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IMCZNEWS

JANUARY 2013

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EDITORIAL

A New Year, a new start

The nights are long, the days short, the trees leafless and the midday sun low in the sky. Winter is with us, and with it we have the white capped mountains, hungry birds on the lake and of course the festivities. Christmas and New Year fell this year in the middle of the week, a perfect recipe for taking two weeks off. This is one more reason, for all of us, to start the New Year with vigour, enthusiasm, hope and lots of hard work. Who knows, if you hadn't realised your dreams yet, you might do so this year.

The outgoing board wishes all members a prosperous, healthy and successful New Year. Soon, we shall have our AGM (Annual General Meeting) which shall take place at the same time and place as the Stammtisch in the Park Hotel on Thursday January 24. Hopefully many of you would turn up and voice your views and suggestions, and vote for a new board for 2013.

Muthana Kubba
Newsletter Editor

FUTURE EVENTS

- THURSDAY JANUARY 10, **Andy Habermacher**, *presenting his latest book "Neuroleadership - A Journey through the Brain for Business …" Park Hotel 18:30 hours*
- FRIDAY JANUARY 11-13, **Ski Trip to Crans Montana**, *includes three days skiing and two nights at Hotel du Lac including dinner. For more details click here Crans Montana ski Weekend or check our website.*
- WEDNESDAY JANUARY 16, **Bowling**, *at the White Line Bowling Centre in Meierskappel.*
- SUNDAY JANUARY 20, **Visit to the Lucerne Transportation House of Switzerland / Verkehrshaus.** *Special guided tour for adults and children of IMCZ & ZIWC members. Sign up deadline January 10. Meet 11.00 hours and pay at the doors. For more details please check the Flyer.*
- THURSDAY JANUARY 24, **Annual General Meeting**, *Park Hotel 18:30 hours.*
- SATURDAY JANUARY 26, **Burns' Night dinner**, *Landhaus, Baar 19:00 hours.*
- THURSDAY FEBRUARY 7, **Special Stammtisch presentation by IMCZ member David Kauders** *on "Austerity or Growth – Why both camps are wrong" Park Hotel 18:30 hours*
- WEDNESDAY FEBRUARY 20, **Bowling**, *at the White Line Bowling Centre in Meierskappel.*

IMCZ

Introducing…new members

THE IMCZ WELCOMES:

Dr. Li Gan

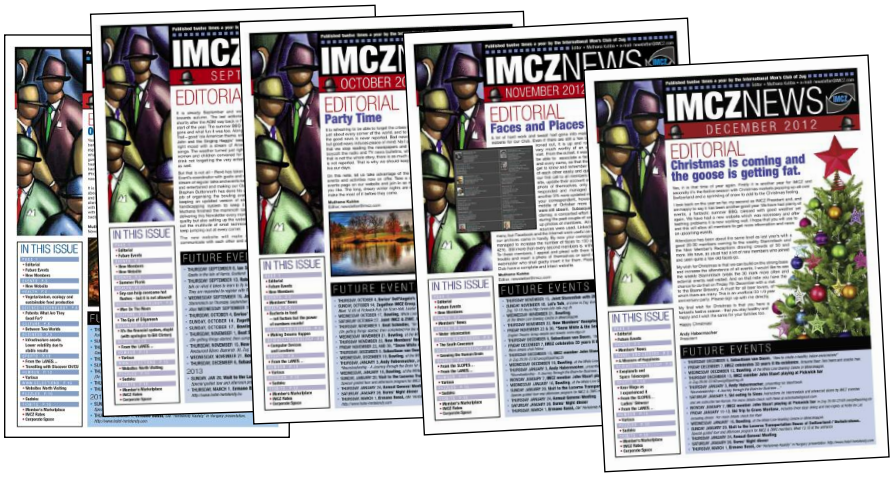
Li is from China and has been living in Switzerland since 2009. He spent 2 1/2 years at ETH Zürich as an Electrical Engineer/Researcher, involved mainly in aerospace projects from EAS and JAXA (Japan Aerospace Exploration Agency). Currently he is working as a development engineer at Maxon Motor AG in Sachseln. Before coming to Switzerland, he lived and studied in Graz, Austria for four years, and obtained his doctorate on non-linear signal processing from the TU Graz. His initial Bachelor and Master degrees were obtained at his hometown: Beijing, China. Li is married and lives in Luzern. His hobbies include running, basketball, travelling and cooking. He is looking forward to meeting new interesting people and having stimulating discussions at the Club's various functions.

Ragnar Wetterblad

Ragnar is a dual citizen, Swiss and Swedish. He was born in 1954, and has two grown up children. He loves skiing, diving and ... coffee. In fact he has been a coffee professional since 1984, and moved to Switzerland in 1990 to continue his professional [coffee] activities. In 2002 he expanded his coffee interests and got involved with its source and in 2005 he partnered a producer in Guatemala, thus completing the supply chain from the farmer to the end consumer. Very soon a new brand of coffee will be competing here with the international brands. Look out for Café Volcan in 2013!

Philippe Mettraux

Philippe hails from Lausanne. He moved from Singapore to Zürich in 2004 and to Baar in 2010. He holds the Swiss Federal Economical Banking Degree and the postgraduate Degree of Swiss Federal Diploma for Analyst and Portfolio Management (AZEK). His mother tongue is French and he speaks German and English. Philippe heads the Credit Risk unit for Commodity Trade Finance of a large Swiss Bank. He has worked for this institution for over 25 years in various locations. He is married and has two young sons. He likes to interact with people from different cultures and background as such he looks forward to meeting new people in Zug. He enjoys spending time in several outdoors activities with his family and friends.

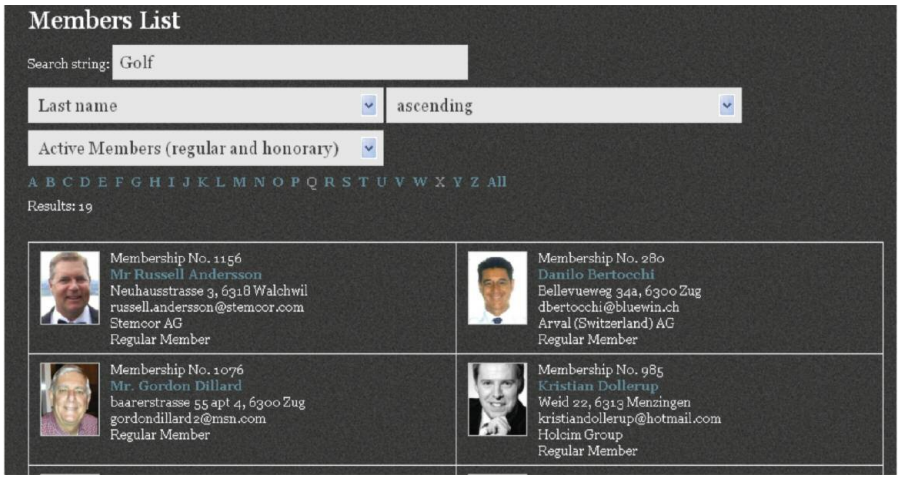


Your Newsletter in Hardcopy

On popular demand, the IMCZ board gladly announces that as from January 2013, the monthly Newsletter shall be available in printed form to all members. It shall be sold at the highly subsidised rate of Sfr 5.00 per copy. It shall be available at all the Stammtisch meetings.

Searching the New Website

From the recent survey, it transpired that not all members are aware of the search possibilities available on the new Website. The search string under Members List is not limited to names, but one can search for anything. Just put the word, 'Golf' and you get all 19 members who have golf as a hobby. Put in "Dutch" and you get all the 23 members who have a Dutch nationality. You can even put in the postal code for a location to find out how many members live there, try 6313 for all those members who live or work in Menzingen.



«Trust has to be earned anew every day» (J.H. Pestalozzi) This credo leads us in our daily activities for:

- **Independent** financial services
- «**Family Office Style**» wealth management counselling
- **Individual** asset management

For an investment outlook, an independent portfolio analysis or advice please contact:

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Zugerstrasse 57
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IMCZ BOARD MEMBERS

Board Member bios are posted under the following link: http://www.imcz.com/Board.asp. Go ahead and check them out!

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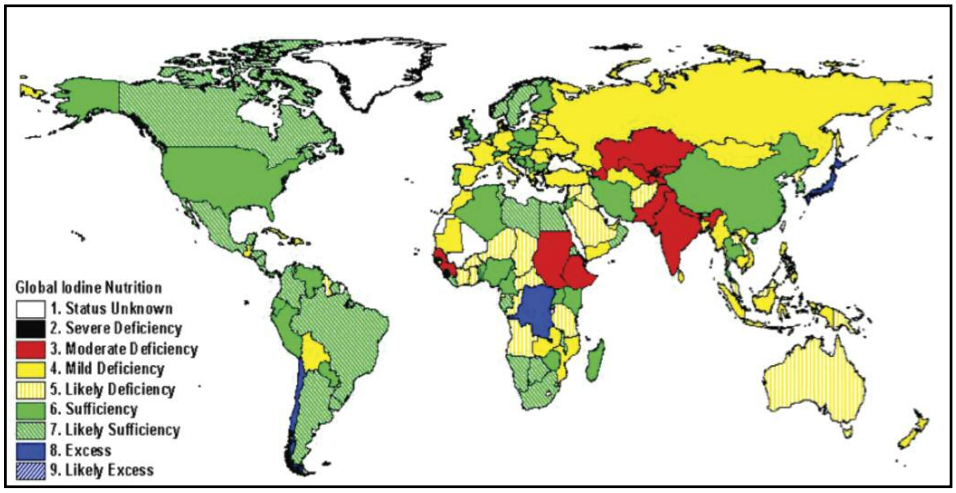
STAMMTISCH COORDINATOR **Andrew Joines** 076 501 7573 Stammtisch@IMCZ.com	MEMBERSHIP COORDINATOR **Heinz Schaller** 079 730 2715 Membership@IMCZ.com	EVENT COORDINATOR **René Welti** 079 917 6873 Events@IMCZ.com	**International Men's Club of Zug** **P.O. Box 4241, 6300 Zug**

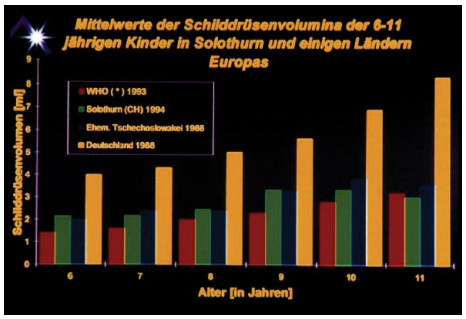
Iodine enrichment in salt

Contributed by IMCZ member Remo P. Jutzeler van Wijlen,
Head R&D Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ

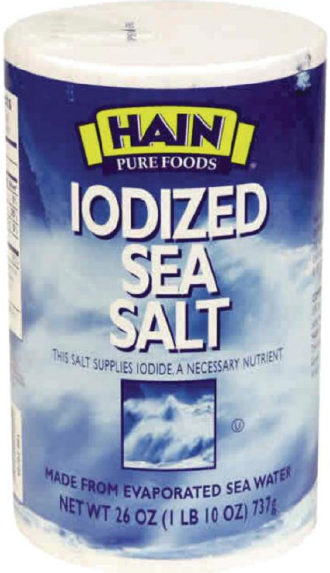
"5% of people do not tolerate iodine!" was one of the statements in a broadcast of ZDFneo, despite the fact that *general* intolerance iodide/iodate intolerance does not exist. Such alarming yet unfounded pronouncements tend to be characteristic in Germany, where critical consumer protection seems to have a "tradition" Without iodine our essential thyroid hormones could not be produced, which consist of more than 60% of iodine. Even the above mentioned allergy provoked by iodine-containing x-ray contrast media, is in fact caused by certain other included substances. Even in case of the autoimmune disease of hypothyroidism (Hashimoto) with a reduced thyroid hormone production, moderate iodine intake is useful since the thyroid will not be impaired and the supplementary iodine still contributes to hormone production.

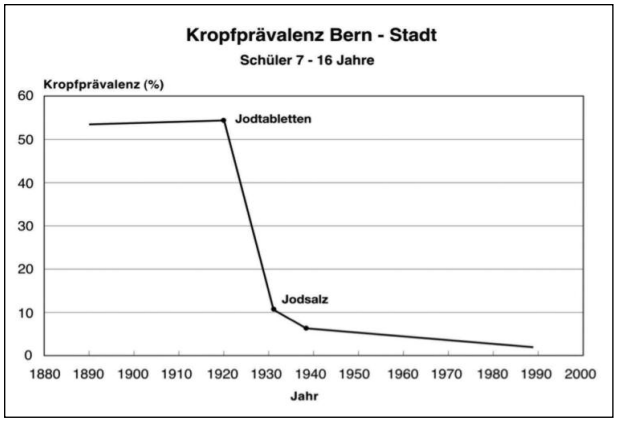


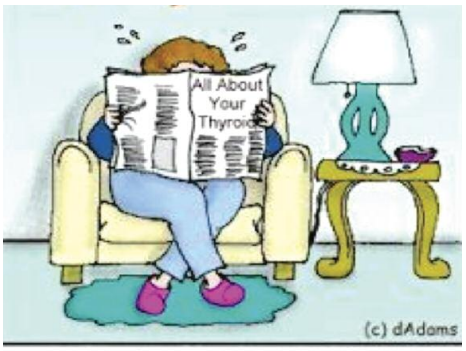
Iodine content in food is to a large extent dependent on its presence in soil and in the feed of cattle. Saltwater-derived foods are rich in iodine. The iodine content in saltwater, however, is variable but low due to its volatility (it evaporates with the water when the salt is precipitated). Germany is considered an iodine-deficient country according to WHO criteria, along with France, Spain, Ireland, and Italy in Western Europe (see map graph above). Besides insufficient iodine intake the presence of goitrogenic substances in food (e.g. in brassica such as cabbage or in cassava) aggravates iodine deficiency. Such vegetables are consumed as staple foods in certain countries, not only in the Third World. Due to the long-standing iodine deficiency in Germany its recommended daily intake is 25% higher than that of the WHO. In Switzerland, iodine enrichment in salt for households and industrial use has a long history and has virtually extinguished iodine deficiency.



The influence of iodine (deficiency) on the prevalence of goiter was discovered as early as in 1850 in the French Alps, and was associated with low iodine content in food. In 1915 goiter was recognized as an adaptation to low-iodine levels, and in 1917 an iodine supplementation study was performed in a school in Adliswil, Switzerland, and the first introduction worldwide of iodized salt started in 1922. By 1952, iodized salt was introduced in all Swiss cantons, which proved a very successful means of eliminating goiter in Switzerland (see decennial graph). In contrast, increased thyroid gland volumes were still prevalent in Germany as late as 1988 (see colour graph), and Germany is still considered a country of iodine deficiency today. Goiter caused by iodine deficiency has mostly disappeared, thanks to the voluntary iodine enrichment of table and industrial salt. However, there seems to be a trend to reduced industrial use of iodized salt (< 30% of food). Since the level of iodine enrichment in salt needed to reach a sufficient daily intake is based on the use of iodized salt in all finished salt-containing food, the iodine supply and the levels in the population still have to be monitored closely in the future. This is deemed particularly important since goiter is only the striking consequence of severe iodine deficiency. Even mild iodine deficiency may result in a 10 point reduction in IQ, because iodine is essential for brain development in small children. Prior to the emergence of iodized salt 1.3 billion people worldwide were considered iodine-deficient by the WHO! From this perspective, iodine deficiency can be considered the most common preventable cause of diminished brainpower! As a final remark: I do not wish to imply that the overall IQ in Germany averages 10 points lower than in Switzerland;-)



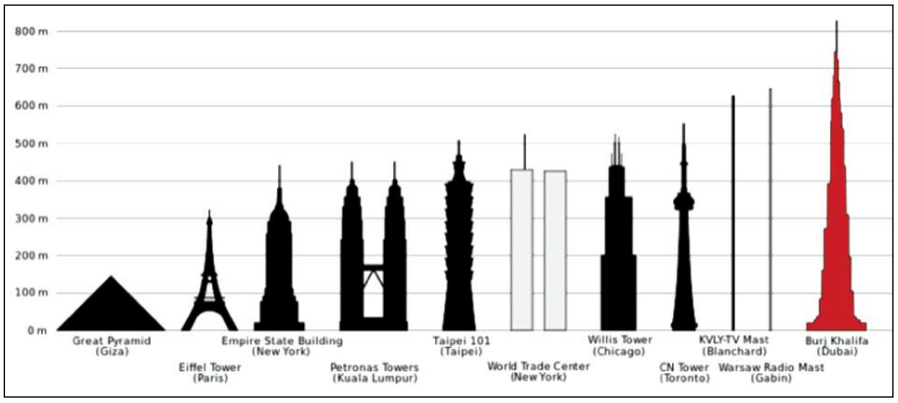




Hmm...the symptoms are fatigue, weight gain, memory problems... that sounds vaguely familiar

Serving the tallest building in the world – how elevators move people and goods in the Burj Khalifa

Contributed by IMCZ member Paul Laireiter



On January 4th 2010 the tallest building in the world, the Burj Khalifa, opened its doors in Dubai, United Arab Emirates.

With its 829.8 meters height, it is almost 200 meters higher than the Tokyo sky tree in Japan. This is 2.5 times the Eiffel tower!

Surely, one of the greatest challenges such a tall structure poses, is the transportation of people and goods. Every day thousands of visitors, staff and residents (the tower has 900 apartments) have to be transported within Burj Khalifa.

But how can thousands of people be transported in a rapid manner?

Burj Khalifa is home to 57 elevators and 8 escalators. Out of the 57 elevators 33 are "high rise elevators with "double deck" cabs. Each cab has a capacity of 12-14 people. Double deck cabs serve two consecutive floors at one time. Passengers are able to board at two floors, increasing the efficiency, as well as the capacity of the elevator.

In skyscrapers like the Burj Khalifa the space occupied by an elevator is critical. Using double deck cabs allows efficient use of space, as the floor area occupied by the elevator is smaller.

Full speed!

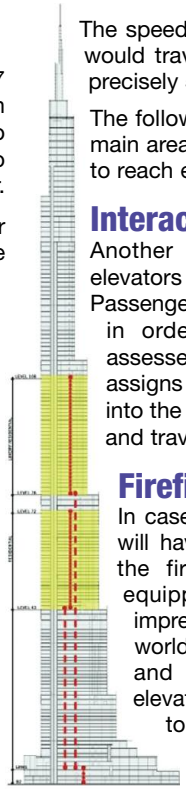
The speed of the observation deck elevators is 10 m/s. In other words, these elevators run with 36 km/h. One can only imagine the acceleration felt while the elevator starts its journey up.

The 57 elevators are not all of the same type. Each elevator zone operates for distinctive audiences. Office workers, hotel guests and residents are separately transported in order to maximize efficiency and save time.

Sky lobbies

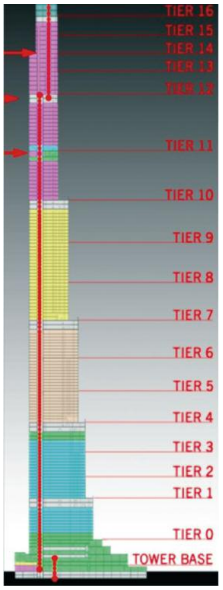
Elevator zones are connected via "sky lobbies". Sky lobbies are intermediate floors where office staff, hotel guests and residents changes from an express elevator to a local elevator. The Burj Khalifa has 3 sky lobbies, which are located on the 43rd, 76th and 123rd floors. A sky lobby also has a lounge and a kiosk among other amenities.

There is no elevator which serves the full 160 floors of the building. The main service elevator, which is positioned in the core of the building, has the world highest rise with 504 meters. Imagine, the travel exceeds the height of the Taipei 101 in Taiwan, which stands 448 meters tall.



The speed of the main service elevator is 9 m/sec. If somebody would travel the full rise, it would take less than 1 minute, but precisely 56 Seconds of traveling time.

The following image shows the "residents zone". Accessing the main area via the main service elevator, local elevators are used to reach each floor of a certain segment in the building.



Interactive touch screens

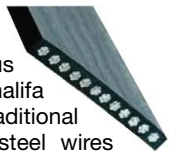
Another impressing feature of these elevators is the interactive touch screens. Passengers enter their desired floor and, in order to save time, the system assesses the passengers request and assigns the optimal floor for changing into the local elevators. This way waiting and travel time are greatly reduced.

Firefighter's elevator

In case of fire, material and firefighters will have to be transported directly to the fires core. The Burj Khalifa is equipped with one of the most impressive firemen's elevator in the world. It has a capacity of 5,500 kg and is the world's tallest service elevator. The firemen's elevators have to serve all floors of the building in a rapid manner in order to be on the spot where the fire ravages.

In case of fire certain elevators are programmed to permit controlled evacuation. The elevators in the Burj Khalifa are the first to have "security events" programmed for evacuation.

Energy saving Polyurethane belts



Travelling these long distances consumes tremendous amount of energy. Some of the elevators in the Burj Khalifa though have an energy saving belt instead of the traditional traction rope. The cores of these belts are thin steel wires surrounded by Polyurethane coating. The combination of thin steel wires with Polyurethane can save up to 50% in energy consumption. The Burj Khalifa has a total of 24 elevators which are equipped with these energy saving belts.

The sky is the limit!

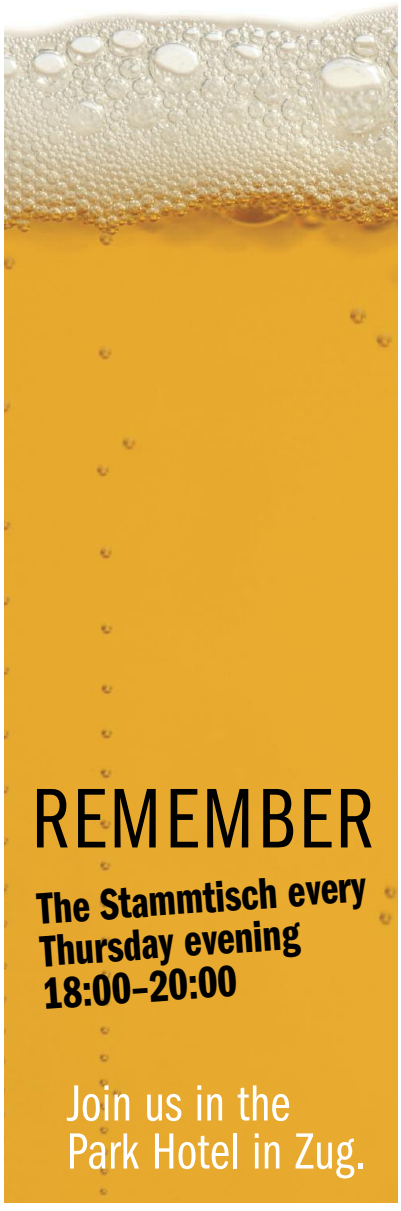
Surely, we shall soon see even higher constructions built. From the engineering point of view there is virtually no limit to how high a building can be made, only the expense and viability set the upper limit. At present it stands at 829.8 metres. Whatever height is decided, elevators shall play a major role in the construction and full utilisation of such buildings.

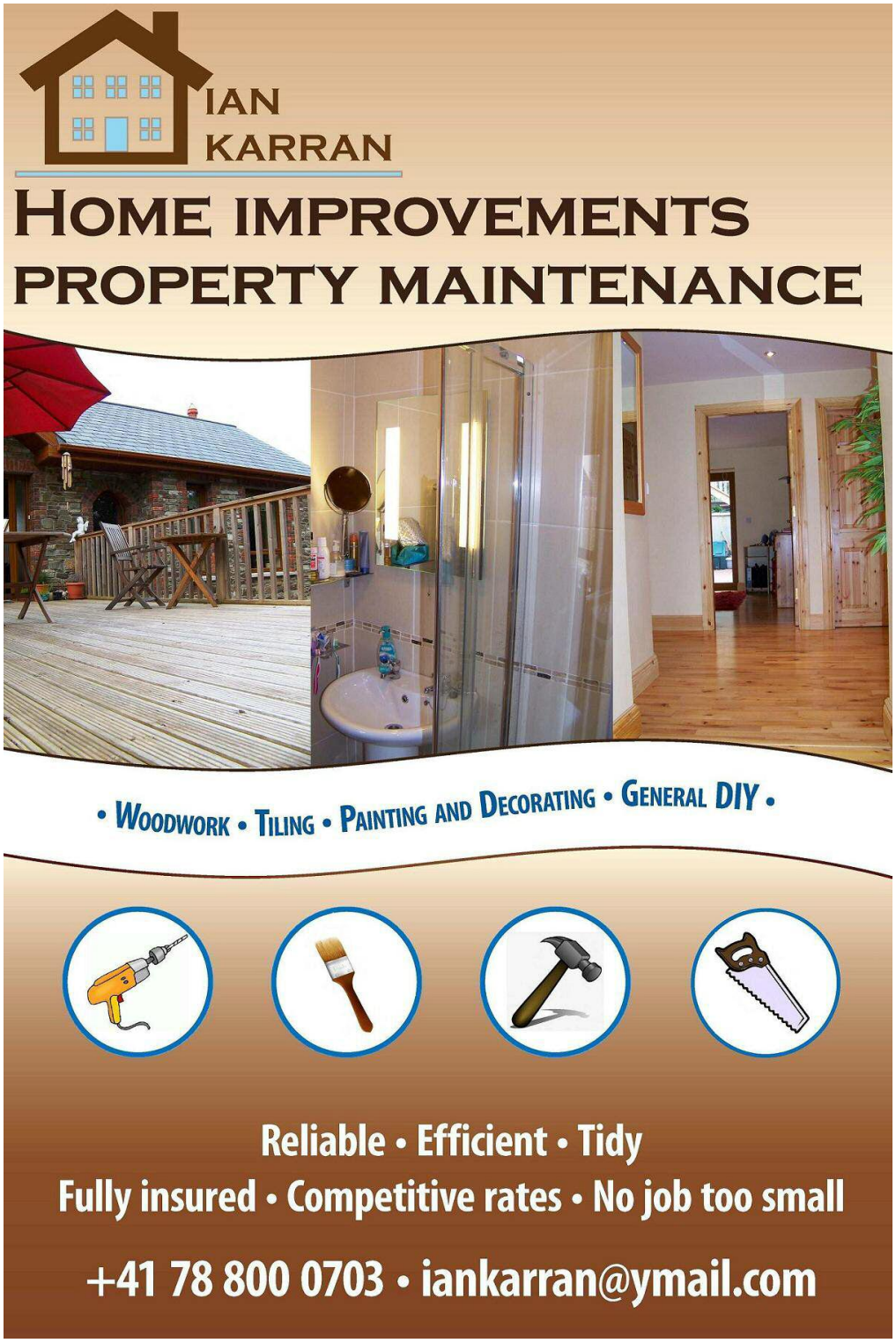
Paul is an engineer working with at Garawenta AG

Blue Skies and Fog in Stoos

Only two members turned up on Saturday January 5, at 9 o'clock at the Stoos ground station only ten driving minutes away from Schwyz. Me and René. Our ski-profi Ian Karran was also there and we made our way up on the steepest cable car in the world. All of 78.1 % (Standseilbahn). On top there was a rather long walk, interrupted by short ski runs, and two handheld lift pulls, till we reached the first bottom T-bar lift station. After a refreshing morning coffee at the Sternegg restaurant, we made our way up on the T-bar lift. It was still foggy at 1300 m, where we were, but soon after we took the chairlift to Klingenstock, blue skies and breathtaking panorama opened up all of a sudden. The pistes were well prepared, and the conditions were perfect. We both had virtually individual instructions on how to improve our skiing and avoid wrong muscle coordination. Lunch we had outside in blazing sunshine at 1935m. After lunch we were joined by our President Andy and his son. We all had a great time and learned quite a few new bits and tricks on top on how to become better skiers.

Muthana Kubba





MONGOLIA – A surprising destination

Contributed by IMCZ member Jean-Pierre Lamaudiere

Nostalgia

From tender age I dreamt about the vast great planes with its endless herds of sturdy short horses and inspired by Alexander Borodin's Symphony No. 2 "In the Steppes of Central Asia". However, when I saw a film about Genghis Khan and the Mongolian Empire, which was the largest empire humanity had ever known, my fate was sealed. I had to go there and discover this corner of the world.

With the years passing by, I clocked visits to 120 countries, but to my disappointment the land with magic sounding name, which I had always dreamt about was not among them. So in early 2012, I decided to put the record straight and finally go there.

Planning and Formalities

On a tip from a friend took the Trans-Siberian train a year ago, travelling from Moscow to Beijing via Mongolia, I discussed my trips with a travel agent specialised for Central Asian. We settled on a trip of a total of three weeks. Fly to Moscow and spend three days there, take the Trans-Siberian train to Irkutsk (four days, 5185 km away), then up Lake Baikal (two days), a further two days train journey with the Trans-Manchourian railway to the capital of Mongolia, Ulan Bator. From there travel by four-wheel drive car for one week exploring the central and eastern parts of Mongolia and finally two days to get to know Ulan Bator. The way back is easy, a plane to Geneva via Moscow. Interestingly, the visa formalities were quite straight forward for Mongolia, but took one week with a sponsor for Russia.

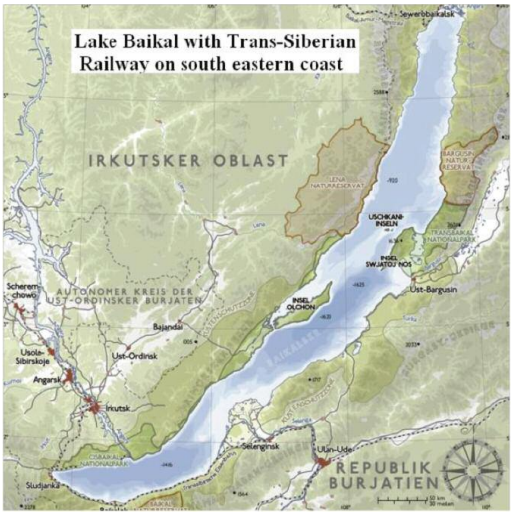
As always the Interest was the best and richest source for information. However, it was not without its pitfalls. Mongolia was depicted as extremely dangerous and recommending that travellers carry small denomination notes of US$ 1 or 5 only in Ulan Bator. In addition the food was reported to be bad, and there were too many mosquitoes etc. As a seasoned traveller I did get the impression that Mongolia was somewhat hostile. However, it turned out that this was not true at all. At no time did I feel unsafe anywhere in Mongolia, even at the remotest corner of this vast land. Quite possibly those had put such information on the Internet were trying to show off, imitating Phileas Fogg as last century explorers facing too many odds and dangers.

The Moscow to Vladivostok Train

We enjoyed the two days we spent in Moscow. Thanks to our guide, who picked us up and drove us around, we had made the rounds in this famous city. The Kremlin, Pushkin Café and the State Tretyakov Gallery of Russian Art were some of the highlights we saw. We also saw the main monuments, a spectacular orthodox church, a few palaces. Additionally there were icons, everywhere. We even managed to see the superb Moscow Metro.

Finally, we were impatient to reach the Railway station and find the legendary Moscow-Vladivostok train, waiting with its red-blue carriages, to cover almost 10'000 km over seven time zones all the way to the Pacific Ocean. Before boarding, we stocked up with provisions: food, fruits, water, bier and vodka. Our tiny sleeping compartment was perfect for two people.

Finally the train departed at midnight and we braced ourselves for five days and nights journey during which we shall cover over 5'000 km, and get an impression of the vast Russian countryside. The train stopped at main cities, which was a relief as we could get local products and have a change from the train restaurant. However, it must be said that the restaurant wagon was spectacular with a grand chef. Five days and five nights passed until we arrived at Irkutsk at the famous Baikal lake.



Lake Baikal

For the uninitiated, Lake Baikal is the largest fresh water lake in the world, both in surface area and in the volume of water it contains, stretching for 635 km at a maximum width of 80 km and maximum depth of 1642 metres. Its surface area is more than 31'000 km or 73% of the area of Switzerland, and stores more than 23'000 cubic kilometres of fresh water in it (compare with the volume of Lake Geneva, the largest in Switzerland, of only 89 cubic km). We had the opportunity of sampling this jewel of nature and travel along its eastern coast for two days all the way up to the Mongolian border.

Border Formalities

Leaving the Russian Federation and crossing the border was very tedious and an experience I don't wish my worse enemies. We spent almost seven hours at the desolate border station before we were allowed to leave it. There were only a handful of passengers, all foreigners, and only one wagon of the train was destined for Mongolia. The Russian team of customs officers complete with their dogs, inspected every square centimetre of luggage. Mercifully, they only found vodka on board and nobody was fined.

Border crossing. 7 hours wait on the Russian side

Mongolia and Ulan Bator

Believe it or not, the Mongolian side of the border was 40 km away from the Russian border station. This should give an impression of the vast distances involved. Border formalities were quick and foreigners were welcome. It took less than 30 minutes for all passengers to enter Mongolia. After an overnight journey we arrived next morning in Ulan Bator, the capital of Mongolia.

On leaving the train at Ulan Bator, it felt as if one is leaving a boat after a long Atlantic crossing. Back on Terra Firma was indeed a strange feeling! Our guide and driver were waiting for us at the station, he took us

straight to the hotel for the night. Soon our real adventure in Mongolia would start.

Yurts, Goats and Cashmere

During the first week of travelling in our 4-wheel drive car in Mongolia we drove over earth tracks only. The traffic was very scarce; we saw no other cats for days on end. Only very occasionally, we came across one or two cars, however we could see lots of other inhabitants of that vast area: cows, yaks, sheep, goats and horses. As is well known goats are producers of the sought after cashmere wool. At night we slept in yurts, the traditional Mongolian tents com home. Interestingly there was always a fence around the yurt's camp, but the animals were kept outside the fence. In other words humans were fenced in but the animals were free to roam... just the opposite to what we have here.

Mongolian Yurt with Motorbike, Dish & Sunpanel

The landscape was fabulous, and very colourful. It was mostly flat with occasional rolling hills. We even came across inactive volcanoes, but most interestingly, that part of Mongolia was quite green with lots of trees. Further south towards the Gobi desert, it is much drier.

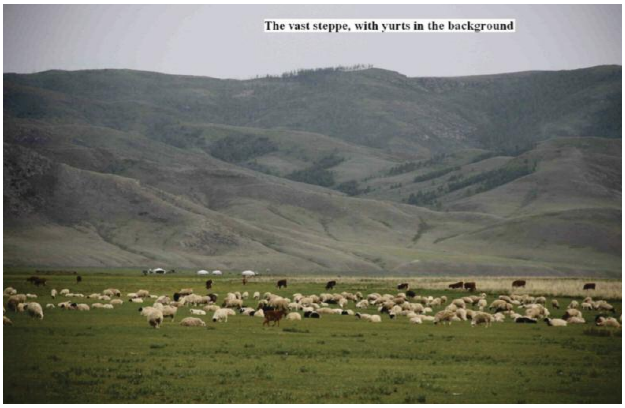
The drives along the endless tracks were never boring. There were several lakes with flocks of all sorts of birds, a paradise for bird watchers. Very often we passed close to yurts where we were welcomed by the Mongolian farmers who invariably invited us to share with them a cup of horse milk and some cheese. The tradition of their hospitality is legendary. All the while, we had the feeling of being free, totally free. There was no police, no controls, no traffic signals, no red lights, no speed limits or speed traps. Simply free!

Our driver reminded me of the drivers we had in the African deserts. He would always find his way in this endless and vast landscape, always arriving just in time at the next camp. Only once did he get into difficulties when a flooded river has swamped out the track. He manages at last to find a way to pass the river and pick up the track. Eventually we arrived late at night.

The XXI century had already arrived even at the remotest place. The farmers are now using motorbikes to shepherd their herds, instead of riding their horses as they used to do. Even mobile and satellite phones are not uncommon.

Sleeping in the yurts was a quite an experience. The nights were quite cold, and the small oven they had in the middle of the yurt was generating too much heat, so within a short time it became so hot inside that we had to open the door, but then it became too cold… In the end, with some practice we managed to use the heating equipment correctly!

Contrary to what the Internet had informed us, the food was fine. Nice warm soups, fish, vegetables and of course plenty of meat, were on the menus. As for the horrible mosquitoes, we didn't encounter any. Were we lucky or was it the wrong time of the year? One of the most unforgettable experiences was going out of the yurt on a moonless night. Once the eyes have adjusted to the dark night, the sky simply explodes with millions of stars, constellations and of course the Milky Way. A truly magnificent chandelier. The total silence was only interrupted by occasional contribution to the green house gases by the animals, when they let out air.


The vast steppe, with yurts in the background

Karakorum, Genghis Khan's city

On returning to Ulan Bator we made a stop at the city of Genghis Khan in Karakorum. It was truly impressive to read the maps of the Mongolian Empire at the end of the XIII century. The Empire covered a total of 33 million square kilometres (compare with the size of the largest country today, The Russian Federation, 17 million sq km). It was the biggest ever in the history of humanity. It stretched from the Mediterranean sea in the west to the Pacific ocean in the east, and from Siberia in the north to India in the south. When we finally arrived in Ulan Bator, it took quite some getting used to see so many cars and people, asphalted roads and traffic lights.

Reflections

Travelling through the steppes of Mongolia infused a real feeling for freedom. All the modern implements of every day life are simply forgotten: no radio, telephone, newspaper, television, computer or Internet. Driving on earth tracks with no road signs, no traffic lights, no speed control for several day on end, was the expression of total freedom. Fortunately or unfortunately the modern world is catching up with this virgin land. Huge quanitites of natural resources have been found. Soon Mongolia would be the number one producer of copper. Additionally the much sought after rare earth metals, diamonds and uranium were found in commercial quantities. All the major international players in mining, Australian, French, Brazilian and Canadian firms have all opened offices in Ulan Bator. What is more, all the major luxury goods names have opened shop there: Dior, Vuitton, Ulysse, Nardin, Ferrari etc.

Very soon, the population of Ulan Bator shall explode to ten times its present level. Tower cranes are everywhere. Outside Ulan Bator on empty parking lots, one sees hundreds of machinery plant equipment, like bulldozer, scrapers, graders, loaders, excavators etc., omens of what is soon coming in the way of construction.

There is still time to visit the country and enjoy its pure nature, but time is running out. Soon the farmers and the shepherds shall abandon the countryside and move into urban centres for a better life. Alas they shall say good bye to their ancient tradition as well.

Crans-Montana,
a perfection Ski Destination

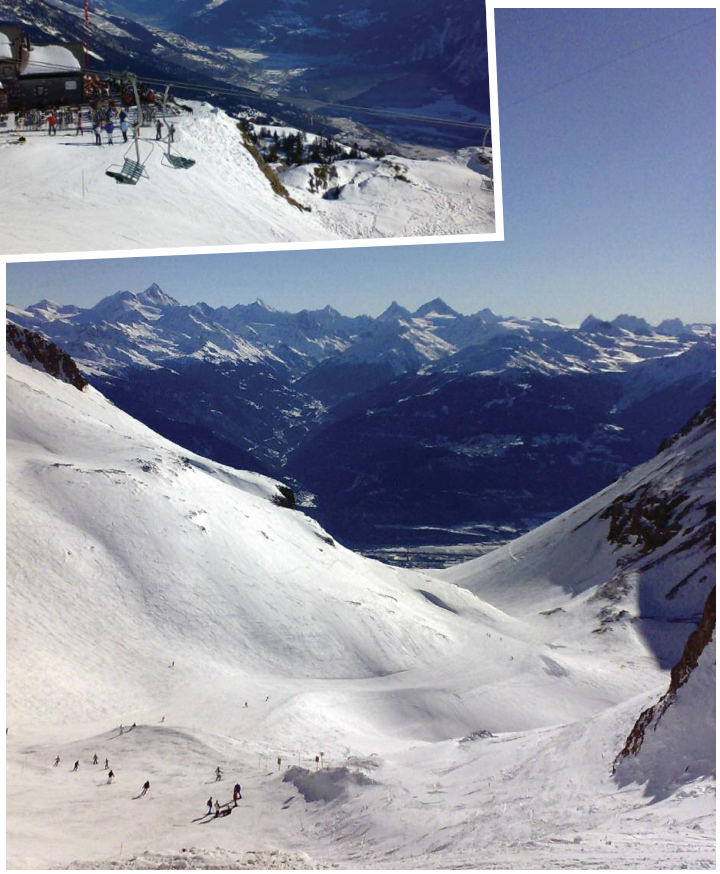
www.crans-montana.ch

Contributed by IMCZ member and sports editor Joseph Dow

Crans Montana is a large ski area in the Valais, right above the city of Sierre. Its exposure makes it quite a sunny place and the time of year we picked for our trip is perfect for the combination of sun and snow conditions. So, here is some information about the ski area and the chosen hotel:

- **Ski Area:** This is a large area with many different sectors, but the lifts and ski buses make it easy to navigate around. The area above Barzettes seems less crowded to me with a lot of nice cruising terrain around Les Violettes. Above Montana, the area is lively with an exceptional micro bowl up at Cry d'Er, which has its own lift and is a perfect area to warm up and polish your carving technique. The long run, below Chetseron, down to Crans is quite exhilarating and will test your leg strength, for sure. Although I didn't ski over above Aminona, on the last trip, I remember it being wide open and a good place to ski at high speeds. At the top around 3'000m, you have fabulous views from Plaine Morte and a sweeping run back down.

- **Hotel:** Last March, I had a wonderful stay at the Hotel du Lac in Montana www.hoteldulac-crans-montana.ch. The best part was the exceptional staff led by Yves, the manager. He made us feel very welcome and was most helpful. The room was immaculately clean, which is my most important requirement. The styling is a bit dated, but it didn't bother me at all because it was cozy and everything was so clean. My room was a good-sized double with a balcony. There were beautiful views from the Weisshorn to Mont Blanc from my balcony, and I stayed out there despite the cold for quite a while each afternoon. Enjoying the hotel's own exceptional La:Marmotte beer made it very easy, especially the Blonde!



I thought the breakfast was very tasty with good coffee and a myriad of breads, as well as juice, yogurt and the rest of the standard items from a typical Swiss breakfast.

The location is perfect, right between the villages of Crans and Montana, on a nice little lake. It's a five minute walk even in ski boots to a place by the main road to take either a short shuttle bus ride to Signal or Barzettes for skiing. The two towns are practically touching, so we will be right in the middle of the action.

I said I would definitely come back and now here we go! So, this is the hotel we chose for the IMCZ Ski Weekend. Rooms are available at the time of this article going to press, so don't delay if you want to join us.

Next month: We will recap the trip to Crans Montana, officially review the ski area and tell you all about all our adventures!

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Five Years of Bowling

Contributed by IMCZ Member Steve Butterworth

The end of the fifth year of bowling was marked by low attendance, only eight people turned up. Nevertheless, we managed to enjoy our social evening out.
I was pleasantly surprised when a lovely bottle of champagne was presented to me for running the event. I certainly have no intention of stopping now! Thank you all that were there. Especial thanks to Beat Züger, that was a lovely surprise.
Some of us had a low scoring evening myself included, however, as I said high scores are not the only thing to enjoy on a bowling event.
Welcome back Jack Sami, he has been on extensive travels…
The wine went to Maurice Corten for first and Beat Züger for second prize.

BOWLED

First Name	Surname	Game1	Game2	Game3	Bowled total	overall_avg	handicap	STRIKES	SPARES	Split
Beat	Züger	136	130	123	389	134	53	3	12	2
Otto	Steuri	131	119	125	375	144	45	5	9	1
Ewan	Currie	89	125	130	344	119	65	4	10	
Maurice	Corten	117	95	122	334	106	76	3	37	1
Hans-Peter	Schobert	96	114	109	319	116	68	4	7	2
Stephen	Butterworth	109	97	86	292	121	64	4	4	
Jack	Sami	57	98	78	233	104	77	1	5	1
Nittaya	Corten	34	67	60	161	99	81	3		

HANDICAPPED

First Name	Surname	Game1	Game2	Game3	Handicapped	overall_avg	handicap	STRIKES	SPARES	Split
Maurice	Corten	117	95	122	562	106	76	3	37	1
Beat	Züger	136	130	123	548	134	53	3	12	2
Ewan	Currie	89	125	130	539	119	65	4	10	
Hans-Peter	Schobert	96	114	109	523	116	68	4	7	2
Otto	Steuri	131	119	125	510	144	45	5	9	1
Stephen	Butterworth	109	97	86	484	121	64	4	4	
Jack	Sami	57	98	78	464	104	77	1	5	1
Nittaya	Corten	34	67	60	404	99	81	3		

The war is over

An elderly Italian man who lived on the outskirts of Milan, went to the local church for confession. When the priest slid open the panel in the Confessional, The man said: “Father ... During the Second World War, a beautiful Jewish woman from our neighbourhood knocked urgently on my door and asked me to hide her from the Nazis. So I hid her in my attic.”
The priest replied: “That was a wonderful thing you did, and you have no need to confess that.”
“There is more to tell, Father... She started to repay me with sexual favours. This happened several times a week, and sometimes twice on Sundays.”
The priest said, “That was a long time ago and by doing what you did, you placed the two of you in great danger. But two people under those circumstances can easily succumb to the weakness of the flesh. However, if you are truly sorry for your actions, you are indeed forgiven.”
“Thank you, Father. That's a great load off my mind. I do have one more question”. “And what is that?” asked the priest. “Should I tell her the war is over?”

Thieves and Lawyers

A lawyer defending a man in New York accused of burglary tried this creative defence:
“My client merely inserted his arm into the window and removed a few trifling articles. His arm is not himself, and I fail to see how you can punish the whole individual for an offence committed by his limb.”
“Well put,” the judge replied. “Using your logic, I sentence the defendant’s arm to 5 year’s imprisonment. He can accompany it or not, as he chooses.”
The defendant smiled. With his lawyer's assistance he detached his artificial limb, laid it on the bench, and walked out...

At the Dentist

I was sitting in the waiting room for my first appointment with a new dentist, when I noticed his dental diploma which bore his full name. Suddenly I remembered a tall, handsome, dark haired boy with the same name who was in the same class at the secondary school some 30-odd years ago. I kept on asking myself could he be the same guy that I had a secret crush on then?
Upon seeing him, however, I quickly discarded any such thoughts. This balding, grey haired man with the deeply lined face was far too old to have been my classmate. I couldn’t resist asking him, after he examined my teeth, if he had attended Morgan Park Secondary School.
“Yes indeed. I am a Morganner” He beamed with pride.
“When did you leave to go to college?”, I asked.
He answered, “In 1965, why do you ask?”
“You were in my class!”, I exclaimed
He looked at me closely, then this ugly, old, bald, winkled, grey haired, decrepit, bastard asked, “What did you teach?”

Medical Treatment

A flat-chested young lady went to Dr. Smith about enlarging her breasts. Dr. Smith advised her, “Every day after your shower, rub your chest and say, ‘Scooby doobie doobies, I want bigger boobies!’” She did this faithfully for several months! To her utter amazement she grew terrific D-cup boobs!
One morning she was running late, got on the bus, and in a panic realised she had forgotten her morning ritual. Frightened she might lose her lovely boobs if she didn't recite the little rhyme, she stood up in the middle aisle of the bus, closed her eyes and said, “Scooby doobie, doobies, I want bigger boobies.”
A guy sitting nearby looked at her and asked,
“Oh! Are you a patient of Dr. Smith’s?” “Yes I am... How did you know?” He winked and replied, “Hickory dickory dock”

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www.SELECTIONS

by IMCZ member David Harris

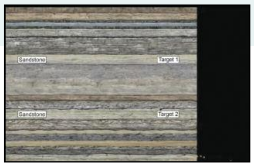
All web sites included in this series are offered in an unbiased way and do not always reflect my personal views; the reasons for bringing them to your attention are that I found them interesting, perhaps offering another point of view and definitely worthy of note.

CARS FROM SOVIET AND OTHER COMMUNIST COUNTRIES www.autosoviet.altervista.org

Not generally known for their beauty or desirability this site covers cars and motorcycles from Russia, Ukraine, Romania, Slovakia, Hungary, Czech Republic, Poland, China, Cuba, Slovenia and Yugoslavia. Extensive and very interesting.

TREE OF LIFE EXPLORER www.onezoom.org

One Zoom allows you to explore the tree of life in a completely new way – It's like a map – everything on one page – all you have to do is zoom in and out. One Zoom heightens awareness about the diversity of life on earth, its evolutionary history and the threats of extinction.



CAMBRIDGE UNIVERSITY LIBRARY www.lib.cam.ac.uk/

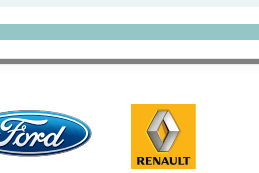
The Library is releasing digital versions of some of the most significant religious manuscripts in the world through the Cambridge Digital Library. This includes a 2,000-year old copy of The Ten Commandments (the famous Nash Papyrus) and one of the most remarkable ancient copies of the New Testament (Codex Bezae).

FRACKING http://j.mp/CuadrillaVideo

This video illustrates the hydraulic fracturing process commonly used by Cuadrilla Resources in its shale exploration projects.

UNDERSTANDING ENGLISH ENGLISH AND AMERICAN ENGLISH www.effingpot.com

Words and expressions that have varied in their usage between the US and the UK.



CHILL CAN http://chillcan.com/

The Chill Can Technology has been developed by four generations of family beverage industry experience in the United States under the trade name, Joseph Company International. This technology is referred to as 'Micro Cooling' and has been in research and development for over 18 years. Read more.

GARAGE ZIMMERMANN

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A Merry Christmas and the Best of Luck for 2013

Thank You for a Successful 2012

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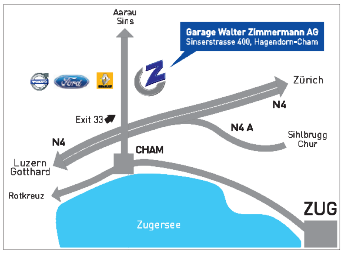

Sudoku

I think I have overdone it for the last puzzle of last year. It was too difficult. Only one Einstein had a go and got the right solution. Congratulation to Maurice Corten, you are the lucky winner and your drinks on the next Stammtisch you attend are on the house. This month's puzzle is very simple. I like to invite all those who tried the December puzzle and gave up in frustration to try this one. Also those who had never tried a Sudoku should really have a go and get the taste of it. The winner shall be drawn from the pool of correct solutions received. His drinks during the next Stammtisch he attends shall be on the house. Please simply tell the waiter or waitress that your drink is on the house, he or she shall find their way to the Paymaster, that is yours truly or Max.

		9				6		
	1			6			9	
6			4	5	9			2
		4	6		5	7		
	7	6		9		1	3	
		8	3		7	2		
5			2	7	1			6
	6			4			7	
		1				9		

Solution of December 2012 Puzzle

9	6	5	1	4	3	8	7	2
4	8	3	6	2	7	5	1	9
7	2	1	8	9	5	6	3	4
1	5	8	4	7	6	2	9	3
3	4	9	2	5	1	7	6	8
6	7	2	9	3	8	4	5	1
5	9	7	3	8	2	1	4	6
8	1	4	5	6	9	3	2	7
2	3	6	7	1	4	9	8	5

The easiest form, in which the solution is sent, is nine rows of nine numbers in a Word document, Excel or email. In every Sudoku, every digit between 1 and 9 occurs exactly once in each row, column and 3x3 square. Please send your answers to muthana@trasco.ch, on or before the last day of the current month.

Members' Marketplace

*Are you **selling** your yacht (harboured in Piraeus)?*
Your Aston-Martin old-timer with the roll top roof?
A gorgeous view of the Bay of Biscay,
with a little bit of house attached?
Or are you cashing in the half of your stamp
collection that is finally worth something?
*Perhaps you're **looking** for all of these things?*

Then ADVERTISE here, in the IMCZ News;

The Members' Marketplace is reserved for unformatted advertisements of 150 characters (approx. 3 lines) of text.
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Advertisements must be submitted as illustrated below.
Longer advertisements cost CHF 30.-

Example: **FOR SALE:** gorgeous view of Bay of Biscay with stunning sunsets and high waves. Wee house (12 rooms), dock and yacht included. Call Bill at 041 123 4567.

SKI GEAR AND ACCESSORIES FOR SALE:
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Email Joe Dow, jjdow@hotmail.com

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