

# IMCZNEWS



OCTOBER 2013

## EDITORIAL

### Winter Time

On the night of Sunday October 27, at 3 AM the clocks would be set back one hour and winter time shall start and continue for the next five months. In fact it is not winter time, we simply return to the normal time corresponding to our longitude: the sun would be at its highest at *almost* midday. Traditionally, it also signals the beginning of the cold season, when we take out our heavy overcoats, gloves and see that our cars have antifreeze in the wiper container. Winter has its charm, just like the summer. The white snow carpet is just one, but the long winter nights are inducive to catching up with reading the long list of articles, magazine and books which you have always wanted to read, and of course, writing some of the long promised contributions to this Newsletter or completing the book you started more than a year ago. To all of you and to the lovers of winter sport, welcome to winter time.

**Muthana Kubba**  
Editor, newsletter@imcz.com



## FUTURE EVENTS

- **THURSDAY OCTOBER 3, "Prepare for the Upcoming Ski Season"**  
*Organised by our Sports' Editor Joseph Dow jidow@hotmail.com with guest speaker Christian Appert.*
- **WEDNESDAY OCTOBER 16, Bowling at the White Line Bowling Centre**
- **THURSDAY NOVEMBER 7, New Members Reception** with food & drinks; Place to be advised.
- **WEDNESDAY NOVEMBER 20, Bowling at the White Line Bowling Centre**
- **THURSDAY NOVEMBER 28, Joint Stammtisch with the ZIWC, Park Hotel Lobby 18:00 to 20:30**
- **THURSDAY DECEMBER 5, David Kauders, title shall be given in due course.**
- **WEDNESDAY DECEMBER 11, Bowling at the White Line Bowling Centre**
- **SATURDAY JANUARY 18, IMCZ Ski Day at Stoos, more details to follow.**
- **THURSDAY JANUARY 23, 2014, Annual General Meeting, Park Hotel, Zug**
- **SATURDAY JANUARY 25, 2014, Burns' night supper at the Landhaus restaurant in Baar**

## YOUR NEWSLETTER GOES PUBLIC

The board had decided to make the current Newsletter available to everyone. Visitors to our site imcz.com can read the current Newsletter under About Us -> Current Newsletter

## IMCZ

Introducing...new members

THE IMCZ WELCOMES:

### Fellipe Baptista

Fellipe has dual citizenship American/Brazilian with a Swiss wife. He holds a degree in law and is specialised in International Contracts. He is also the CEO of Beit Investment- an investment company focused on Real Estate for foreigner investors who wish to diversify their portfolios in a more secure and profitable environment. His hobbies include among others: soccer, tennis, wine-tasting and travelling.



### George Reid

George hails from Scotland; he studied electrical engineering at the University of Ashton and was awarded a in 1979. He worked for several medical engineering companies, but decided to follow his heart and studied for another degree in English Literature and Philosophy. However, this turned out to be even less lucrative than being an engineer, so he decided to combine the two disciplines and became a philosophical technical writer. He now writes as a freelance technical writer, currently on contract to Roche Molecular Diagnostics in Rotkreuz. He still tries to engage in philosophical debates whenever he can trap anyone in a corner long enough to listen to him. George has two sons, one attending the University of Exeter and the other the University of Bern. This ensures that he will have to continue to work for many years to come. When not stalking the corridors looking for philosophical victims George enjoys running, skiing and driving motorcycles – currently a '96 BMW. Schopenhauer anyone?



continued on page 2

## IN THIS ISSUE

### PAGE 1

- Editorial
- New Members
- Future Events

### EVENTS P.2

- Members' News

### HEALTH P.3

- All-in-one Food

### SCIENCE/TECHNOLOGY P.4

- Walking the path to renewable energy and boosting hydroelectric energy in Switzerland

### TRAVEL AND LEISURE P.7

- The Waterfalls of Trümmelbach and Griessbach
- Sailing the Adriatic, Part 1

### SPORTS P.10

- Sailing the high seas on the lake of Zug
- From the Lanes: Good Turn Out

### SELECTIONS P.13

### HUMOUR P.14

- Various

### PUZZLES P.16

- Sudoku

### TIDBITS P.16

- Member's Marketplace
- IMCZ Rates
- Corporate Space





## IMCZ

Introducing...new members

THE IMCZ WELCOMES:

### Emanuel Kramer

Emanuel has dual citizenship, British/Swiss, but his soul is Mexican. As a child he went to school in rural Mexico, and then moved to Switzerland. He studied agricultural and worked on the parental farm near Schaffhausen. Now he is moving between the German border and Zug.



Following an accident, he went into and studied Wirtschaftsinformatik. He specialised in process management and documentations. As a farm manager, business analyst, controller and also as a director of a small company he has accumulated more than 20 years' experience.

At present he started a new limited liability company working in the area of business analysis and international relations in particular between Switzerland and Latin America, especially Mexico. His greatest wish is to work and live there.



In his spare time he likes good cooking, smoking a cigar and playing golf, although he is still a beginner. Now and again he also enjoys a good drink.

### Syed Hussein

Syed moved from Devon, UK to Switzerland with his wife and two children in the middle of last year. Syed works for a large blue chip company within the Financial and Risk division and is also currently a CFA Level III candidate.



Syed enjoys travelling and has taken the current opportunity to explore Italy and France with his family and is currently also in the process of trying to ski down slopes without undertaking a yard sale every few hundred meters. Hobbies include investing and golf.

## English Theatre Group of Zug

Still time to see this great musical, **"I love you. You are perfect. Now Change"**

Three evening performances starting at 8 pm on 3, 4 and 5th of October

Two afternoon performances on Saturday and Sunday 5, 6 of October at 15:00 hours at the Chollerhalle, Zug

## Master Program

The Master Program started by the University of Lucerne, Institute of Financial Services in Zug, has taken off to a good start. Do take a look and feel the international flair and the reactions of many of its first enrolled students. [Master Program in Zug](#)



## BEVERAGES FROM ALL OVER THE WORLD

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WEBER-VONESCH



## IMCZ

### BOARD MEMBERS

Board Member bios are posted under the following link: <http://www.imcz.com/Board.asp>. Go ahead and check them out!

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## All-in-one Food

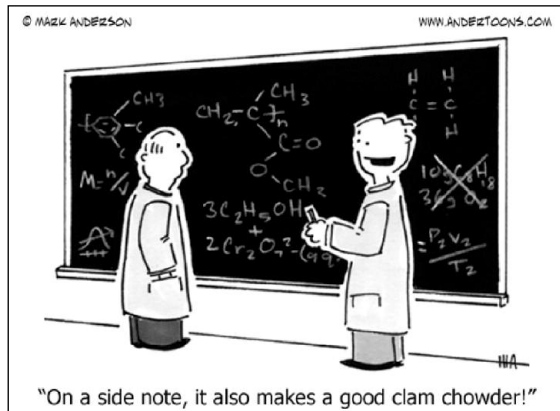
Contributed by IMCZ member Remo P. Jutzeler van Wijlen, Head R&D  
Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ

Another IMCZ member brought to me a story, which made the press some months ago in various media. It is about the vision – I honestly call it illusion – of developing a single foodstuff that could be consumed to the exclusion of anything else. Its mastermind is Rob Rhinehart, a software engineer, who obviously was irritated by the “time, money, and effort the purchase, preparation, consumption, and clean-up of food was consuming.” So, like an engineer with an intriguing problem, he went about designing a rational solution: a comestible that had all the nutrients that his body needed, but could be made in bulk and thereby free him from selecting and making meals and cleaning up. He called his new ingestible “soylent”. It is a powder that is stirred in water to make a translucent, pale-yellow drink that is said to be slightly sweet but basically tasteless. The word “soylent” comes from a combination of “soy beans” and “lentil.”

It is kind of strange that this story received so much press, since there is actually nothing new about it at all. The most interesting aspect of the story is probably that the project was undertaken by a lay person, though an engineer able to learn and work with scrutiny. As a good engineer, Rhinehart went about his task systematically: he tried different formulas, kept copious notes, had his blood and vital signs repeatedly checked, and kept a diary of his fitness and physical condition. He also meticulously described the entire enterprise on his blog.

However, nutritional drinks such as meal replacers have been around for decades. Some are meant to be consumed to the exclusion of all other food as well – but not for the long term! Also ready-to-drink concentrates like “Ensure” have existed in clinical nutrition for many years. However, where the 24-year-old Rhinehart is actually venturing into the unknown is the long-term use of a single food source. What he seems to have found after a few months of living on the diet, thrilled and delighted him. He says his weight went down, and his energy and mental acuity went up. Furthermore, the blood tests revealed nothing amiss. However, our choice of food, obviously dependent on the specific region of the world, is also varied and balanced not only due to the availability of various foodstuffs, but also because of our (individual) taste perception. For the average human, it is impossible to maintain a monotonous diet even for just a few days! Compliance will fail very soon. The more “persistent” individuals, after a few weeks, may even experience a physiological and psychological aversion leading to nausea and vomiting, thereby stopping the intake of a specific food and enforcing a diet change. This seems to be an inherent mechanism of survival.

Furthermore, a varied and balanced diet offering a complete nutritional profile with nothing missing cannot be provided over the long term by the intake of a specific all-in-one foodstuff. Our diet provides us not with just thousands, but rather hundreds of thousands of nutrient substances – most of them not considered essential or maybe not even yet discovered. To prove the completeness of a diet with regard to its nutrient content is simply not possible, because we just do not know enough. From a simplistic viewpoint we could certainly determine a basic nutrient profile to assure a healthy life for a few years, maybe even a decade or two. However, if you aim to stay healthy for a lifetime of 40, 50 or more years, you need to stick with a “best guess” approach. This means going with a varied and balanced diet in order to get a bit of everything good, out-balancing potential (maybe still unknown) anti-nutrients, which could be an issue in the frame of a limited food choice. Another reason why an all-in-one food solution must fail is because of the changing of nutrient needs over age. We need higher amounts of certain nutrients as we age (e. g. of vitamin D), lower energy, but more protein to compensate for metabolic and hormonal changes, and so on. If there is an all-in-one food – at least in terms of quality, seen apart from quantity and ratios – it would be a blend of all-coloured vegetables, fruits, meat, fish, some oily seeds, cereals, nuts, and milk. Prepare everything in a mixer and enjoy....



## REMEMBER

### The Stammtisch every Thursday evening 18:00–20:30

Join us in the  
lobby of the  
Park Hotel in Zug.



## Walking the path to renewable energy and boosting hydroelectric energy in Switzerland

Contributed by IMCZ member  
Jean-Pierre Lamaudiere

### 1. Disaster at Fukushima – Worldwide reaction and implications in Switzerland

The devastating earthquake that struck Japan in March 2011 and the ensuing nuclear disaster at Fukushima led Switzerland to embark on a major re-think of its energy policy. The people's demands were the same: no to nuclear, yes to renewable energy.

On 25 May 2011 the Swiss federal government declared that nuclear power would be phased out gradually in Switzerland. Existing nuclear power stations will continue to run as long as they are safe but will not be replaced. In order to ensure security of supply in Switzerland once nuclear power has been phased out, the Federal Council plans to create a sustainable energy system by 2050.

### 2. Energy strategy by 2050 in Switzerland

The aim of Switzerland's energy policy and its national Energy Strategy 2050 is to guarantee the energy supply for the country as a whole. Expansion of the hydropower and renewable energy sectors, coupled with more energy-efficient buildings, appliances and transport are essential, all the more so given the decision to phase out nuclear power stations. Shortages or excessive demand will be covered by conventional fossil fuel-based electricity production (combined heat and power plants, gas-fired combined cycle power plants) and imports.

### 3. Main Targets

- Reduced electricity consumption
- Greater choice of electricity suppliers
- Maintain electricity import levels
- Expansion of electricity grids
- More energy research
- Flagship projects
- Greater international cooperation

Renewable energies for electricity generation have been subsidized in Switzerland since the beginning of 2009 under the feed-in tariff scheme. From 2013 an annual maximum amount of 500 million francs will be made available for this programme, funded via an extra charge on each kilowatt-hour of electricity consumed.

### 4. Present Production of electricity in Switzerland

- Hydropower plants	56 %
- Nuclear power	39 %
- Thermal and other power plants	5 %

### 5. Hydropower in Switzerland

Thanks to its topography and high levels of annual rainfall, Switzerland has ideal conditions for the utilisation of hydropower. With 56%, hydropower remains Switzerland's most important domestic source of renewable energy.

Today there are 556 hydropower plants in Switzerland, each have a capacity of at least 300 kilowatts, and these produce an average of around 35,830 Giga-watt hours (GWh) per annum. Out of which 47% is produced in run-of-river power plants, 49% in storage power plants and approximately 4% in pumped storage power plants. The main water sources (feeding 485 power plants) are the Rhine (into which the Aara, Reuss and Limmat flow) and the Rhone.

In Switzerland's hydropower plant statistics, a distinction is made between four types of plants: run-of-river (3,768 MW, 16,858 GWh), storage (8,073 MW, 17,382 GWh), pumped storage (1,383 MW, 1,594 GWh) and basic water flow plants (456 MW). It helps at this stage to remember the distinction between energy (Watt-hour) and power generated (Watts or Mega Watts etc.)

Large-scale hydropower plants (with capacity greater than 10 MW) account for around 90% of Switzerland's total hydropower production. Today there are more than 1,000 small-scale hydropower plants in operation, with an installed capacity of approximately 760 MW and an output of 3,400 GWh per annum. The hydropower market is worth around 2 billion Swiss francs (based on 5 cents per kilowatt hour delivered), and is therefore an important segment of Switzerland's energy industry.

The federal government wants to promote the future use of hydropower to a greater extent. In order to exploit the realisable potential, existing power plants are to be renovated and expanded. The instruments to be used here include cost-covering remuneration for feed-in to the electricity grid for hydropower plants with a capacity up to 10 megawatts, and the measures aimed at promoting hydropower included in the "Renewable energy" action plan. In terms of quantity, the goal is to increase the mean estimated production level by at least 2,000 GWh versus the level recorded in 2000 by renovating existing hydropower plants and constructing new ones.

A series of new projects, which have been approved, are either under construction or

shall soon be launched or are being studied, such as:

- increasing installed capacity from 600 to 900 MW at Nant de Drance including raising the old Emosson dam by 20 m
- increasing installed capacity of Veytaux by 240 MW
- new project Gletsh – Oberwald (H = 278 m , P = 13 MW)
- new project Massongex – Bex (run-of river, P = 19 MW)
- new project Rhôdix – increasing capacity pumped storage reservoir Dix for Fionnay and Nendaz plants)

Hydropower is our most important, CO2-free energy source.

Electricity production in small-scale hydropower plants is attractive from both an economical and an ecological point of view. The potential is estimated at around 2,200 GWh per annum.

### 6. Dams and hydropower schemes

Dams and their associated structures are used for forming reservoirs for the storage of water and for holding back sediment, ice or snow. Reservoirs formed by dams are mainly used for energy production, water supply, irrigation, production of artificial snow, fish farms, reserves for fire-fighting operations and the regulation of water levels in lakes. They also play an increasingly important role during floods, since they limit the volume of water downstream and thus help reduce flood damages.

137 of the Swiss dams are in the form of concrete walls (80 gravity dams, 53 arch dams, 2 multiple-curve dams and 2 pier head dams), while 83 are earth and rock fill constructions, and 7 are in the form of river weirs. 25 are higher than 100 metres, and 4 of these are over 200 metres high, namely the Grande Dixence gravity dam (285 metres), and the Mauvoisin (250 metres), Luzzone (225 metres) and Contra (220 metres) arch dams.

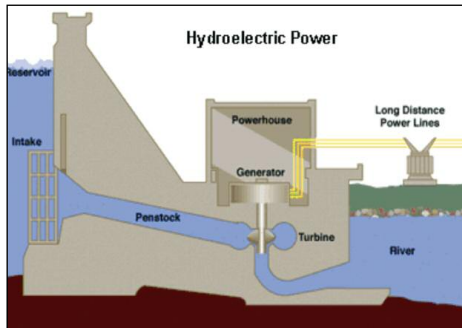




## List of some major hydropower plants

Station	Capacity (MW)	Location	Status
Bieudron Hydroelectric Power Station	1,269	Bieudron	Operational
Chandoline Power Station	120	Chandoline	Operational
Fionnay Power Station	290	Fionnay	Operational
Grimse 1 Hydroelectric Power Station[4]	1,450	Guttannen	Operational
Grimse 2 Hydroelectric Power Station (pumped-storage hydroelectric power station)[4]	350	Guttannen	Operational
La Bâtiaz Power Station (Emosson Dam)	162	Martigny	Operational
Linth–Limmern Power Stations	479	Glarus	Operational
Mauvoisin Dam Power Stations	363	Bagnes	Operational
Nendaz Power Station	390	Nendaz	Operational
Verzasca Hydroelectric Power Station	105	Tenero-Contra	Operational
Wettingen Power Station[7]	26	Wettingen	Operational

Sketch of a typical dam and power plan



## 7. Main types of water turbines

Reaction hydro turbines are the most commonly used turbines. A list of them is shown below:

### Francis Turbine

The Francis hydro turbine is the most commonly used form for hydropower in the world. It is primarily used for electricity generation.

### Kaplan Turbine

It is an evolution of the Francis, it varies in one significant way with propeller-like adjustable blades.

### Tyson Turbine

The Tyson hydro turbine is installed right in the centre of flowing water and for that reason doesn't need a casement.

### Gorlov

The Gorlov hydro system is quite a recent development in the hydro world. It won the Thomas Edison patent award in 2001.

### Impulse hydro turbines

Impulse turbines are used in high speed water areas, where a huge momentum will cause the blades to turn.

Many turbines use technology of both reaction and impulse designs, but some, like the Pelton turbine, are exclusively impulse.

### Pelton Turbine

Invented by Lester Pelton in the 1870s, the Pelton hydro turbine remains one of the most efficient hydro energy designs. This is due to the fact that the water leaving the turbine has a much slower speed which means that most of its energy has been transferred. The Pelton design can come in all shapes and sizes, with the largest going up to 200MW and the smallest just a few inches in width.

### Turgo

The Turgo hydro turbine is fantastic at achieving energy efficiency, and peaks at 87%. This modification of the Pelton turbine is much cheaper to make, making it extremely popular when low cost factors highly.

The Turgo is designed for medium head water levels, while handling a greater flow with its higher speed.

### Crossover

Radial and axis flow are the two most common types of hydro turbine design, but the Crossover opts for a different approach.

The water travels transversely across the blades and enters the system twice, increasing the energy efficiency.

### Jonval

This form of impulse turbine directs the flow of water onto curved blades after it's descended through a fixed guide vane.

The curved blades improved the turbines effectiveness and tripled its efficiency over the more common waterwheel.

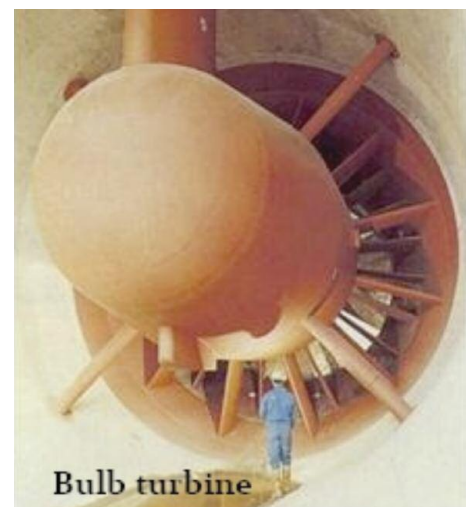
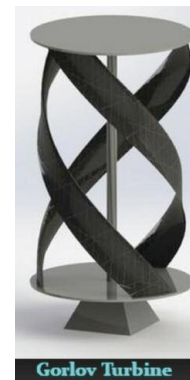
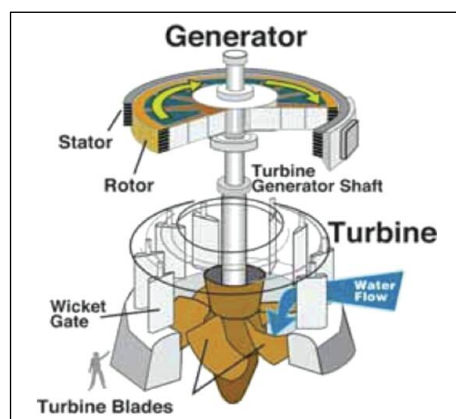
### Reverse overshot waterwheel

This technology is scarcely seen around the world now, with its main use being in mines. Its function is to remove water from lower levels of underground works.

### Archimedes' screw turbine

Just like the reverse overshot, the Archimedes' screw is not very common. Historically, it was a way to move water from deep irrigation trenches.

Typical sketch of hydraulic turbine



## 8. Other sources of renewable energy

Apart from hydro power there are other renewable sources of energy. Here is an overview of them:

### a. Biomass

The term "biomass" refers to all organic material that is directly or indirectly produced through photosynthesis and has not been altered via geological processes (in contrast to fossil biomass, e.g. oil, coal, natural gas). In Switzerland, energy crops (i.e. crops that are cultivated solely for the purpose of producing energy) are of minor importance

### b. Solar energy

Solar energy can be actively utilised with the aid of solar collectors for heat production (hot water and auxiliary heating) and through the use of photovoltaic systems for electricity production. Solar power has enormous potential: by 2050 it would be possible to



meet around 20 per cent of the current level of electricity demand in Switzerland through the use of photovoltaic systems

## c. Wind energy

Wind energy plants utilise the kinetic energy of airflow to rotate turbine blades. The mechanical energy that is produced is then converted into electricity by a generator. In 2012 there were more than 30 wind power plants in operation in our country, which produced a combined total of around 85 gigawatt hours of electricity. There is still plenty of potential for wind energy in Switzerland: by 2030 it would be possible for facilities that meet the stringent conceptual specifications to produce around 600 gigawatt hours of electricity a year

## d. Geothermal energy

The term "geothermal energy" refers to the energy that is stored in the form of heat below the earth's surface and is produced from the decay of naturally occurring radioactive elements. In Switzerland, the temperature at a depth of 5,000 metres is approximately 200° C. Geothermal energy can be utilised with the aid of a variety of methods: Vertical geothermal probes, groundwater wells, geothermal structures and hot tunnel water are normally used in combination with a heat pump for heating. By means of deep drilling, hot groundwater sources (aquifers) can be tapped into, and energy can be extracted from dry bedrock using enhanced geothermal systems technology. At temperatures above 100° C it is possible to produce electricity, while the residual heat can be used for heating purposes.

At present, no electricity is produced in Switzerland from geothermal sources, but two projects (in St Gallen – drilling started but was stopped due to induced earthquake and Lavey-les-Bains) are already at an advanced stage.

The potential for geothermal electricity production in Switzerland is very high, but there is still a great deal of uncertainty regarding the associated costs and feasibility. Experts anticipate that, by 2030, around a dozen geothermal plants will be in operation, which will produce a combined total of 800 GWh of electricity. In the longer term it is conceivable that a significant proportion of the electricity consumed in Switzerland could be produced at geothermal power plants.

## e. Ambient heat

Ambient heat is renewable, natural and available everywhere: the solar energy that reaches our planet every day is stored in the air, the soil, groundwater, rivers and lakes and constantly replenished if it is not directly utilised. The soil, too, is constantly radiated with energy through the flow of heat from deep below the earth's surface.

However, this energy has a relatively low temperature, and for this reason it can only be utilised efficiently with the aid of heat pumps. There is no other technology that can be used

for bringing ambient heat up to a utilisable temperature – e.g. for heating purposes.

In this way it is already possible today to realise savings of up to 50 per cent through an optimal combination of a cogeneration power plant equipped with an electric heat pump in comparison with conventional oil or gas furnaces.

## f. Smart grid

A smart grid is a modernized electrical grid that uses information and communication technology to gather and act on information, such as information about the behaviors of suppliers and consumers, in an automated fashion to improve the efficiency, reliability, economics, and sustainability of the production and distribution of electricity. Mendrisio, in Ticino, has started a pilot project

for a "smart grid", while Geneva has built the biggest solar plant in Switzerland over the roofs of Palexpo.

Further reading:

[www.google.com/search?q=production+energy+switzerland&client=safari&rls=en&tbm=isch&tbo=u&source=univ&sa=X&ei=daw1UvGRPIImr7AavIYD4CA&ved=0ClOBEAE&biw=1440&bih=802&dpr=1](http://www.google.com/search?q=production+energy+switzerland&client=safari&rls=en&tbm=isch&tbo=u&source=univ&sa=X&ei=daw1UvGRPIImr7AavIYD4CA&ved=0ClOBEAE&biw=1440&bih=802&dpr=1)

[www.google.com/search?q=hydroelectric+dams+switzerland&client=safari&rls=en&tbm=isch&tbo=u&source=univ&sa=X&ei=PLA1Uon3lcrw4QTW7IHQBA&ved=0CG8QsAQ&biw=1440&bih=802&dpr=1](http://www.google.com/search?q=hydroelectric+dams+switzerland&client=safari&rls=en&tbm=isch&tbo=u&source=univ&sa=X&ei=PLA1Uon3lcrw4QTW7IHQBA&ved=0CG8QsAQ&biw=1440&bih=802&dpr=1)

[www.youtube.com/watch?v=54ir06Stlno](http://www.youtube.com/watch?v=54ir06Stlno)

[www.addnew.com.hk](http://www.addnew.com.hk)



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## The Waterfalls of Trümmelbach and Griessbach

*Contributed by IMCZ member Peter Sproston*



The drive is about an hour from Rotkreuz and takes one through superb countryside of green valleys, lush pastures and mountain peaks. Classically Swiss!

This is just one of the many views that one has during the ascent to the top falls. Not only is it an impressive visual experience, the roar of the rushing water can be felt as much as heard. The proximity of such a huge volume of water is itself a potent reminder of the powers of nature.

Here one sees how the perpetually eroding column of water scallops out forms from living rock, the channel having been carved out for millennia, ever lower and deeper, creating this ravine from what was once no more than a mere rivulet.

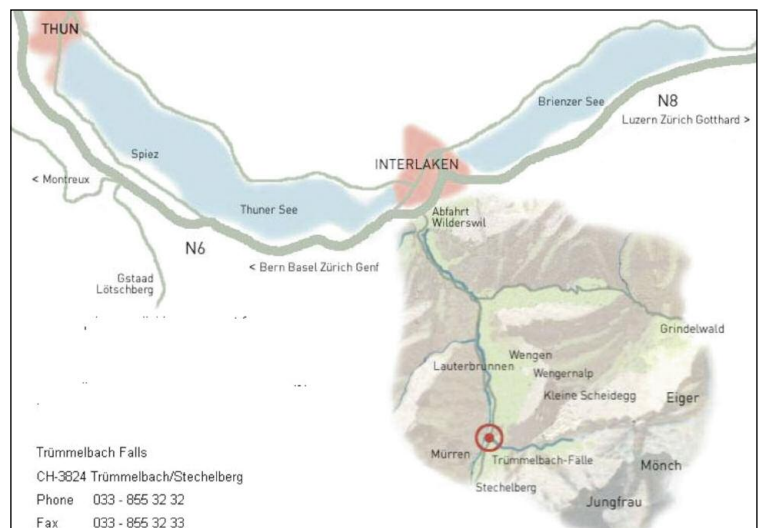
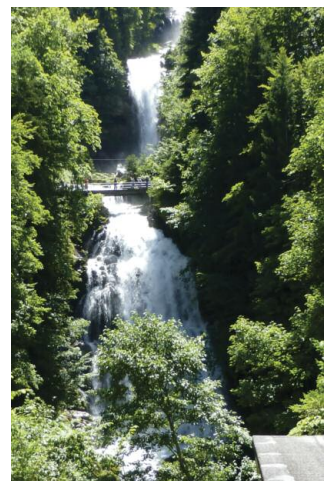
One can almost lean over and touch the foaming, gushing water at this point. The spray drifting along most of the pathways makes the path and steps slippery and the hand-hewn roofs dripping wet. A cap, decent jacket and sensible shoes are thus the best companions on this particular trip! We walked up to see all 10 falls but took the lift down to spare my dodgy knee as this is included in the cost of the ticket. It is not expensive, Fr. 11.- but it's a popular attraction so expect plenty of tourists. There is a pleasant café / restaurant nearby with super views up the valley from the terrace. Parking is free and there are some shady spots to be had for the lucky ones who get there early!

Leaving behind us views like this and, having whetted our appetite for waterfalls, we drove on for another half hour or so to the [Giessbach falls](#). These are more traditional falls but no less awe-inspiring.

The weather was perfect and the views of unparalleled beauty. Exercising a little patience we managed to garner a table by the waterfalls side of the terrace and were rewarded with a superb vista extending almost to the top of the falls. Wonderful sounds rendered by the crashing flow of water accompanied our lunch, which was very good but rather pricey. The hotel interior is a feast for the eyes and really cannot be missed. [Grandhotel Giessbach](#)

Whilst the view to the falls is inspiring, the panorama one can enjoy from the terrace further on is equally enchanting with its picture-book quality and unfettered vista out over the lake towards Interlaken. There is another, more elegant way up to the hotel. This is by the oldest funicular in Europe, built in 1879, which starts in Brienz and climbs gently up to the hotel. It's best reached by ship to make a complete day out. From the hotel one can walk along the falls right to the top in Axalp that, on a warm and sunny day is blessed with shade and ever-changing views. Well worth the time and trouble of getting there!

Further reading  
[Trümmelbach Falls](#)





## Sailing the Adriatic, Part 1

Contributed by IMCZ board member and Webmaster Roger Brooks

It all started with a visit to the train station in Rotkreuz to apply for a combined half-tax and credit card for my wife, Margareta. As we were waiting to be served, a travel brochure featuring a beautiful 5-masted clipper ship caught her eye. As it turned out, it was for a special package negotiated by the regional management of the SBB travel agency for a limited number of cruises along the Adriatic coast. The 5-masted ship portrayed on the brochure is the Royal Clipper, the largest sailing ship in the world.



Planned route of cruise

We had been looking for a special way to spend Margareta's last vacation from Johnson & Johnson, before our planned retirement at the end of September, and one of the packages offered fit our plans perfectly. The cruise departed from and returned to Venice, and the package also included travel to and from Venice, as well as a night in Venice before embarkation. Surprisingly enough, the SBB offered the choice of travelling to and from Venice by air or by rail! Having enjoyed a previous trip to Venice by train, we chose that option. In fact, the possibility of reaching the embarkation point by train was a great plus in our eyes, as most cruise packages involve either flying and/or taking a bus to the port of embarkation. An additional plus was the size of the ship. We have enjoyed previous cruises on very large ships (around 300 meters long and carrying thousands of passengers), and had long considered taking a cruise from Venice on account of the ease of getting there by train. However a recently aired documentary, "Das Venedig Prinzip" had reported on the damage such large ships cause to the foundations of Venetian buildings by virtue (or rather by vice) of the turbulence caused by their powerful engines. The Royal Clipper is a much smaller ship holding only up to 227 passengers, and was inspired by the design of the clipper ships which were the main means of transporting both passengers and freight during the second half of the 19th century.

### Off to Venice, Saturday

We were lucky with the weather, as it was just beginning to get rainy and cooler as we left

Switzerland, while the weather in the Adriatic was (with few exceptions) pleasant and temperate, with little rain. Our journey began in the early morning light with a brisk walk to the Rotkreuz train station followed by a change of trains in Zug. After a few hours and some beautiful Swiss countryside, we found ourselves in Milan main station. The station was all abustle, but we had time to spare and found our connecting train to Venice without difficulty.

We arrived in Venice in early afternoon, where we had only a few dozen meters to walk from the train station to our hotel, the Boscolo Bellini. After checking in, we went for a walk across the Dorsoduro down to the Canale Giudecca, enjoying the narrow streets and sunny campi (plazas) along the way. In fact we paused in one for an afternoon snack of pizza (but not in the piazza). The only plaza in Venice which is accorded that title (piazza), is the grand Piazza San Marco (St. Mark's Place) in front of the main cathedral. Even the Piazzale Roma, between the train station and the cruise terminal is only a "square", the rest are just called "fields" (campi).

We reached the Canale Giudecca near San Basilio, our embarkation terminal, and verified our departure time there. Then we strolled along the canal and made a reservation for a waterside table at a promising looking restaurant, "all' Armonia" before returning to our hotel by vaporetto. The name means literally "little steamboat", although the boats have long been driven by diesel instead of steam engines. The vaporetti are Venice's main public transportation system. After freshening up at the hotel, we returned to the restaurant for a lovely seafood dinner.

The following morning after a leisurely breakfast at the hotel, we again boarded a vaporetto to visit Cimitero, the island where Venice interts its dead. The cemetery is larger than one would expect and contains a multitude of well-tended graves going back to the end of the 19th century, as well as many magnificent mausolea and crypts, which go back much further, the oldest being in the church of St. Michael. Many notables are buried on Cimitero, including Ezra Pound and Igor Stravinsky.

Returning to the main part of Venice, we checked out of the hotel, leaving our baggage there, and found a café bordering a minor canal on the Dorsoduro for lunch. Afterwards, we returned to the

hotel, collected our luggage and proceeded to San Basilio to meet our ship.



### The Ship

After waiting awhile, we were greeted by a young Swedish lad, Robin, who instructed us in the formalities, and soon found ourselves aboard the Royal Clipper. Her design was inspired by the Preussen, one of the last and largest clipper ships, built in 1902.

The RC (as the crew calls her) was built in 2001 and has 42 sails totaling over 5000 square meters and about 100 km of rope. She houses up to 227 passengers and about 100 crew. To the strains of "Conquest of Paradise" by Vangelis (from the soundtrack of the movie "1492", we motored out through the Canale Giudecca, accompanied by a tugboat to assist us in case of difficulty. After a lovely dinner in the ship's dining room, which is located in the bottom of its 3-story atrium, we spent a little time on deck and then retired for the evening.

### At Sea, Sunday

The following day we arose to find the RC under full sail, doing about 5 knots. Under





better conditions, she has reached as much as 14 knots with pure wind power! Unfortunately, the speed we achieved in this manner was not adequate to reach our next port of call, Kotor, on schedule, so the sails were taken in shortly after noon and the motors engaged. In the afternoon we enjoyed reading on the deck and climbing the rigging under the supervision of members of the crew.

We were secured by a harness and safety line, as is customary in training for rock climbing, and were only allowed to climb to the first platform. Although there are two higher platforms, I never saw the crew use the higher platforms either. Most of the sails have a motorized reefing system, which rolls the sails up inside the spars when they are not in use.

## Kotor & Perast, Monday

We arrived at Kotor, in Montenegro around 10 AM the following day. We had booked a guided tour, but since this didn't leave until 1 PM, we decided to go ashore on foot to explore the town, and possibly climb up to the Ilyrian fort dedicated to St. John, which overlooks the bay. Kotor was the southernmost point on our voyage. Like most of the places we visited, it was dominated by Venice for the better part of 4 centuries (1420-1797). The Venetian influence is evident in the architecture, but Kotor was also subject to a number of other governments during its long and storied history. It was even occupied briefly by the Ottoman Empire in both the 16th and the 17th centuries.

Although the RC is a relatively small ship, it is still too large to dock in most of the Adriatic ports, so we made our way into port by tender. Entering at the Sea Gate, we proceeded across the broad plazas lined with café tables and through the narrow streets of the old town to the far corner near the River Gate, where the path up the steep hill behind the town begins. As we left the town, we were greeted by a nondescript man sitting at a folding table beside the last house, who asked us to pay 3



Euros each for the privilege of climbing up to the fort. Although he had no distinguishable official rank or function, and offered only a couple of postcards as receipt, we were in no mood to argue, and simply paid the requested amount. Climbing the steep cobblestone road (which, for the most part was fortunately lined with steps), we had not quite reached the small Church of Our Lady of Remedy (which is about halfway up the hill, but only 1/3 of the way to St. John's fort), when it began to rain heavily. We took shelter for a few minutes under the church's portico, but since we were wearing waterproof jackets, we resumed our climb as soon as the rain let up a bit. By the time we reached the small fort (already on the crest of the hill, but still only 2/3 of the way to St. John's fort) we were thoroughly soaked: by the rain from the waist down and by perspiration beneath our jackets. Even my waterproof shoes didn't help, as my soaking trousers channeled the rain down into them along my legs. At Margareta's urging I reluctantly gave up the aim of reaching the main fort, and we returned to town.

We didn't wish to set forth upon our guided tour in such wet condition, but no longer had time to return to the ship by tender and change our clothes. Instead we found some boutiques in town and bought some new trousers to change into, wrung out our wet

ones and stowed them in a plastic bag in one of our backpacks. That left us just enough time to briefly take refreshment at a café outside of the sea gate, before meeting our tour group at the pier. Meanwhile the skies cleared, and we enjoyed sunny weather for the rest of the trip. The tour took us to Perast, a fishing village at the other end of the Gulf of Kotor, facing the Verige Strait, which is the narrowest part of the Bay of Kotor. The Bay of Kotor is sometimes called a fjord, but is actually a ria, formed by a river (Bokeljska rijeka), not a glacier.

From Perast, we took a boat to the artificial island, Our Lady of the Rocks, and visited the church of St. Mary and the attached museum there. According to legend, sailors built the island around a small rock where two of them found an icon of Madonna and Child over a period of 2 centuries by depositing rocks and sinking scrapped ships loaded with rocks at that location. The visit to Perast and to Our Lady of the Rocks also afforded us an impressive view of the neighboring St. George Island. It is a natural island housing a Benedictine monastery. It is also called Isle of the Dead, because it was used as a cemetery until the 19th century. It appears to have inspired a series of paintings titled "Die Toteninsel" by the Swiss painter, Arnold Böcklin. Margareta was quite taken with the island, having long decorated her wall with a reproduction of one of these paintings.

In Perast, we also visited the Marine Museum and enjoyed a break at a seaside café before returning to Kotor, and to the ship.

*Next month, you can read about our continuing voyage northward along the Dalmatian coast.*

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# Sailing the high seas on the lake of Zug

*Contributed by our sports editor Joseph Dow*

Just before kicking off the ski season, I thought I'd tell you about one last warm-weather experience: sailing on our local lake. At last year's IMCZ BBQ, Nicole Buehler of the ZIWC was the lucky raffle winner of a sailing trip hosted by our own Max Leyherr. She was kind enough to invite IMCZ-members David Underwood and me and Boris Volejnicek (husband of ZIWC-member Lilia Pascua) for a wonderful sail on the Zugersee.

Max's presence kept us safe, but he let our 4-person crew tend the sails and steer the boat into the stiff winds blowing off the Zug shoreline. Well, actually, the winds were pretty calm, but the day was glorious and we had just enough wind to move us around, nicely. So, it was a very pleasant event, more relaxing than exhilarating.

Max was expertly explaining the theories behind sailing and telling us what the sails were doing, where to move the lines, and how we were using the wind. He also gave some lessons on special nautical knot-tying of which Nicole had a special interest. I myself preferred to lounge at the aft of the boat, with my feet up manning the tiller with my fingertips.

Max belongs to a Swiss sailing club, **SailCom**, that lets one enjoy the experience of sailing without the great expense of owning a boat and the hassle of storing and moving it around.

*Thanks again to Max for a fun trip!*

## Information for sailing in Switzerland:

- **SailCom Swiss Boat Sharing** (In German or French):  
[www.sailcom.ch](http://www.sailcom.ch)
- **How to Tie Knots:**  
[www.animatedknots.com](http://www.animatedknots.com)





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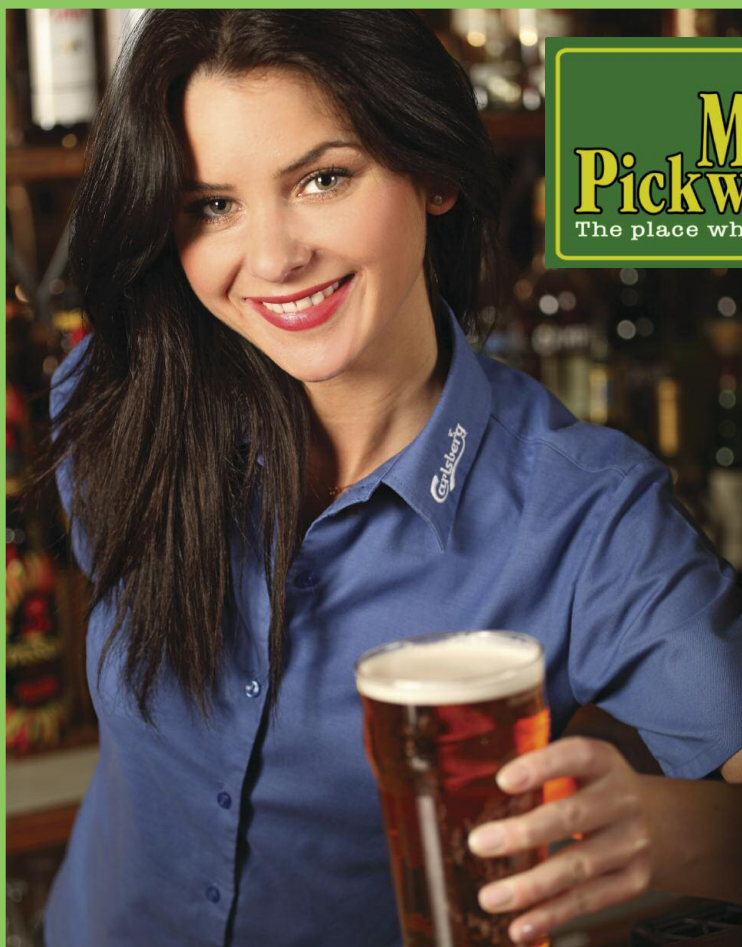
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# Good turn out

Organised and compiled by IMCZ members Stephen Butterworth

Twelve members showed up on September 18th. Otto got the highest score, and he maintained his lead even after the handicaps were added. Roger moved up from third to second place, thanks to the handicap. It was a pleasant session and we all had lots of fun.

The next session shall take place on October 16th. It will be our 69th bowling event, almost six years. Thanks to all the regulars and participants which kept this pastime going. For non members of the IMCZ, please do consider joining the club and taking advantage of the extensive program it offers.

First Name	Surname	Game1	Game2	Game3	Bowled total	overall_avg	Games
Otto	Steuri	143	207	147	497	145	3
Janis	Meier	151	125	128	404	121	3
Roger	Dixon	111	117	171	399	116	3
Stephen	Butterworth	111	114	120	345	119	3
Ian	Brenton	105	112	124	341	118	3
Phil	Woodford	113	74	131	318	117	3
Mariana	Skogman	102	105	97	304		3
Bob	Kowal	112	121	24	257		3
Gail	Brenton	79	66	88	233	83	3
Ewan	Currie	109	123		232	119	2
Rolf	Ekman	85	68	69	222	90	3
Thor	Skogman	41	69	44	154		3

First Name	Surname	Game1	Game2	Game3	overall_avg	Handicapped	Games
Otto	Steuri	143	207	147	145	629	3
Roger	Dixon	111	117	171	116	603	3
Janis	Meier	151	125	128	121	596	3
Mariana	Skogman	102	105	97		574	3
Stephen	Butterworth	111	114	120	119	540	3
Ian	Brenton	105	112	124	118	539	3
Bob	Kowal	112	121	24		527	3
Phil	Woodford	113	74	131	117	519	3
Gail	Brenton	79	66	88	83	515	3
Rolf	Ekman	85	68	69	90	486	3
Thor	Skogman	41	69	44		424	3
Ewan	Currie	109	123		119	362	2



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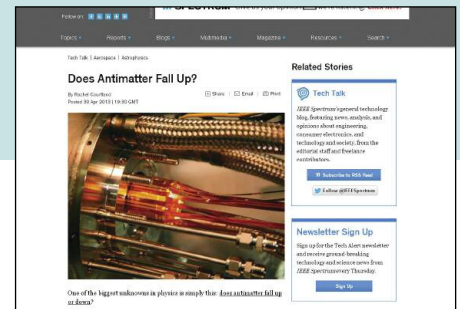
Contributed by IMCZ member, Ian Stansfield

All websites included in this series are offered in an unbiased way and do not necessarily reflect the views of the author or those of the IMCZ. They are considered of general interest to our valued members

## Does Antimatter Fall Up

<http://spectrum.ieee.org/tech-talk/aerospace/astrophysics/does-antimatter-fall-up>

Roger really does spend his time on interesting websites. If any other member would like to share interesting links with regard to emerging scientific discoveries or with a cultural bent, they should forward them to me. (Contributed by Roger Brooks)



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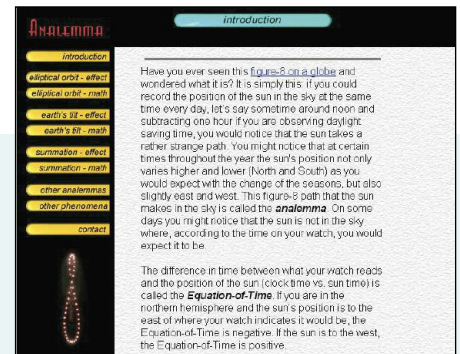
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## How Long is a Day?

<http://www.analemma.com/Pages/framesPage.html>

How long is a day? Is the answer 24 hours? Everything one would like to know about the equation of time is explained on this site.



## It's Just Not Cricket!

<http://www.telegraph.co.uk/news/newsvideo/weirdnewsvideo/9553695/Bramble-Bank-Britains-strangest-cricket-match.html>

In 2006 I was invited to an unusual cricket match. It can only very rarely be played as the pitch is on the sea bed. This particular seabed is only exposed for about an hour during one day of the summer. On this special day two sailing clubs, including spectators and bar, arrive by boat and play against each other until the tide reclaims the land.



## Tides

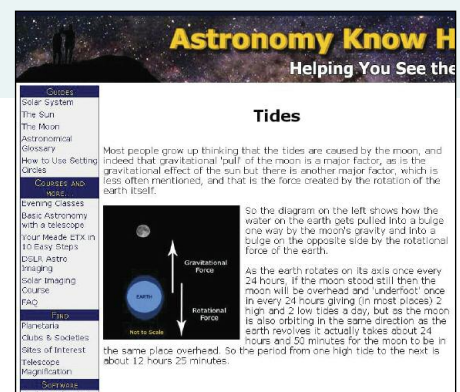
<http://www.astronomyknowhow.com/moon-tides.htm>  
<http://www.seazone.com/uploads/refzone-Datum%20Reference%20Paper.pdf>

What causes tides and how do marine cartographers use them? If you just clicked on the last link then these ones will take you deeper into the subject.

## Would You Trust Your Boss?

<http://www.pbs.org/wnet/secrets/episodes/blackbeards-lost-ship/212/>

On the subject of tides, did Edward Teach, known as Blackbeard, deliberately scuttle his flagship ship so that his men would be deprived of their share of the treasure? This informative 52 minute film describes how after nearly 300 years the ship was rediscovered and positively identified. It also explains the difference between a privateer and a pirate.





## Lawyer always have the last word

A guy is looking for a place to sit in a crowded university library, asked a girl already sitting: "Do you mind if I sit beside you?"

The girl replied with a loud voice: "No, I don't want to spend the night with you!"

All the students in the library started staring at the guy; he was truly embarrassed and moved to another table.

After a few of minutes, the girl walked quietly to the guy's table and said with a laugh, "I study psychology, and I know what a man is thinking. I am sure you felt very embarrassed?"

The guy then responded with a loud voice: "\$500 for one night?...that is too much!"

Every one in the library looked at the girl in shock. The guy whispered back: "I study law, and I know how to screw people".



## Disappointed Salesman

A disappointed salesman of Coca-Cola returned from his assignment to Saudi Arabia.

A friend asked, "Why weren't you successful with the Saudis?"

The salesman explained, "When I got posted, I was very confident that I would make a good sales pitch.

But I had a problem. I didn't speak Arabic, so I planned to convey the message through three posters."

**First poster:** A man lying in the hot desert sand totally exhausted and fainted.

**Second poster:** The man is drinking Coca-Cola.

**Third poster:** Our man is now totally refreshed.



And then these posters were pasted all over the place.

"Terrific! That should have worked!" said the friend.

"The hell it should have!" said the salesman.

"No one told me they read from right to left!"



## Catholic Shampoo

Two nuns were shopping at a 7/24 store on a hot summer day. As they passed by the beer cooler, one nun said to the other, "Wouldn't a nice cold beer taste wonderful on a hot day like this?"

The second nun replied, "Indeed it would, sister. However, I would not feel comfortable buying beer, since it might cause a scene at the checkout".

"I can handle that without a problem", the other nun replied and picked up a six-pack and headed towards the check out.

The cashier had a surprise look on his face when the two nuns with a six-pack of beer. "We use beer to wash our hair", the nun said, "Back at the convent, we call it *Catholic Shampoo*."

Without blinking an eye, the cashier reached under the counter, pulled out a package of pretzel sticks and packed them in the bag with the beer. He then looked at the nuns straight in the eye, smiled, and then said, "The *curlers* are on the house".

## The Mirror

I look in the mirror and what do I see?  
A strange looking person that cannot be me.

For I am much younger and not nearly so fat  
As that face in the mirror, I am looking at.

Oh, where are the mirrors that I used to know  
Like the ones which were made thirty years ago?

Now all things have changed and I'm sure you'll agree  
Mirrors are not as good as they used to be.

So never be concerned, if wrinkles appear  
For one thing I've learned which is very clear,

Should your complexion be less than perfection,  
It is really the mirror that needs correction!!

Edmund Burke





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## Sudoku

The pendulum had swung the other way on the September puzzle. Obviously it was too hard. There was only one valid solution, again from the Sudoku king of the Club, Maurice Corten. Congratulations Maurice, your drinks during the next Stammtisch you attend shall be on the house.

This month's puzzle has one additional requirement, the two diagonals shall also have the digits 1 to 9 occurring only once. This additional constraint shall make it in fact quite straight forward and easy to solve.

The easiest form, in which the solution is sent, is nine rows of nine numbers in a Word document, Excel or email. In every Sudoku, every digit between 1 and 9 occurs exactly once in each row, column, each of the main two diagonals and 3x3 square. Please send your answers to [newsletter@imcz.com](mailto:newsletter@imcz.com), on or before the last day of the current month.

	7	8			9		1	
6		4		5				2
						3		8
			6			1		
						6		
8			9		5	2		
				4			9	
		3						6
							3	

Solution September 2013 Puzzle

8	2	5	4	7	9	3	6	1
4	1	6	5	3	8	7	2	9
9	7	3	6	1	2	8	4	5
1	8	4	9	6	7	5	3	2
2	5	9	3	8	4	1	7	6
3	6	7	1	2	5	9	8	4
7	4	1	2	5	3	6	9	8
6	9	8	7	4	1	2	5	3
5	3	2	8	9	6	4	1	7



## Members' Marketplace

Are you **selling** your yacht (harboured in Piraeus)?  
Your Aston-Martin old-timer with the roll top roof?  
A gorgeous view of the Bay of Biscay,  
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Or are you **cashing** in the half of your stamp  
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Perhaps you're **looking** for all of these things?

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