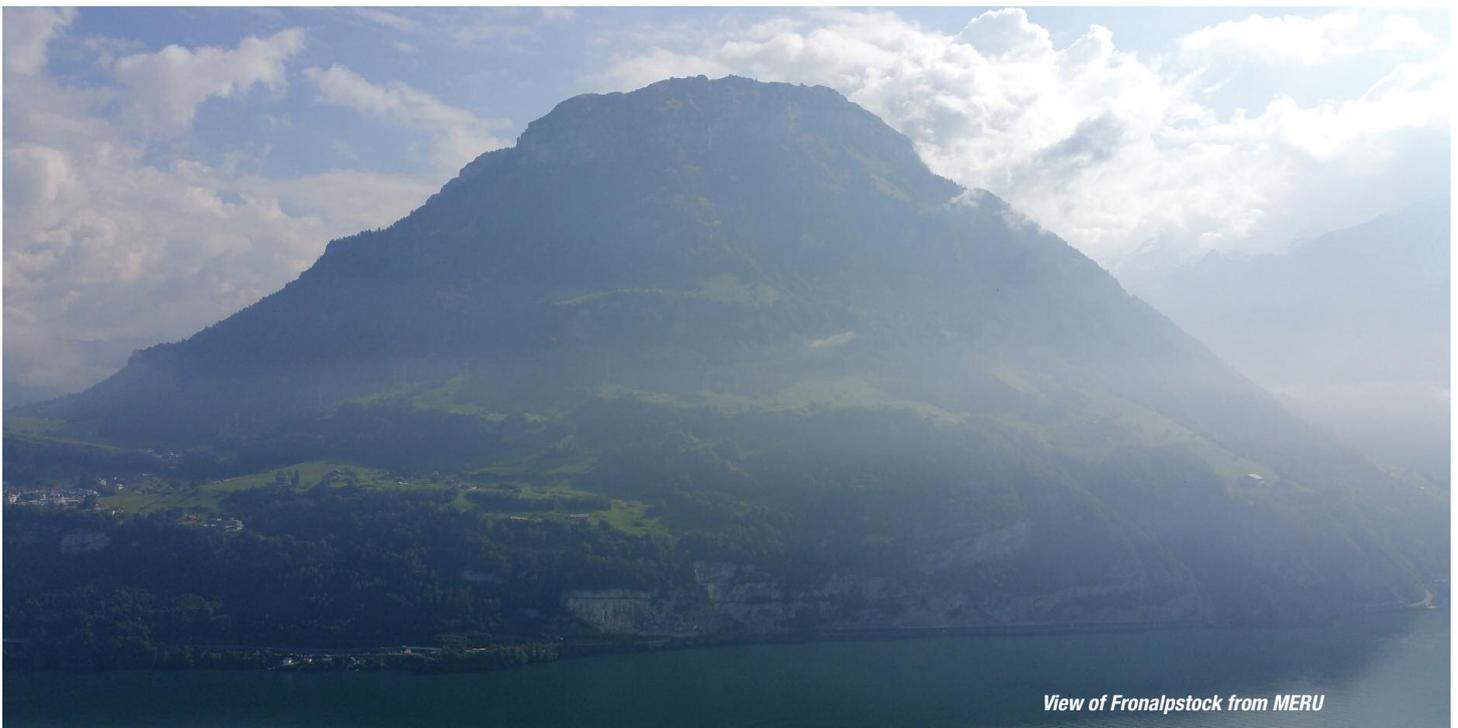
With renewed vigor, we set out on our descent to Treib, which was the subject of several

misunderstandings. I had originally thought that Enrico intended for us to take the funicular between Treib and Seelisberg, and had therefore suggested walking up from Rütli. However, all were keen to walk down, which left the question of which route to take.

The footpath is rather steep, but the road is not nearly as attractive, so we settled on the bike route as a compromise. Unfortunately, we were soon led astray by other hikers who were taking the footpath, and wound up negotiating some steep segments, particularly near the end of our descent.

We were rewarded, however, by stunning vistas along the way as the fog continued to dissipate. Arriving in Treib, we had just ordered coffee at the [Wirtshaus zur Treib](#) when a large group of French tourists arrived. Fortunately, the boat which arrived to take us back to Brunnen was much larger (and more modern) than the one which had picked us up there.

Those who are interested in further details will find a map in the [description of the past event](#) and further photos in the [album](#) on our website.



View of Fronalpstock from MERU

Get Ready to Ski: If you're living in Switzerland, you should get yourself some Swiss skis!

Contributed by IMCZ Sports' editor Joseph Dow



Since arriving in Switzerland a decade ago, I immediately noticed how proud the Swiss are of their country and their preference for Swiss goods. Sure, the major ski manufacturers like Völkl, HEAD, Rossignol and Atomic all make some great skis, but Swiss skis are just as good and some are even better. If you are living here, you might as well do as the Romans... I mean the Swiss ... and try some of their fantastic ski brands.

When you travel around to the various Swiss ski resorts, you will see a lot of skis by the local ski brand at their nearby resorts (RTC at Aletsch, Core in Klosters, Zai in Disentis, etc.). Many are Swiss brands with Swiss-engineered skis partially or wholly made in other European countries like Italy and Austria. A select few are actually made completely in Switzerland, usually by skilled cabinetmakers, and are the truest of Swiss skis. So, here's a list of Schweizer Skimarken:

✓ **RTC skis** (Brig-Gils) rtc-ski.ch

– Completely built in Kanton Wallis, these Swiss handmade skis are simply the best carvers on the planet, perfect for typical Swiss ski slopes. You can ski them in surprisingly short lengths, but the new Skiercross series come in more traditional sizes. In January 2011, Swiss skier Melanie Burgener won the FIS Speed Carving World Cup on a pair of RTCs. Skiing on them for a few seasons has converted me into a huge RTC enthusiast and this is the brand that I believe to be the best. As you may remember, RTC was the maker that gave us a fascinating presentation at our IMCZ ski evening in the City Garden Hotel, last season.



✓ **Exonde XO skis** (Thun) exonde.com

– The black XO skis have a precise wood core but no metal making them very light and easy to ski. The original side cut has a perfect all-around geometry.



✓ **Stöckli skis** (Wolhusen) stoeckli.ch

– This is the #1 ski brand in Switzerland, although we considered the brand an exotic in the US, and the last Swiss industrial ski maker (were about 30 in the past). Stöckli is one of the few Swiss brands left, along with RTC and Zai, which are completely made in Switzerland.



✓ **AK ski** (Stansstad) ak-ski.ch (fahner-sport.ch, molitor.ch)

– A maker of fine race-inspired high-performance skis, mostly all black with their signature medallion. Now, there is a hint of color showing on the sidewall to distinguish the specific model and its particular character. My favorite AK model had a blue sidewall but corresponds to the green one in the current line. AK was the first ski maker to present at our inaugural IMCZ ski evening back in 2013.



✓ **Zai skis** (Disentis) zai.ch

– Handmade in Disentis, this extreme luxury brand is rivaled (at least in price) only by the Italian brand, **Foil**, with some Zai skis retailing for over 10'000 CHF. A waitress in the fine restaurant at the Weissfluhjoch up on Parsenn once complained to me that Zai skiers were always trying to bring their skis to the table with them for fear of thieves making off with their extravagant planks. I demoed a Zai Spada with its unique granite core a few years back on an IMCZ trip to St. Moritz. Nice skis but I felt the AK Pro Elastaks I had brought on that trip were just as good.



√ **Kessler skis** (Braunwald) kessler-swiss.com



– This brand has made quite a name for itself in the Olympics with racing snowboards and now produces some fine skis, especially carving skis, with their proprietary Clothoid shape technology varying the ski's geometry as the ski is flexed. I hope to try a pair someday to see what all the fuss is about.

√ **Core skis** (Klosters) coreskis.ch



– Another handmade ski, developed in Klosters and made somewhere in the Alps. They offer a range of skis progressing in width from carvers to freeride skis.



√ **swiss five star skis** (Engelberg) swissfivestarski.ch

– A newer Swiss luxury brand with carver type skis including a beautiful all-around ski with real wood inlays on the top sheet. They look as good as they ski, which is very well.

√ **Swiss Massiv skis** (Doppleschwand) swissmassiv.ch



– Handcrafted in their small workshop in Central Switzerland, the skis are made using a wood core, sandwich construction and a unique bamboo fiber sidewall.

√ **Radical skis** (Zürich Wollishofen) radical-sports.com



– Handmade carbon skis. You ride the train past their shop on the way to Zürich.



√ **Movement skis** (Vevey Puidoux)

movementskis.com

– Freeskis very popular with younger Swiss skiers.

√ **Faction skis** (Verbier) factionskis.com



– Freeride, all-mountain, backcountry and freestyle. This brand's skis are similar in use to the Movement skis.

√ **Oxess skis** (Bubikon) oxess.ch



– This brand has a terrible name. It's so unusual that I can never remember it and almost had to leave them out of the article.

Like Kessler, this brand is big in the competitive snowboard racing realm and later added skis with carbon fiber and various woods to their offerings.



√ **MACH skis** (Solothurn Feldbrunnen) machski.ch

– Handmade (Italy) wood core, World Cup sandwich construction skis. Most of their skis seem to be high-performance race-style carvers.

SKI GEAR CHECKLIST

- **Skis & Bindings** (Swiss skis, of course!!!)
- **Ski Boots** (custom-fitted by a professional bootfitter (e.g., Andreas at Stöckli, Cham))
- **Ski Poles** (carbon shafts are a must)
- **Ski Outfit** – Ski Jacket (insulated) & Dedicated Ski Pants (Top Brands: Toni Sailer, Mountain Force, Kjus, Peak Performance)
- **Mid-layer Top** (something with a full zip provides versatility) Zip-Jacket, Vest, or Sweater Down, Merino Wool, Fleece or other Synthetic
- **Base Layer** (top & tights) Merino Wool/ Microfleece
- **Accessories**
 - Helmet
 - Goggles & Sunglasses
 - Neck Gaiter/ Scarf and Facemask
 - Ski Gloves
 - Ski Socks & Liner Socks
 - Ski Daypack (Exped, a Swiss brand makes innovative, waterproof packs – I will hopefully test one out, this season)
 - Cable Ski Lock
 - Tip Ties and Boot Carrier
 - Lightweight Approach Shoes
 - Sun Protection / Lip Balm

Additional Information:

- **Exotic Skis:** exoticskis.com
- **Andreas Koelbl, Master Bootfitter** at Stöckli Swiss Sports AG, Brunnmatt 4, 6330 Cham; 041 783 86 00
- **Alpine Sports Andermatt (Peter Widdup):** alpinesportsandermatt.com
- **SBB Snow 'n Rail Program:** sbb.ch/en
- **Swiss Ski Conditions:** snow.myswitzerland.com/snow_reports

**THINK SNOW!!! THINK SNOW!!!
THINK SNOW!!! THINK SNOW!!!**

If you have questions about skiwear or equipment or want a recommendation, feel free to send me an email: [jjdow\[at\]hotmail.com](mailto:jjdow[at]hotmail.com).



Defunct Swiss Brands:

x **Authier** (this was a famous one in the States with the cool Vampyre model), **Schuetz-Sports**, **Birdos**, **Schaernhorn**, **Heidiskis**, **Alpy**, **Streule**, **Attenhofer**, **Schwendener skis** . .

If you are interested in exotic skis from Switzerland and around the world, check out exoticskis.com.



Kegeln Report - August/September 2017

Contributed by Newsletter Co-editor Roger Dixon

In August, we returned to the Gasthaus zur Linde in Steinhausen. As well as the regulars, it was nice to see a new member Bruce Webb, as well as one of our long time bowlers Janis Meier, joining us. Markus Kohler was also back after a couple of months break. As usual, a great evening was enjoyed by all 8 of us.

The leading results were as follows:

Game	First		Second		Third	
1	Christian		Beat		Stephen	
	Score	Balls	Score	Balls	Score	Balls
	520	8	500	8	570	10
2	Markus		Beat		Christian	
	Score	Balls	Score	Balls	Score	Balls
	505	6	500	7	510	8
3	Roger		Christian		Beat	
	Score	Balls	Score	Balls	Score	Balls
	560	7	530	9	510	9
Overall	Christian		Beat		Roger	
	Score	Balls	Score	Balls	Score	Balls
	1560	25	1535	25	1570	26

The Gasthaus zur Linde was also the venue for our September event. In addition to the usual suspects, it was nice to be able to welcome another new member, Wolfgang Lierke, to our ranks.

Wolfgang took to it like a duck to water, and although his attempts to leave a hole in the back wall were perhaps less genteel than some other techniques on show, his accurate eye plus the momentum of his projectiles certainly had a marked effect on his scoring and he finished in 2nd place overall. Well, done Wolfgang!



The top scorers were:

Game	First		Second		Third	
1	Beat		Wolfgang		Christian	
	Score	Balls	Score	Balls	Score	Balls
	520	7	505	10	520	12
2	Hans-Peter		Wolfgang		Roger	
	Score	Balls	Score	Balls	Score	Balls
	530	7	535	10	505	10
3	Wolfgang		Roger		Beat	
	Score	Balls	Score	Balls	Score	Balls
	540	7	520	9	525	10
4	Beat		Barbara		Christian	
	Score	Balls	Score	Balls	Score	Balls
	505	8	530	9	540	11
Overall	Beat		Wolfgang		Roger	
	Score	Balls	Score	Balls	Score	Balls
	2070	36	2100	40	2025	43

The October event will take place on Wednesday, 18th October at Chez Ladure, in the Hotel Zugertor, Baarerstrasse 97, Zug. Kegeln will start

at 20:00. Tables have been reserved at 18:30 for those who would like to eat beforehand. The Ladure family have taken over the running of the restaurant, which was previously known as Zeno's. They offer both French & Italian cuisine.

Another scintillating evening of good eating, wit & repartee and Kegeln are in store for anyone who is tempted to join our event. Please register on the IMCZ Group Spaces, if you wish to attend.















summers Mühllegasse 18
Geb. 193 f
(entrance building E)
6340 Baar

GRAPHICS / PHOTOGRAPHY / VIDEO

Every Friday, we are offering walk-in headshot photos for **CHF 50.-**








Parrots Speak

During a lull between the speeches at the recent presidential ceremony, Melania Trump leaned over to chat with the Secretary of State.



"You know, I bought Donald a parrot for Christmas. That bird is so smart, Donald has already taught him to pronounce over two hundred words!"

"Wow, that's pretty impressive," said the Secretary of State, "but you do realise that he just speaks the words, ...he doesn't really understand what they mean."

"Oh, I know," replied Melania, "....." **neither does the parrot.**"

Frying Eggs

A woman is cooking eggs in the kitchen when her husband comes running in...



Immediately, he sees the eggs and gasps in horror. "Be careful! Careful. Put in some more butter! Oh, my God!"

The wife, startled at her husband's violent reaction, dashes to the fridge to get some butter.

You're cooking too many at once. Too many. Turn them! Turn them now.

The wife, concerned by the status of her husband's mental state, forgets about the butter and goes running to the eggs.

"We need butter! Are you crazy??? Where are we going to get the butter? They're going to stick! Hurry!"

The wife runs to the fridge.

"Careful about the eggs! Careful. You never listen to me when you're cooking! Never! Turn them quickly! Oh not that quickly, don't you know how to cook? Are you insane? Turn the damn eggs."

At this point, the wife starts crying, since she has no idea what to do.

She gasps "What is wrong with you? I know how to cook eggs."

The husband simply smiles and remarks "I just wanted to show you what it feels like while I'm driving with you in the car" and leaves.



Slander

During WW II, a man was arrested in London for calling Winston Churchill a fool.

The next day in the House of Commons, the opposition members were ready to roast the government for this.

"Are we living in a police state", they shouted, "where we cannot call the PM a fool?"

Churchill's reply was truly disarming - "The man was not arrested for calling the Prime Minister a fool", he said, **"but for letting out a state secret at the time of war."**

The Polite Way to Call Someone a Bastard

A guy was getting ready to tee off on the first hole when a second golfer approached and asked if he could join him. The first said that he usually played alone, but agreed to the twosome.

They were even after the first few holes. The second guy said, "We're about evenly matched, how about playing for five bucks a hole?" The first guy said that he wasn't much for betting, but agreed to the terms.

The second guy won the remaining sixteen holes with ease. As they were walking off number eighteen, the second guy was busy counting his \$80.00. He confessed that he was the pro at a neighboring course and liked to pick on suckers. The first fellow revealed that he was the Parish Priest.



The pro was flustered and apologetic, offering to return the money. The Priest said, "You won fair and square and I was foolish to bet with you. You keep your winnings."

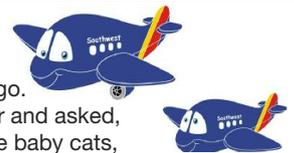
The pro said, "Is there anything I can do to make it up to you?"

The Priest said, "Well, you could come to Mass on Sunday and make a donation.....And, if you want to bring your mother and father along, I'll marry them.

Baby Planes

A mother and her young son were flying Southwest Airlines from Kansas City to Chicago.

The son turned from the window to his mother and asked, "If big dogs have baby dogs and big cats have baby cats, why don't big planes have baby planes?"



The mother said, "Well, maybe that's something you could ask the stewardess."

So the boy asked the stewardess, "If big dogs have baby dogs and big cats have baby cats, why don't big planes have baby planes?"

The stewardess responded, "Did your mother tell you to ask me?"

The boy admitted that this was the case. "Well, then tell your mother that there are no baby planes because Southwest always pulls out on time. You can ask your mother to explain THAT to you."

Idiot

When Mahatma Gandhi was studying law at University College, London, a professor, whose last name was Peters, disliked him intensely.

One day, Mr. Peters was having lunch at the dining room when Gandhi came along with his tray and sat next to the professor.

The professor said, "Mr Gandhi, you do not understand, a pig and a bird do not sit together to eat."

Gandhi looked at him as a parent would scrutinise a rude child and calmly replied, "No need to worry professor. I'll fly away" and he went and sat at another table.

Mr. Peters, reddened with rage decided to take revenge.

The next day in class he posed the following question: "Mr. Gandhi, if you were walking down the street and found a package, within which was a bag of wisdom and another bag with money, which one would you take?"



Without hesitating, Gandhi responded, "The one with the money, of course."

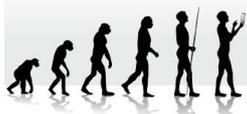
Mr. Peters, smiling sarcastically said, "I, in your place, would have taken the wisdom."

Mahatma Gandhi shrugged and responded, "No problem, each takes what he doesn't have."

Mr. Peters, by this time was raged. So great was his anger that he wrote on Mahatma Gandhi's exam sheet the word "IDIOT" and gave it to Gandhi.

Gandhi took the exam sheet, sat down at his desk trying very hard to remain calm while he contemplated his next move.

A few minutes later, Mahatma Gandhi got up, went up to the professor and in a dignified polite tone said, "Mr. Peters, you signed the sheet, but you did not give me the grade."



Evolution

A little girl asked her mother, "How did the human race appear?"

The mother answered, "God made Adam and Eve and they had children, and so was all mankind made.."

Two days later the girl asked her father the same question.. The father answered, "Many years ago there were monkeys from which the human race evolved."

The confused girl returned to her mother and said, "Mom, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?"

The mother answered, "Well, dear, it is very simple. I told you about my side of the family and your father told you about his."



Members' Marketplace

Are you **selling** your yacht (harboured in Piraeus)?
 Your Aston-Martin old-timer with the roll top roof?
 A gorgeous view of the Bay of Biscay,
 with a little bit of house attached?
 Or are you **cashing in** the half of your stamp
 collection that is finally worth something?
 Perhaps you're **looking** for all of these things?

Then ADVERTISE here, in the IMCZ News;

The Members' Marketplace is reserved for unformatted advertisements of 150 characters (approx. 3 lines) of text. These are free of charge to IMCZ members. Advertisements must be submitted as illustrated below. Longer advertisements cost CHF 30.-

Example: FOR SALE: gorgeous view of Bay of Biscay with stunning sunsets and high waves. Wee house (12 rooms), dock and yacht included. Call Bill at 041 123 45 67.

Do you like writing? I wrote a book in German about a Swiss expat and am now looking for someone to translate it into English. The text is easy. Call Christian on 041 710 40 12.

IMCZNEWS Advertising Rates

The IMCZ newsletter is delivered bi-monthly to about 200 members representing 20 nationalities. IMCZ members have personal or professional interests in both the international community and in the canton of Zug.

Format: A4 vertical, full color.

Ad content delivery:

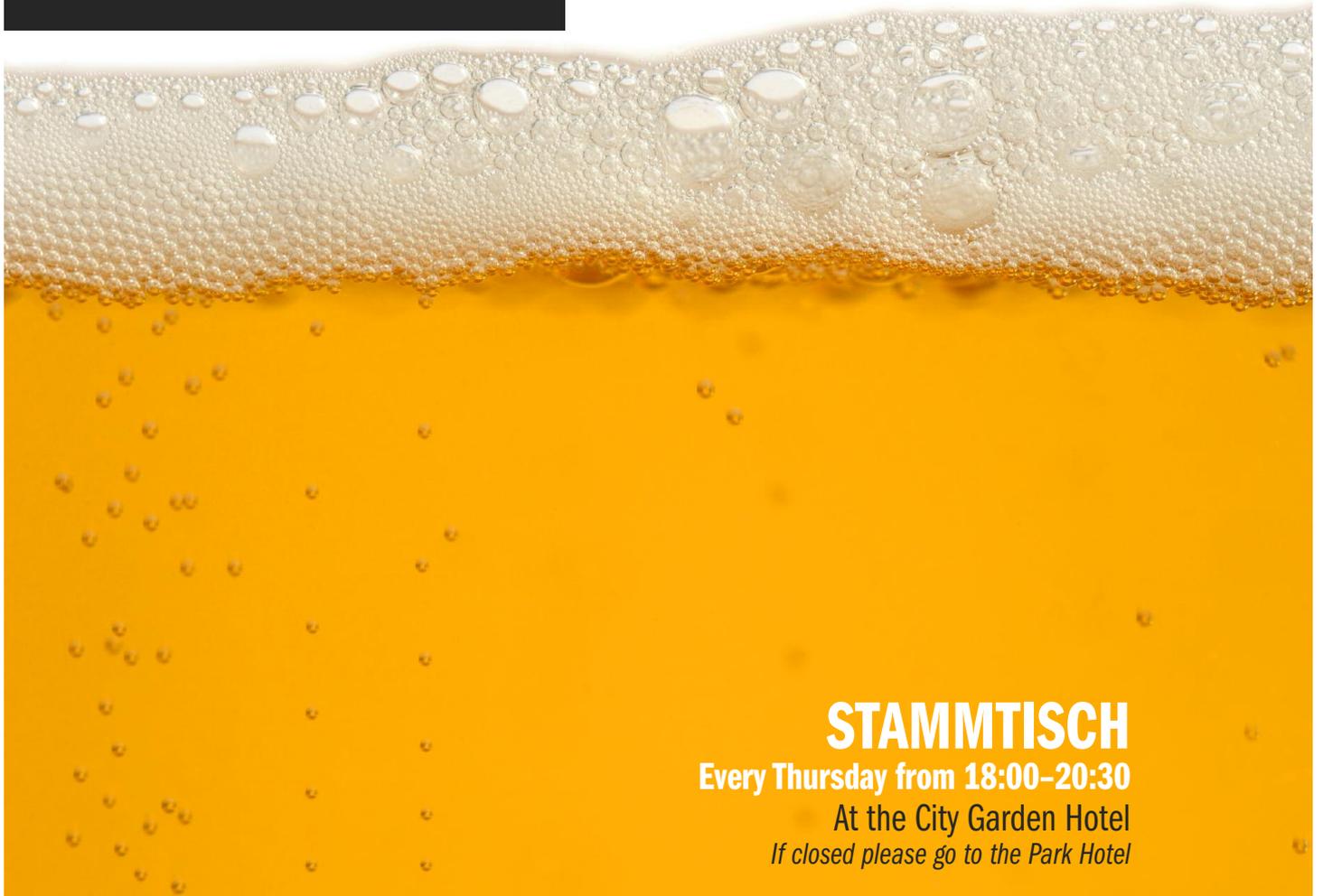
electronic by e-mail, .pdf, .jpg, .gif

Advertising Rates:

- Full page, A4 vertical. (19 x 27.7 cm), Fr. 200.-
- 1/2 Page, A5 horizontal (19 x 13.5 cm), Fr. 110.-
- 1/3 Page, vertical (6.3 x 27.7 cm), Fr. 85.-
- 1/3 Page, horizontal (19 x 9.2 cm), Fr. 85.-
- 1/4 Page, A6 vertical (9.2 x 13.5 cm), Fr. 60.-
- 1/4 Page, horizontal (19 x 6.9 cm), Fr. 60.-
- Business Card (9.2 x 6.45 cm) Fr. 45.-

Extra costs may be incurred for typesetting, special formatting, etc. IMCZ Members receive a 20% discount on advertisement costs.

Place your ad for an extended period and receive a discount: get seven months of advertising for six months paid, or receive twelve months for the price of ten.



STAMMTISCH

Every Thursday from 18:00–20:30

At the City Garden Hotel

If closed please go to the Park Hotel