

IMCZNEWS



MARCH 2015



EDITORIAL Our Stammtisch

Ever since the IMCZ was founded back in 1979, the weekly Stammtisch has been an integral part of its activities. I remember in the mid-eighties, I used to cycle from Steinhausen to the Casino to attend it. It was held on a round table then, with about 8-10 members showing up. Later in the mid-nineties, we moved to a smaller table for four. Yes for many years only four of us used to show up: the late David Harris, Hans Willimann, Rolf Ekman and me. It is only when the dynamic David LeBow joined the board in 2006, and became president in 2007, that the Stammtisch got a new lease of life and moved bang into the centre of the Club activities.

The venue was changed to the Park Hotel. We used to meet in the restaurant, sitting around one long table which was awkward for circulation. Later we managed to move into the lobby, which was a great success with standing tables available for circulation and comfortable chairs for those who preferred to sit down.

With the passage of time, the Park Hotel became quite busy with lots of new activities. On one occasion when the whole lobby was reserved, we were moved to the City Garden hotel, which is supposed to be an extension of the Park Hotel and only 3-minutes away from it by foot. Many members found the new venue very cosy and pleasant. The service was better, it had free parking and was not as busy as the Park Hotel. So that is how we ended up in the CU (See You) City Garden Hotel.

Come along, get to know the Club and its members, join in the fun, have a good chat, a cold beer and enjoy the cosy ambiance.

Muthana Kubba
Newsletter Editor
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FUTURE EVENTS

- THURSDAY MARCH 5TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY MARCH 12TH **Stammtisch at City Garden Hotel Lobby.**
- WEDNESDAY MARCH 18TH **Bowling at the White Line Bowling Centre, Meierskappel** *Stephen Butterworth*
- THURSDAY MARCH 19TH **Stammtisch at City Garden Hotel Lobby.**
- SUNDAY MARCH 22ND **Expat Expo, Lorzen Saal, Cham.** *Edward McGaugh*
- THURSDAY MARCH 26TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY APRIL 2ND **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY APRIL 9TH **Stammtisch at City Garden Hotel Lobby.**
- WEDNESDAY APRIL 15TH **Bowling at the White Line Bowling Centre, Meierskappel** *Stephen Butterworth*
- THURSDAY APRIL 16TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY APRIL 23RD **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY APRIL 30TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY MAY 7TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY MAY 14TH **Stammtisch at City Garden Hotel Lobby.**
- WEDNESDAY MAY 20TH **Bowling at the White Line Bowling Centre, Meierskappel** *Stephen Butterworth*
- THURSDAY MAY 21ST **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY MAY 28TH **Stammtisch at City Garden Hotel Lobby.**



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YOUR NEWSLETTER GOES PUBLIC

The board had decided to make the current Newsletter available to everyone.

Visitors to our site imcz.com can read the current Newsletter under About Us -> Current Newsletter

IMCZ

Introducing...New members

THE IMCZ WELCOMES:

Ram Ramphal

Ram was born to Indian parents in Trinidad. After completing his schooling there he moved to London where he studied and trained with IBM in computer programming. Thereafter he moved to Frankfurt, Germany in 1973 to work for a bank there. Three years later he moved to Switzerland and married his Swiss wife from Graubunden. He has two daughters both were born and raised in Luzern, now both are working in London.

Professionally he has been working with several companies always in the IT line. His last employer was Ernst and Young where he was requested to stay on for two years after reaching retirement age.

The family had moved in 1980 to Oberrieden on the lake of Zurich, where he remains active in village activities. Besides having been a member of the fire brigade for eleven years, he still assists the church with its communal lunch once a week and is a member of two hiking groups there. He enjoys hiking, reading and meeting people.



continued on page 2...



Your Club at the Expat Expo in the Lorzensaal, Cham on Sunday March 22 From 11:00 till 16:00 hours

is going on and where to find it. For all the others, it is a wonderful Sunday outing with your spouse. You will meet so many friends and acquaintances and a wander around the stands will remind of what you have been missing. • See you all on Sunday the 22nd, in Cham

The ExpatExpo this year shall take place on Sunday March 22 from 11:00 till 16:00 hours
The IMCZ shall have stand. All are welcome



ZÜRICH Sept. 1st
GENEVA Oct. 6th
ZUG March 9th
TICINO March 30th
BASEL June 15th

IMCZ

Introducing...New members

THE IMCZ WELCOMES:

Aaron Meredith

Aaron is a native of Kentucky, home of the Bourbon Trail. He studied engineering at North Carolina State University and business administration at Kennesaw State University outside of Atlanta, GA. Aaron has spent the better part of the past 20 years in various manufacturing, innovation and business management roles in the forest products industry. He is currently Director of Manufacturing with GP Cellulose GmbH, a role he has held since moving to Zug from Atlanta, GA at the beginning of 2015. Aaron, his wife Katharina (from Bavaria, Germany) who he met while serving in the US Peace Corps in Belize, Central America a few years back, and their 2 children Anna (5) and Dylan (2), live in Zug and are already enjoying the Swiss life! Aaron enjoys travel, food, golf, many sports, and is always up for trying anything fun and adventurous.



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Board Member bios are posted under the following link: <http://www.imcz.com/nc/about-us/board-members-2014.html>. Go ahead and check them out!

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Edible Insect Food Safety Guide

Contributed by IMCZ member Remo P. Jutzeler van Wijlen, Head R&D Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ



The growing, and increasingly prosperous, world population continues to drive demand for protein and is intensifying the discussion on the environmental impacts of food protein production (climate, pollution, biodiversity). There are further issues with the world food supply: animal production efficiency, third world problems, and excessive



consumption. Therefore, alternative sources of food proteins are becoming increasingly important. It is not just about substituting animal protein with plant protein, where similar environmental limitations and concerns exist, but also about more innovative and potentially sustainable sources such as microorganisms, algae, and insects.

crop of the *Zygaena day* moths, and the *casu marzu* (see picture), a Sardinian cheese containing larvae of the cheese fly. Insects are indeed quite nutritious, having a similar composition to meat and contain proteins, vitamins, minerals and fatty acids. The specific nutritional value depends also on the stage of development and the insects' nutrition. Insects are mostly consumed in their entirety, but they can also be processed into pastes or powders and have recently received attention as an alternative protein source to be used as an ingredient in food production. Of course the rise of insects from a traditional and cultural food speciality to industrial food processing levels raises questions about food safety.

before marketing is indispensable. Certain insects feed on manure and related organic waste streams, a fact which stresses the importance of assessing potential bacterial, mycological, and toxicological risks. However, it should be kept in mind that such risks will be greater for insects harvested in the wild than for those that are cultivated. Also, indigestible chitin remnants can accumulate in the colon and cause constipation, and – in people who are allergic to crustaceans and shellfish and/or dust mites – pose a risk of allergic reactions. Chitin is a naturally occurring polysaccharide of glucosamine contained in the exoskeleton of crustaceans and insects.

But above all, the major challenge and crucial deciding factor for market success is consumer acceptance. Traditions and culture are strong drivers of behaviour, and changing the behaviour of people – as well as our own – is one of the most difficult tasks. Possibly it is necessary to mill insects to powders and/or further process them to protein powders in order to gain consumer acceptance. If not, I estimate the market potential, from a consumer perception standpoint, is far more promising for protein sources stemming from algae or microbiological cultivation than from insects.

Worldwide there are about 2000 insect species that are considered to be fit for human consumption and, in certain regions, have been traditionally eaten by humans. Among these known edible insects are e.g. beetles, butterflies, moths, bees, wasps, ants, locusts, crickets, termites, half-winged insects, and cicadas. Depending on the species, insects are consumed by humans in different stages of development, namely in the egg, larva, pupa or adult stage. Even though eating arthropods, such as lobsters, is common in Western Europe, human consumption of insects (also known as entomophagy) is rather uncommon. Nevertheless, there are a few examples like the cockchaver soup (with May beetle) in France and Germany, the tradition in the North Italian region of Carnia of eating the

At present, there are no specific regulations for the production and commercialisation of insects intended for human consumption. However, the requirements of the General Food Law apply, according to which, foodstuffs have to be safe for human consumption. Nevertheless, according to a new regulation draft proposal, all species and forms of insects have to be considered “novel food”. Due to the lack of safety data and the rising interest in insects as valuable food source, Belgium stepped forward and published a document in 2014 titled “Food safety aspects of insects intended for human consumption”. In this advisory report, the potential microbial, chemical, allergic, and physical hazards related to the commercialisation of insects are addressed. Most health risks can largely be controlled by good hygiene and manufacturing practices during breeding and processing. Nevertheless, heat processing



The Social Impact of the Smart Phones

Contributed by IMCZ honorary member, and Newsletter editor Muthana Kubba

The coffers of Apple are so full at \$178 billion profit for 2014 alone, that they are just about going to burst. They have been selling smart phones at the rate of **34'097 phones every hour** during the past year. It is estimated that about **one person in five** on the planet is using a smart phone (Apple's share of the world market is estimated at 30%). The impact of such high penetration of what in effect is a fully fledged handheld computer, on society has unfortunately not been thoroughly explored yet.



What can be done?

I am not an expert on social issues, but it does not need an expert to recognise that we do have a very serious problem on our hands. Kids, who are addicted to smart phones, grow up to be far less attentive, unable to concentrate and totally lost without their treasured gadgets. Does this make them better and more productive citizen when they grow up?

By a rather unusual coincidence, after this article was written and reviewed, The Economists came out this week with an eye catching front cover and thought provoking Leader and Briefing, on the same issue. So, many people are thinking along the same lines.

It is one thing to use it as a telephone for making and receiving phone calls and writing SMS messages, but having a tool in your hand which enables you to:

- Listen to the News at any time and in any language
- Check your train timetable and buy your ticket
- Book you flight and get the boarding pass
- Write and receive your emails
- Check the weather and temperature live anywhere in the world
- 16 digit calculator with more functions than all calculators you had before
- Translate from and to more than 80 different languages
- Voice activated. You can tell it what you want by saying it.
- Check how many likes you got on the latest photo you have uploaded to Facebook.
- Etc^o

If I continue with the list, it will never end, literally. There are almost one million Apps available, most of which are free, so the sky is the limit.

No wonder that the march of the smart phone in all its colours be it an iPhone, a Samsung, a Blackberry etc. etc, has been unstoppable. And it shall continue, with the next generations of our kids being smart phone one.

The question which I like to pose is: "have we considered the social implications of this overwhelming revolution?" A look at the photos attached compels us to think twice about this issue and ask ourselves what should be done about it.

The long term effect of excessive use of the smart phones, especially by minors, could have negative effects on their communication, cognitive and analytical faculties. Living for extended periods of time in a virtual world, can reflect negatively on the behaviour in the real world.

You may rightly ask, "What can we do about it? We can't take the smart phone away from them". True, but there might be other ways to resolve, or at least tackle, the issue if the worldwide authorities, recognise the problem and the potential damage it might cause.

a) Timekeeping

Although limiting the length of time a kid can go on line, may sound the obvious easy path to take, it turns out to be quite tricky to implement in practice. Keeping track of usage is complicated by the fact that using different WiFi connections making tracking of any one particular user rather difficult. In any case, many games do not require WiFi, and be played off-line.

In any case, even if the technical difficulties were resolved, implementation would be even more challenging. Hacking freaks will have their hay day, and a thriving black market will pop up as soon as it comes into force.

b) Coaching

Sensible use of computers and smart phones is a skill that has to be learned. It is therefore the duty of parents and teachers to make sure that their kids will learn these skills before leaving it up to them to find out the hard way.

d) Staggering

It has been suggested that smart phones which are not so smart be made available. Such phones would have limited connectivity and slower processors. Such phones would be given to kids, only to be replaced by the full version once they have proved that they had acquired the skills necessary to use them sensibly.



Dinner is served



Kids playing outside



The odd man out



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Life without smart phones



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Biscayne Bay & Coconut Grove

Contributed by IMCZ board member and Webmaster Roger Brooks with photos courtesy of ZIWC member Margareta Pfander

After our marathon tour of S. Miami Beach (SoBe), we opted for a somewhat less ambitious program for our last days in S. Florida before boarding our cruise.

Biscayne Bay

Biscayne Bay, which we crossed by water taxi to reach Miami Beach, extends all the way from North Miami Beach down to Key Largo, the northernmost of the Florida Keys. There are many theories as to how it got its name, but all point back to the Bay, or at least the province, of Biscay, in the North of Spain. My favorite version claims that Biscayne Bay was named after Key Biscayne, and not vice versa. As the story goes, Key Biscayne was named "Cayo Biscaino" on early Spanish maps, after a sailor from the province of Biscay ("El Biscaino") who was shipwrecked there in the early 16th

Vizcaya

The Vizcaya is one of the most famous tourist attractions in the Miami area, important enough to merit its own Metrorail stop. It is probably the most opulent example of the Mediterranean Revival style of architecture, and was built as the winter residence of James Deering, who, together with his brother Charles (whose estate lies a little further south along the coast) took over the Deering Harvester Co. from their father, William Deering, who had founded the company in 1874. James Deering is understandably often confused with John Deere, who founded his eponymous business as a successful entrepreneur in agricultural equipment a half century earlier. Both made fortunes in the early days of agricultural industrialization in the

mainly of concrete and Florida limestone, importing Italian stonecutters for the finer work. The main construction of the house was completed in a mere two years, during which time it was said that 10% of the county's population worked on the project. However, due to the intervention of the First World War, the formal gardens (again inspired by European models) were not completed until several years afterward. An avid conservationist and naturalist, Deering took pains to incorporate the local flora. In addition to the villa and gardens, the estate originally included a fully functioning farm, with a complete village providing adequate quarters and support services for personnel. This was intended to make the estate fully self-sufficient, as the S. Florida infrastructure was not yet well developed. Much of the village has been restored. After selling off various parcels of the estate's original 70+ hectares over the years following James Deering's death in 1952, his heirs (the daughters of his brother Charles) finally sold the remaining 17 hectares of the estate (about half of which are still undeveloped native forest) to the county for a modest price after hurricanes had rendered the cost of upkeep and maintenance too onerous. Three acres of the farmland were subsequently provided rent-free by the county as a home for the Miami Science Museum and Space Transit Planetarium, which are scheduled to move north to the former Bicentennial Park (now renamed Museum Park) in 2015.



The Vizcaya Main House, as seen from the Boat Landing

century. As this explanation illustrates, "Key" is a corruption of the Spanish "Cayo", which is used to refer to small, uninhabited islands.

Coconut Grove

On Wednesday, we opted to do a little sightseeing via public transportation in Coconut Grove. Coconut Grove was first permanently settled in the early 19th century. This doesn't sound old to European ears, but it makes it one of Miami's oldest neighborhoods. It was subsumed into the growing city of Miami about a hundred years later. Back in the mid-1970s, I actually lived in Coconut Grove briefly. Needless to say, it has also changed since then, but it doesn't seem to have changed as much in the last 40 years as downtown Miami has in the last 20. In fact the apartment building on S. Dixie Hwy. where I had lived in the 70s was still there, and showed little visible evidence of change, apart from some fresh paint. Coconut Grove is, as might be expected, home to several historical landmarks, of which we chose to visit the following.

U.S., but that is the extent of the similarity. When J.P. Morgan merged the Deering Harvester Co. with McCormick to create the International Harvester Co. (IHC), James Deering became its first Vice President, but he was subsequently forced out by the J. P. Morgan interests and by his poor health (he suffered from pernicious anemia). James Deering was evidently prone to a kind of Europhilia which was then common among American families with newly acquired wealth, who longed for acceptance in the plutocratic society of (mostly European) "old money".

The Vizcaya in Coconut Grove is a villa, or perhaps better, a palazzo, mostly in Italian renaissance style, conceived to give the illusion of a family seat of many centuries standing while providing all of the modern conveniences of the time in which it was built. The name is the same as the Spanish name of the previously mentioned province of Biscay, but was apparently chosen to honor a Spanish explorer from that region. Deering spared no expense in its construction, which is

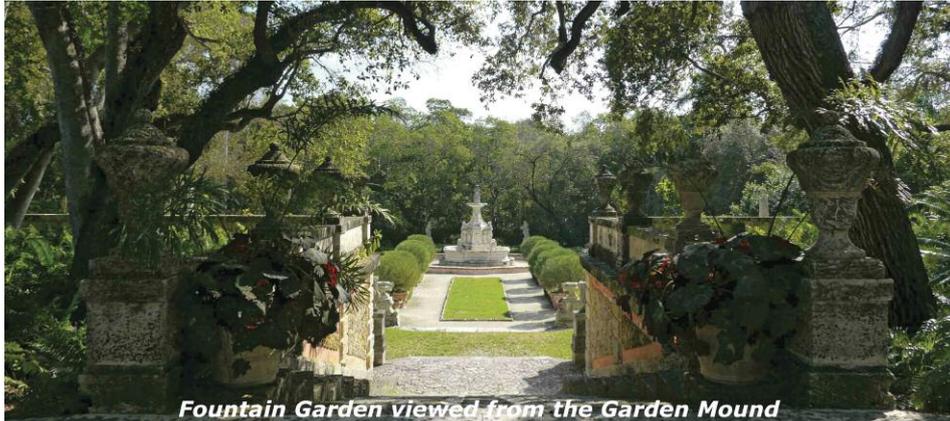
The heirs' wish to make a museum out of the estate would certainly have met with Deering's approval, as he had opened the estate to visitors on Sundays while he was still alive. Deering's nieces also donated the furnishings to the county, which makes the estate particularly valuable as a presentation of the entire composition as conceived by Deering and the projects' artistic director, Paul Chalin. Deering acquired the furnishings, which date from the 15th to the 19th centuries, on numerous shopping trips to Europe. I had visited the estate many times while living in S. Florida, but greatly enjoyed seeing it again. It has been the site of everything from antique car shows to papal visits, and was being used when we arrived as a setting for the photography of young ladies celebrating their quinceañera (15th birthday).



Iguana Sunning on the Boat Landing

We started with the gardens, walking through the Orchidarium on the north side of the house and out to the Boat Landing, where we were greeted by a pair of sunning iguanas. We then ambled around the bayfront to the tea house, then (trying not to disturb the photography) wandered through the Secret Garden and into the main area of the formal gardens.

After a brief pause for refreshment in the museum's cafe, we proceeded into the main



Fountain Garden viewed from the Garden Mound

house. Photography is not permitted inside, but a couple of pictures can be found at <http://vizcaya.org/house-art-collections-in-the-house.asp>. The interesting architectural and decorative touches are too numerous to recount here, but I was particularly taken by a 17th century altar painting, which was cut in half to serve as a screen for the pipes of a modern organ in the living room, as well as by the 15th century Italian coffered ceiling in the passage, one of three antique ceilings which Deering imported and built into the house. As an engineer, I was also fascinated by the modern conveniences, which included a central heating and vacuum system, an automatic telephone switchboard, electric lifts and dumbwaiter, a fire control system and synchronized clocks.

The Barnacle

After our visit to the Vizcaya, we strolled back to the Metrorail station and took the train to the main Coconut Grove station, one stop south, and proceeded on foot southward along 27th Ave. toward the waterfront. On the way, we did see the signs of change: a couple of luxury residential high-rises under construction. We then strolled further south along S. Bayshore Dr., past the old City Hall and Convention Center (which used to belong to the Pan Am seaplane terminal). We strolled through Meyers Park and Peacock Park and finally found a Chamber of Commerce office across the street from Peacock Park, where we asked for directions to the Barnacle. The Barnacle is the oldest house in Miami and sits near the seaward end of a long, narrow strip of property extending from Coconut Grove's Main Ave. down to the Biscayne Bay waterfront.

It was designed and built by Ralph Munroe, a widower at the time, who also designed and built shallow-draft sailboats. The first house he built on the property, in 1886, was a boathouse.

He lived upstairs, using the ground floor as a working area. The building which stands there today is a replica, as the original boathouse was swept away by the notorious hurricane of 1926, but it still holds one of the boats which Munroe designed. The main house, the Barnacle, was built in two phases. In 1891, Munroe built a one-story house, but after remarrying in 1894 and fathering two children shortly thereafter, he found it necessary to add another story. He did this by raising up the

entire existing structure and building a new ground floor underneath. A further addition, built in 1913, afforded him room for a library and study. The Barnacle and the surrounding parcel of land have been a Historical State Park since the 1970s.

After visiting the Barnacle, we took our time strolling around downtown Coconut Grove. We particularly liked Commodore Plaza, where we enjoyed a light lunch at one of the sidewalk cafes before taking a bus back to the Coconut Grove station, where we caught the Metrorail back to Government Center and the Metromover back to Bayfront Park.

Bayfront Park

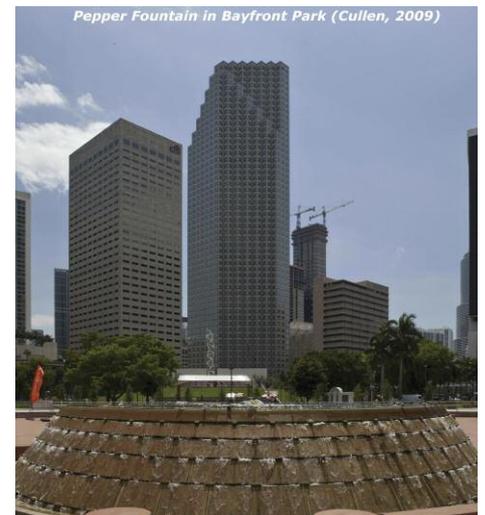
Before heading up to Ft. Lauderdale to board our cruise ship in the afternoon, we spent our last morning in Miami exploring Bayfront Park and the adjoining Bayside Marketplace. Bayfront Park has been around for a long time, but was substantially renovated under the



High-Rise under Construction on SW 27th Ave.

artistic direction of revered sculptor Isamu Noguchi in the early 1980s. The renovation cost it the public library which was there when I lived in the area, but opened it up to a broader view of Biscayne Bay. Those interested in a more detailed history of the park may appreciate "Miami's Bayfront Park: A History" by Paul S. George, Ph.D. (<http://bayfrontparkmiami.com/pages/history/historyessay.html>).

Parts of the park were being renovated during our visit, but that didn't discourage those showing up for free group yoga lessons. Otherwise there was surprisingly little activity in the park. The Klipsch Amphitheater (named after the legendary loudspeaker designer, Paul W. Klipsch) appears to shut down for the winter months. It was renovated just a few years ago, and can accommodate up to 10,000, if you don't mind sitting on the grass. Particular points of interest in the park are the Challenger memorial, in the SE corner, the time capsule, in the SW corner and the Mildred & Claude Pepper Fountain near the middle of the bayshore promenade. The last is a bit perplexing, as it was designed for a lot more water than S. Florida water management policy currently allows. The Bayside Marketplace on the north side of the park has an uninspiring



Pepper Fountain in Bayfront Park (Cullen, 2009)

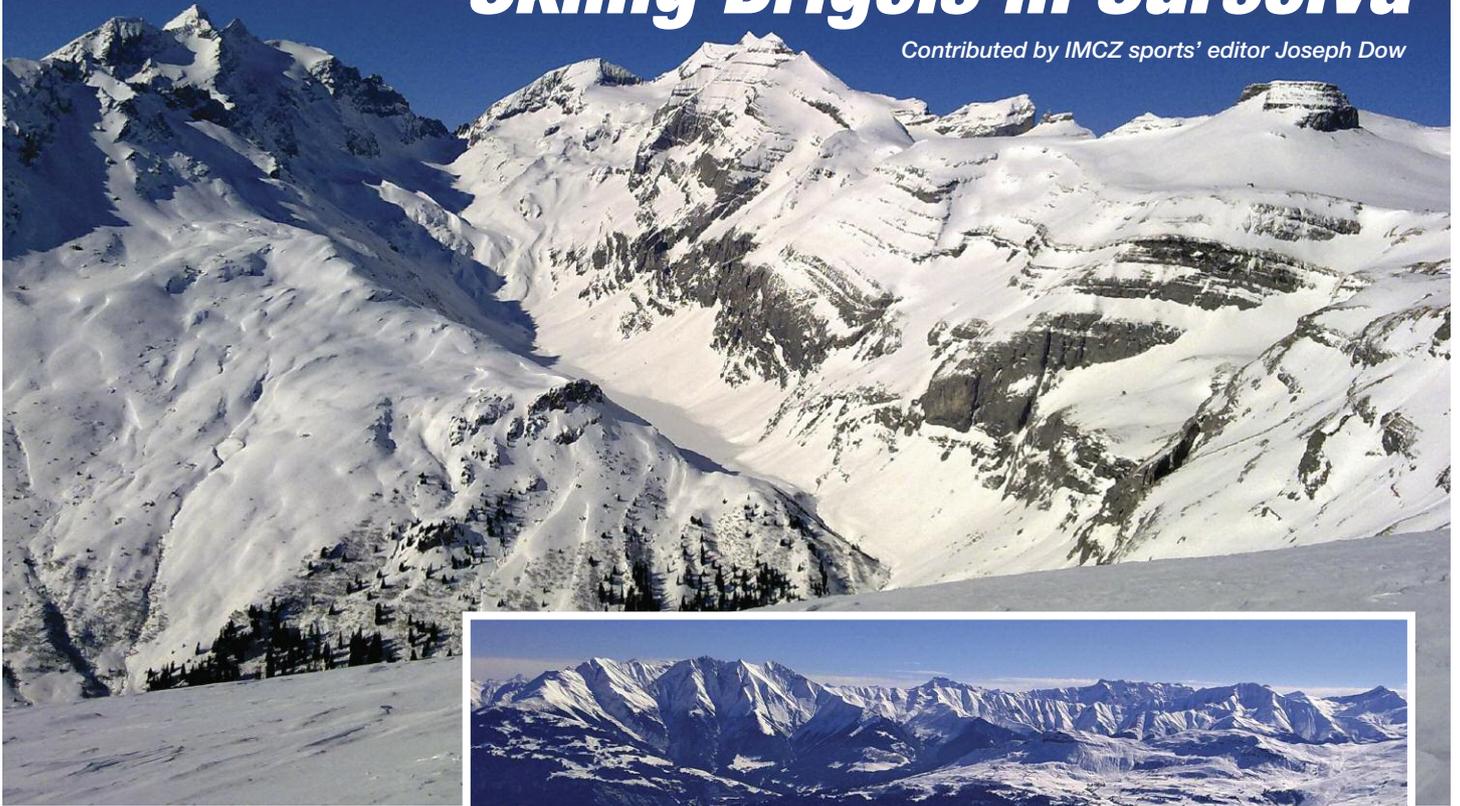
collection of stores, which however, cover most of the needs of tropical tourists, from sportswear to souvenirs. It owes the sobriquet "Marketplace" to its breezy, open architecture, which invites you to stroll through it. On the side facing the bay are many purveyors of food and drink in an open-air setting.

After our relaxing stroll through the park, we grabbed our bags from the hotel and took a taxi up to Port Everglades in Ft. Lauderdale, eager for our first glimpse of our cruise ship, the Royal Princess.

* Cullen, C. (2009, April 16). *Mildred and Claude Pepper Fountain*. (Florida Center for Instructional Technology, University of South Florida, Tampa, Florida) Retrieved March 1, 2014, from Clippix ETC: <http://etc.usf.edu/clippix/picture/mildred-and-claude-pepper-fountain.html>

Extra-Wide-Open: *Skiing Brigels in Surselva*

Contributed by IMCZ sports' editor Joseph Dow



Over the years, I've always searched for "new" areas in Switzerland to ski and review. Everyone knows of the major Swiss resorts (e.g., Zermatt, St. Moritz, Davos, Verbier, etc.), but some of the smaller, more obscure areas like Belalp, Lauchernalp, Grimentz, and Scuol provide interesting and wonderful skiing, too.

Brigels-Waltensburg-Andiast, not far from Ilanz, is one of these fantastic unknowns. Brigel's biggest distinguishing factor has to be the extra-wide pistes, surprising in their girth, which must require an army of snowcats to groom every evening.



Location/Travel

By Train

The trip takes just over 3 hours from Zug to Brigels, via Thalwil and Chur. The final railstop is Tavanasa-Breil/Brigels off the train heading to Disentis.

For the past two seasons, the SBB has included Brigels in their Snow'n'Rail program.

Brigels is high above the Tavanasa train station and a Post bus takes skiers up the narrow, winding road to the village. The bus drops you off on a corner and you have to "cross-country ski" across the very large groomed and tracked Plaun Rueun XC field to the bottom of the chairlift. There are rather limited facilities here, similar to the Wildhaus area at Toggenburg, with no lodge building, just a skibar. By contrast, there is a large parking lot in Waltensburg, where people traveling by auto access the ski area.

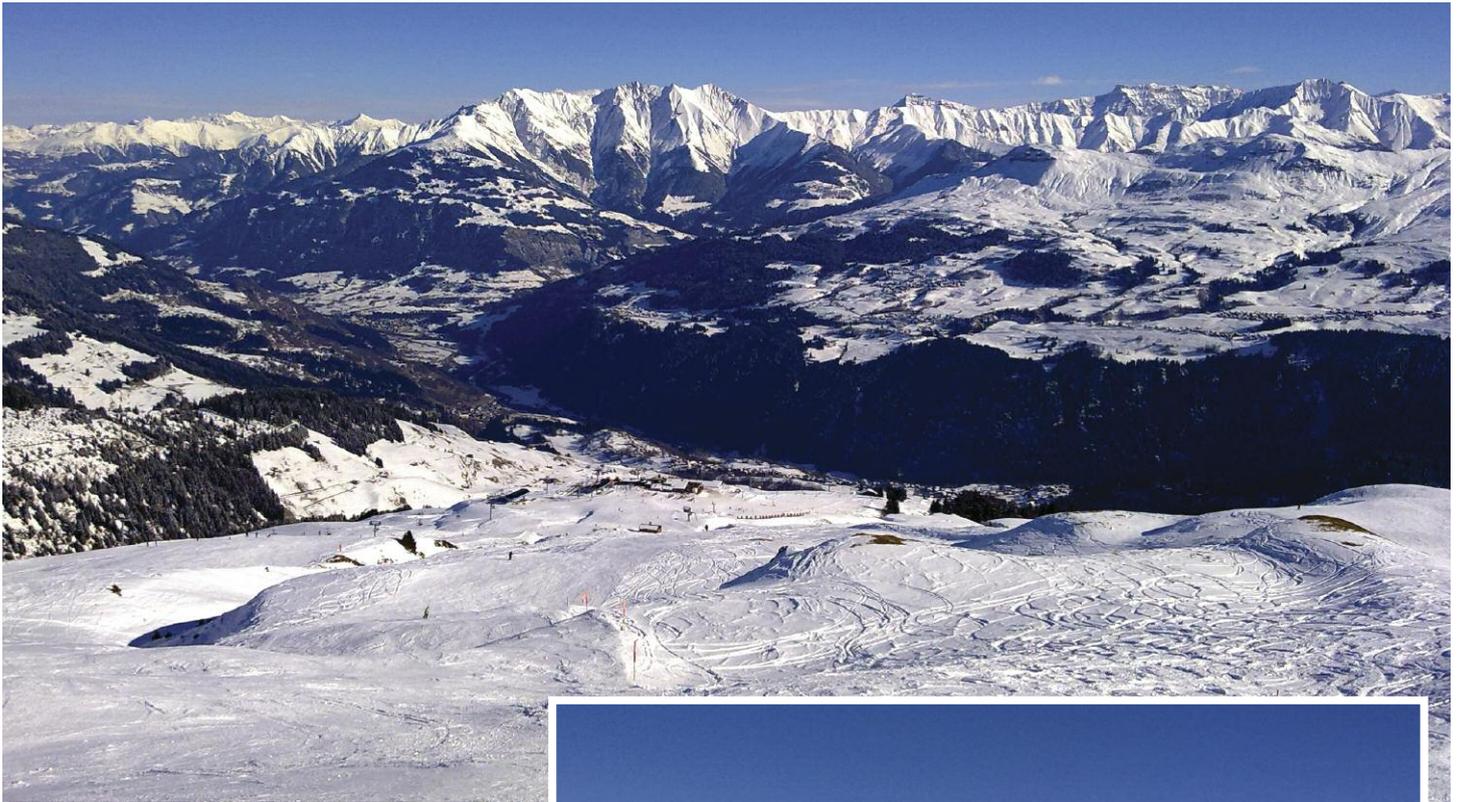
Ski Area Details

Sectors

Above Brigels – In the whole ski area, there does not appear to be anything especially challenging, at least on-piste. The area between La Cauma and Crest Falla, which happened to be closed on the day I went, could be an exception. From the mid-point at Crest Falla, a few winding options return to the Brigels base.

Alp Dado up to Fil – This is the heart of the ski area. There are many options of extra-wide-open pistes radiating down from Fil. It is definitely not a place to go on days with bad weather and low-visibility. However, in bright sun, these runs are a cruiser's delight with rolling terrain where you can pick your line and let the skis run.

Below Alp Dado down to Waltensburg – From Alp Dado down to Waltensburg is a nice long run of 7km in length, which is more than a mere valley run with switchbacks.



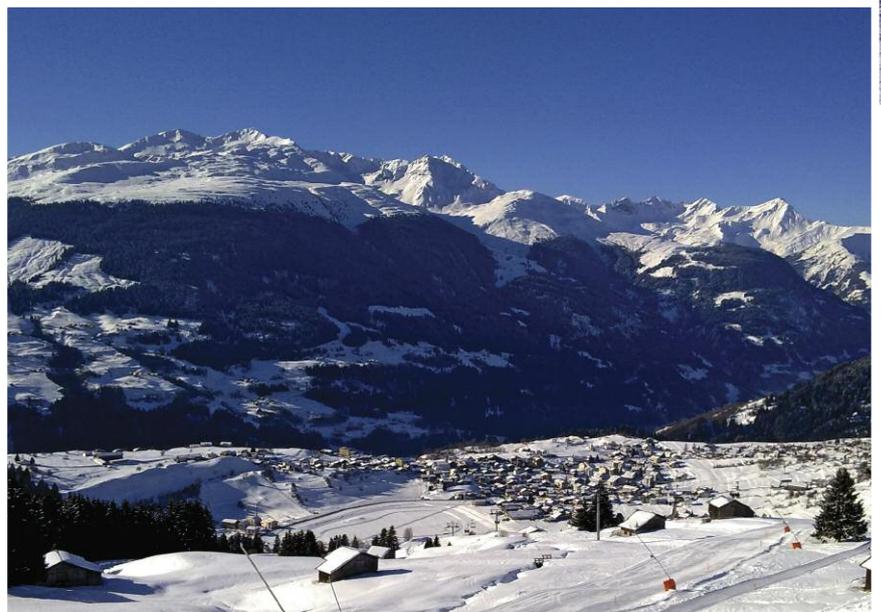
Statistics

Pisted Area: 50km

Vertical Drop: 1'308m (from 2'418m at Fil down to 1'110m at the base station at Waltensburg)

Lifts

The lift system is a mixed bag. The areas from Waltensburg to Alp Dado and above are served by two modern high-speed chairlifts, as most visitors probably arrive by car in Waltensburg. For those traveling by bus to Brigels, the lifts are less modern and slower. The lift at Crest Falla up to La Cauma is not detachable and is extremely slow. On a nice day, the gorgeous scenery makes up for the slow pace, but a nasty cold day would be torture on that lift. The area has a total of 6 main lifts (4 chairlifts and 2 surface lifts.)



Food on the mountain

I had lunch at Bergrestaurant Alp Dado in the lodge at Alp Dado. The cafeteria restaurant served up standard fare, but the chefs cooking, in the shared kitchen, for the Stübli, seemed to be preparing some fine gourmet dishes. There are other options, including restaurants and skibars, down at the Brigels and Waltensburg bases and up on the mountain at Miret and Burleun.

Scenery

The scenery is extraordinary with jagged peaks spread out as far as the eye can see!

Additional Information:

- Brigels Tourism:

<http://www.surselva.info/index.php?id=6308&type=0>

- SBB Snow'n'Rail: <http://www.sbb.ch/en/leisure-holidays/day-trips/snowrail.angebotdetail.tagesausfluege-snowrail-graubuenden-brigels.html>

- Ticketcorner:

<http://ski.ticketcorner.ch/eventstore/control/dateSelect?said=66>

- Brigels Ski Area: <http://www.surselva.info/bergbahnen-brigels-waltensburg-andiast/skigebiet-brigels-waltensburg-andiast/skigebiet-brigels-waltensburg-andiast/ueberblick.html#subnaviwrapper>



Good Scores, Averages Boosted

Organised and compiled by IMCZ member Stephen Butterworth

It turned out t be a good evening in spite of the cold weather.. Six out of the eight participants who turned up had boosted their averages, and I had my best consistent bowling for quite a while. I also managed to beat Otto Steuri and Adrian Lüdi by two pins.

No ladies showed up this time.

The next bowling even shall be on the third Wednesday of the month, 18th of March.

HANDICAP RESULTS												
First Name	Surname	Game1	Game2	Game3	total	this months avg	overall_avg	handicap	STRIKES	SPARES	Split	
Butterworth	Stephen	134	137	135	610	135	115	68	6	8	4	
Steuri	Otto	157	164	155	608	159	146	44	7	15	6	
Lüdi	Adrian	141	132	131	608	135	116	68	6	9	3	
Meier	Janis	129	139	120	574	129	123	62	5	9	3	
Dixon	Roger	130	116	115	565	120	116	68	4	8	3	
Shtangey	Sergiy	92	101	139	536	111	115	68	1	7	2	
Seppi	Grossmann	92	90	114	524	99	105	76	1	6	2	
Schobert	Hans-Peter	88	120	87	496	98	117	67	3	4	1	

BOWLED RESULTS												
First Name	Surname	Game1	Game2	Game3	total	this months avg	overall_avg	handicap	STRIKES	SPARES	Split	
Steuri	Otto	157	164	155	476	159	146	44	7	15	6	
Butterworth	Stephen	134	137	135	406	135	115	68	6	8	4	
Lüdi	Adrian	141	132	131	404	135	116	68	6	9	3	
Meier	Janis	129	139	120	388	129	123	62	5	9	3	
Dixon	Roger	130	116	115	361	120	116	68	4	8	3	
Shtangey	Sergiy	92	101	139	332	111	115	68	1	7	2	
Seppi	Grossmann	92	90	114	296	99	105	76	1	6	2	
Schobert	Hans-Peter	88	120	87	295	98	117	67	3	4	1	



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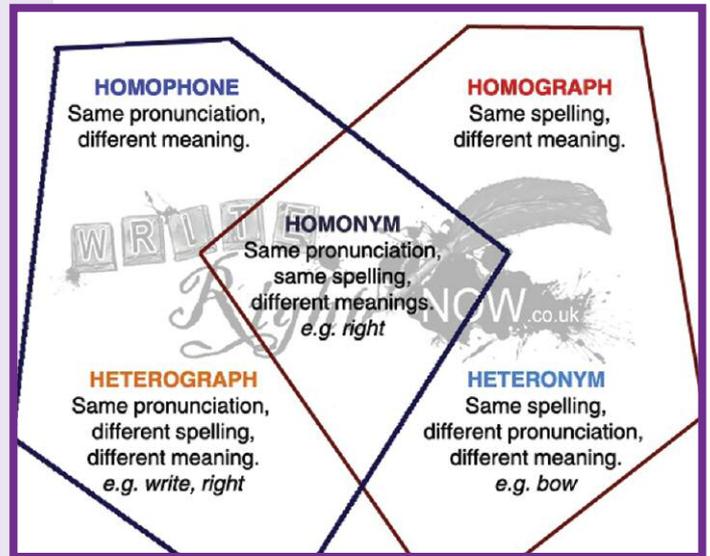


Difference between Homographs and Heteronyms

Homographs are words of like spelling but with more than one meaning. A homograph that is pronounced differently is a heteronym. Check these for good measure.

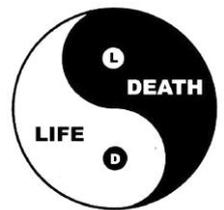
- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) We must polish the Polish furniture..
- 5) He could lead if he would get the lead out.
- 6) The soldier decided to desert his dessert in the desert..
- 7) Since there is no time like the present, he thought it was time to present the present.
- 8) A bass was painted on the head of the bass drum.
- 9) When shot at,9 the dove dove into the bushes.
- 10) I did not object to the object.
- 11) The insurance was invalid for the invalid.
- 12) There was a row among the oarsmen about how to row.
- 13) They were too close to the door to close it.
- 14) The buck does funny things when the does are present.
- 15) A seamstress and a sewer fell down into a sewer line.
- 16) To help with planting, the farmer taught his sow to sow.
- 17) The wind was too strong to wind the sail.
- 18) Upon seeing the tear in the painting I shed a tear..
- 19) I had to subject the subject to a series of tests.
- 20) How can I intimate this to my most intimate friend?

and they say English is easy...



Life and Death

- Good health is merely the slowest possible rate at which one can die
- Life is sexually transmitted.
- Death is the number one killer in the world.
- Don't worry about old age, it doesn't last that long.
- All of us should take a lesson from the weather; it pays no attention to criticism.



Getting Married

A senior citizen said to his buddy,
 "So I hear you're getting married?"
 "Yep!"
 "Do I know her?"
 "Nope!"
 "This woman, is she good looking?"
 "Not really."
 "Is she a good cook?"
 "No, she can't cook too well."
 "Does she have lots of money?"
 "Nope! Poor as a church mouse."
 "Well, then, is she good in bed?"
 "I don't know."
 "Why in the world do you want to marry her then?"
 "Because she can still drive!"



A Big Plus

In an interview, Roger Federer was asked, "So, what are the advantages of living in Switzerland?"
 "Well", he replied, "to start with the Swiss flag is a big plus"

Vive le difference

Money: A man will pay €2 for a €1 item he needs, but a woman will pay €1 for a €2 item that she doesn't need, but it is on sale.

Arguments: A woman has the last word in any argument. Anything a man says after that is the beginning of a new argument.

Future: A woman worries about the future until she gets a husband. A man never worries about the future until he gets a wife.

Marriage: A woman marries a man expecting he will change, but he doesn't. A man marries a woman expecting that she won't change, but she does.





Members' Marketplace

Are you **selling** your yacht (harboured in Piraeus)?
 Your Aston-Martin old-timer with the roll top roof?
 A gorgeous view of the Bay of Biscay,
 with a little bit of house attached?
 Or are you **cashing in** the half of your stamp
 collection that is finally worth something?
 Perhaps you're **looking** for all of these things?

Then ADVERTISE here, in the IMCZ News;

The Members' Marketplace is reserved for unformatted advertisements of 150 characters (approx. 3 lines) of text.

These are free of charge to IMCZ members.

Advertisements must be submitted as illustrated below.
 Longer advertisements cost CHF 30.-

Example: FOR SALE: gorgeous view of
 Bay of Biscay with stunning sunsets and high waves.
 Wee house (12 rooms), dock and yacht included.
 Call Bill at 041 123 45 67.

TO GIVE AWAY, a somewhat worn copy of
 Life magazine dated June 1953
 featuring the coronation
 of Queen Elizabeth.
 Contact r.s.brooks@ieee.org

IMCZNEWS Advertising Rates

Circulation: 300 plus online download.

Issued: Monthly

Format: A4 vertical, full color.

Ad content delivery:

electronic by e-mail, .pdf, .jpg, .gif

Advertising Rates:

- Full page, A4 vertical. (19 x 27.7 cm), Fr. 200.-
- 1/2 Page, A5 horizontal (19 x 13.5 cm), Fr. 110.-
- 1/3 Page, vertical (6.3 x 27.7 cm), Fr. 85.-
- 1/3 Page, horizontal (19 x 9.2 cm), Fr. 85.-
- 1/4 Page, A6 vertical (9.2 x 13.5 cm), Fr. 60.-
- 1/4 Page, horizontal (19 x 6.9 cm), Fr. 60.-
- Business Card (9.2 x 6.45 cm) Fr. 45.-



Extra costs may be incurred for typesetting, special formatting, etc.
 IMCZ Members receive a 20% discount on advertisement costs.

Place your ad for an extended period and receive a discount: get seven months of advertising for six months paid, or receive twelve months for the price of ten.

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