





## Seleger Moor: An Excursion into a Small Paradise



Saturday, June 5, was a cloudless day with steel blue skies. A few enterprising members of IMCZ gathered at the gates of a famous moor in Rifferswil, a stone's throw away from Mettmenstetten.

We were greeted by an exotic array of spring scents and thousands of different most beautiful flowers. They unfold their full magnificence in the last weeks of May and the first week of June. Yes, had the weather not played its usual tricks during the original date reserved for this trip on May 15, we would have seen even more magnificent flowers, but mother nature has, as ever, the last word.

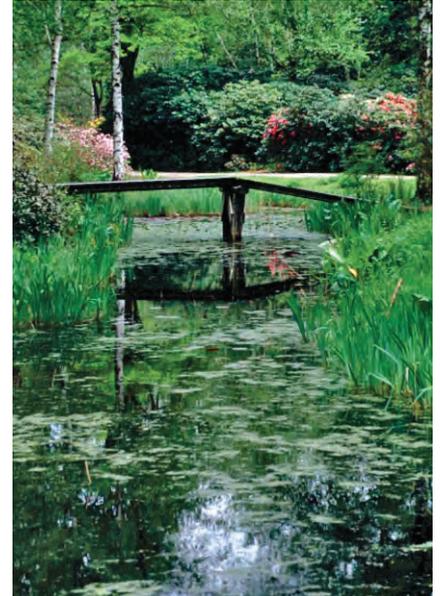
Five club members enjoyed a most wonderful Saturday afternoon outing. We admired the thousands of rhododendrons and azaleas in 300 different species, with water lilies fringing ponds and Japanese iris filling the spaces. They are home to a huge variety of croaking frogs, birds and fish.



To crown it all, we had a most pleasant break at the open air café there, and enjoyed our coffees, teas, beer and Nussgipfeli under the singing of the birds and the croaking of the frogs. The ambiance was second to none and to all those who couldn't make it all I can say: you have missed a lot.

We have already agreed with Roland that next year IMCZ together with ZIWC shall turn out in force and be there during the height of the blossoming season.

— Muthana Kubba



## 8-BALL POOL at Sports Zugerland, CHAM

Come join us for informal fun POOL evenings for 2 hours of fun. The 4 tables are pre-booked at 25% discount to IMCZ members. Mark these dates below in those diaries!!

**Date:** Last Tuesday of the month:  
Tuesday, June 29 • Tuesday, July 27 • Tuesday, August 31 • Tuesday, September 28 •  
Tuesday, October 26 • Tuesday, November 30 • Tuesday, December 28

**Time:** 19.15 h gathering; 19.30 h starting

**Cost:** Around CHF 15 per person, and your drinks and food if any, are extra.

**Venue:** Sports Zugerland, being what used to be called the Tennis and Squash Centre Cham, is a non-smoking area throughout and is easy to get to. So there are two excuses out of the window for not making this into another popular event again. Good food is available as well as drinks – the pool tables being next to the restaurant.

**Contact:** Please register with Stephen Butterworth at [sbutterworth@zugernet.ch](mailto:sbutterworth@zugernet.ch) or catch him at a Stammtisch.

## IMCZ BOARD MEMBERS

Board Member bios are posted under the following link: <http://www.imcz.com/Board.asp>. Go ahead and check them out!

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## IMCZ Members Storm the Gipfel!

On Friday, May 21st, Muthana Kubba and Joe Dow decided to get in one last day of the season at Engelberg - Titlis. Joe was very impressed that Muthana, at 74 years old, is a regular speed merchant and immediately hurtled himself down the trail on the Titlis glacier with wild abandon. He threw caution to the wind, caring not if it were ice or soft snow beneath. Joe, on the other hand, was more cautious after having had 5 crashes in 6 days on the same hip with his special new superfat skis that have a great Achilles' Heel: Ice! The pair ripped off a quick 10 runs on the T-bar and then tucked into some soup and pizza at the top ... a little too much pizza as they could hardly move afterwards and the afternoon runs were a bit more measured. All in all, along with the IMCZ trip to Flims, it was a great ending to the season, and we look forward to more members joining us next year.



## Miscellaneous Happenings

In addition to regular organized events such as bowling, pool, and the weekly Stammtisch, as well as special activities like a visit to Seleger Moor or a summer barbeque, a number of other happenings and activities are available to provide diversion. Here are some quick mentions of some coming items which Events Coordinator Ermano Bassi thought might interest you. You can attend these on your own or contact Ermano and see about going with some other members.

### Zuger Seefest

Food, drink, live music, fun, more food, more drink... An annual event, the Seefest draws big crowds for good reason: it's fun!

- Date:** Saturday, June 19, 2010
- Time:** 17.00 Seefest begins • 22.30 Fireworks with music
- Venue:** Stages and tents around the lake's edge in Zug.
- Cost:** Free entry, food and beverage at your cost. And don't drive; there's no parking.
- Contact:** Ermano Bassi at [events@imcz.com](mailto:events@imcz.com). More info at <http://www.zug-tourismus.ch/>.

### Zentralschweizer Trachten und Jodlerfest, Baar

Check out the traditional Swiss clothing, Alphorn blowing, flag swinging, and, of course the singing. Competitive individual yodelers, yodeler-duos, yodeling teams — 209 different formations from across central Switzerland, meeting for a three-day festival.

- Date:** June 25–27, 2010
- Time:** 16.00 opening on Friday, June 25. See link below for details.
- Venue:** Multiple locations in Baar.
- Contact:** Ermano Bassi at [events@imcz.com](mailto:events@imcz.com). More info at <http://www.jodlerfestbaar.ch/>.

### Crosby, Stills and Nash Concert, Singen (Germany)

Yes, I was surprised, too. Apparently, they're not only still alive, they're still singing and, what's more, they're singing together. In Singen, no less. David Crosby, Stephen Stills and Graham Nash appearing at the Hohentwiel Festival just across the border in Germany. Anybody want to go?

- Date:** July 15, 2010
- Contact:** Ermano Bassi at [events@imcz.com](mailto:events@imcz.com) for registration and info

### IMCZ Barbeque – “The Swiss Face of the IMCZ”

Still in the planning stages, but very exciting: Our summer social event for you and your wife, partner, children to enjoy. The theme being developed is “the Swiss face of the IMCZ”, where “the locals” organize some interesting activities and entertainment for the international, non-Swiss attendees. The ladies from the Zug International Women's Club are of course also invited. More details coming later, but reserve the date now!

- Date:** Sunday, August 22, 2010
- Venue:** Seebach, Zug.
- Contact:** Ermano Bassi at [events@imcz.com](mailto:events@imcz.com).

## Protein and Calcium Impair Kidney Health: a Fairy Tale of Modern Times

Contributed by IMCZ member Remo P. Jutzeler van Wijlen,  
Head R&D Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ

If you ever end up exchanging small talk with a nephrologist/kidney doctor you certainly will leave him/her believing that the kidney is the most sophisticated and most important one of our organs. Indeed, there are two of them in each of us, a fact that already underlines their inalienability. ;-)

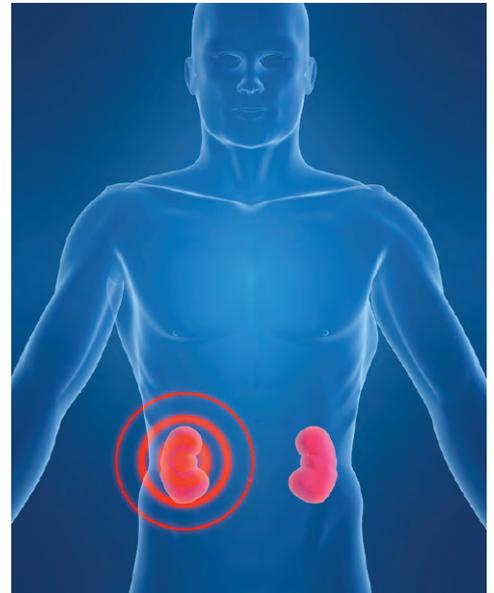
Truly, each kidney consists of more than 1 million functional units called nephrons and 20% of total cardiac blood output flow through our kidneys. That is the highest tissue-specific blood flow. Blood flow per minute is about six times higher in the kidneys than in the brain, which indicates their function that is filtering our blood. Obviously, the filtration of our blood is vital and malfunction or failure may be lethal.

It is a sort of common believe that protein and also calcium put a strain on the kidneys and may overload their filtering capacity, impair their health and in the case of calcium lead to kidney stones. Notably, the traditional recommendations of doctors to reduce protein and calcium intake are still persisting in John Doe's common knowledge – not just in the case of a kidney disease but generally! But these recommendations are virtually based on nothing but the (already since a long time ago available) analysis of calcium in kidney stones. Nowadays it is clear, that a calcium-poor diet increases markedly the risk of kidney stones. The reason is that already in our intestines calcium is continuously bound to oxalate, an organic acid from vegetables, which is a normal process. Thereby calcium – and oxalate – become crystallized, unavailable for absorption into our blood, and are excreted from our body without any negative side-effects (except for the loss of calcium as a nutrient). By means of a high dairy (and usually calcium- and protein-rich) diet, calcium out-competes oxalate and less free oxalate but more unbound calcium can intrude from the intestines into our blood. In consequence, no complexation of calcium and oxalate to a supercritical extent (to form kidney stones) does take place within our system, i.e. in the kidneys. Today among kidney doctors this mechanism is clear and established – it is just to hope that also medical practitioners and their patients become elucidated!

It is further true that dietary protein restriction in chronic renal disease does attenuate the kidney filtration rate – on the short term! Comparing only the first 4 months of protein restriction (0.58 vs 1.3 g protein/kg body weight) a clear renal discharge ( $p=0.004$ )

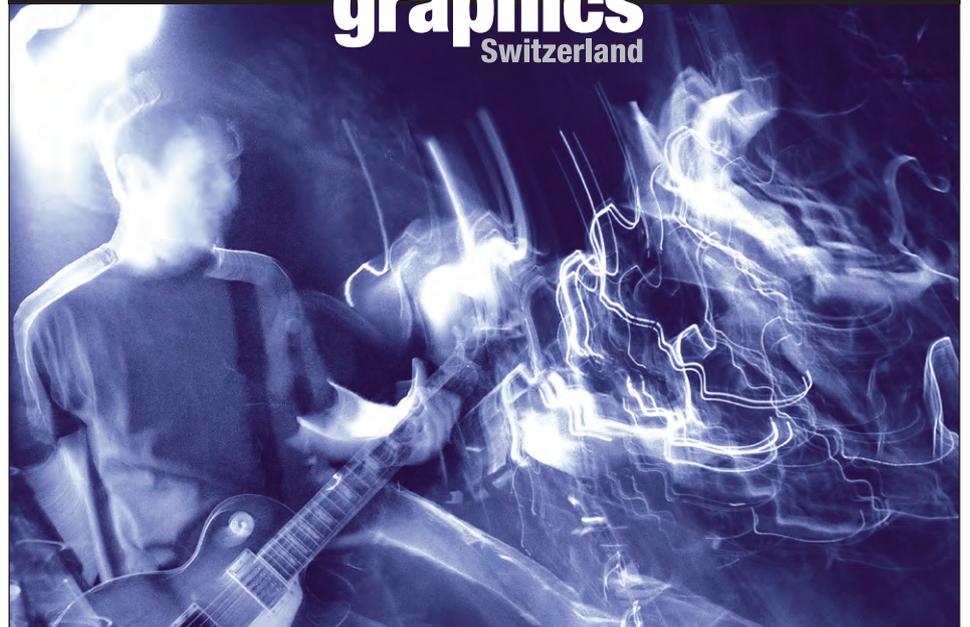
between the diets was observed, but comparing month 0 to 36 no difference between treatments was seen. Notably, even with the diagnosis “chronic renal insufficiency” a daily protein intake of 0.8 g/kg body weight is recommended (Hess 12/03, various sources) which is about - surprise, surprise – as normal a protein recommendation as it could come from any dietary organization for healthy people. Translate it into foods, and you end up with a recommended daily intake of dairy products and 3-5 dishes of meat or fish per week.

Truly, for healthy athletes and also from the point of view of a hunter-gatherer diet, a daily protein intake of up to 2 g/kg body weight seems more appropriate. But this includes also high physical activity, plenty of fluid intake and a high consumption of vegetables and fruits as the main carbohydrate sources. Talking of modern protein supplements which come as protein shakes it should be kept in mind that even 3-4 such shakes deliver between 60-100 g of protein in total – with a drink volume of about 700-1200 ml.



Such a volume of highly satiating drinks does obviously kind of self-limit its consumption. Furthermore, safety assessments regarding daily long-term protein intake consider intakes of up to 3-4 g/kg body weight as safe and beyond any health concern for healthy people.

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## Beloved by Toni Morrison

by IMCZ member Andrew DeBoo

In a recent meeting at the Stadt- and Kantonsbibliothek Zug, the Reading Circle for English Language Literature discussed Nobel Laureate Toni Morrison's novel *Beloved*.

Published in 1987, *Beloved* won Morrison the Pulitzer Prize in 1988. Elsewhere critically acclaimed, the book has been listed among the best American novels published since the early 1920s and even called the best work of American fiction of the past 25 years. In the film based on the book and released in 1998, Oprah Winfrey starred in the role of the heroine Sethe.

She is a difficult heroine, because as the story goes, this former slave who escaped across the Ohio River from Kentucky and settled in Cincinnati with her four children Howard, Buglar, Beloved and Denver, slit her young

mother could murder her daughter in the name of love, but it was also clear the house was haunted by the ghost of the slain toddler. This isolated in particular Denver, whose older brothers had left home as soon as they were able for fear of a reprisal from mama. Denver thus grew up more or less without them and without any friends either. In the time since the crime that she has been living at 124 with her daughter and mother-in-law Baby Suggs, Sethe has still not confronted or accepted the enormity of what she had done. Baby Suggs passes away, having expressed that "...the only bad luck is white folks."

The novel's dedication to "Sixty Million and more" has been cause for some discussion since its publication. The figure refers to the number of black people estimated to have perished in the Middle Passage, the second leg of the Triangle Trade which brought negroes captured from the interior and held at the West African coast on slaves ships, some holding a "cargo" of over 500, from the Dark Continent to North America before returning to port in Europe.

The number is huge, almost unimaginably so, since upon calculation of daily casualties with a duration of slave trade in North America spanning as many as 250 years a quotient of more than 650 per diem results. Some critics attacked the factual basis of Morrison's estimates, with others even calling it a direct belittlement, even denigration, of the Holocaust. But Morrison consulted historical experts whose own estimates were multiples of the figure she provided, so that if her numbers are the lowest available, they cast the vastness of the trade in a different light, such that losses like these would be absorbed incidentally as distributed among many, many voyages and ships without overall concern ever arising about the wastefulness of such losses, without speaking of the ghastly conditions on board, which did eventually receive considerable documentation. If nothing else it emphasizes the magnitude of dehumanization that must have been imminent in order to carry out the operations, and indeed for so long.

That dehumanization is brought sharply into contrast, contradiction even, when Paul D. arrives at 124 Bluestone. He is one of the men of Sweet Home, that grossly ironic moniker of the farm in Kentucky where he, Sethe, and a number of other men were held by Mr. and Mrs. Garner and worked under conditions which made that landholding a radical blight of acreage on the rolling landscape of slavery. The elderly Garners called the slaves "men" and treated them as such, a term and a practice that isolated them in that countryside. Garner, not being one to suppress his opinion about the treatment of their subjects in his neighbors' company, was himself sometimes the recipient of beatings. The Sweet Home slaves treasured the fantasy of their position, the idyll being locked in memory when the older couple relinquished ownership of the place to schoolteacher and his sons, who with their diametrically opposite ideas of the

character of slaves whipped, chained and exercised cruelty upon them regularly as a means of instilling their position.

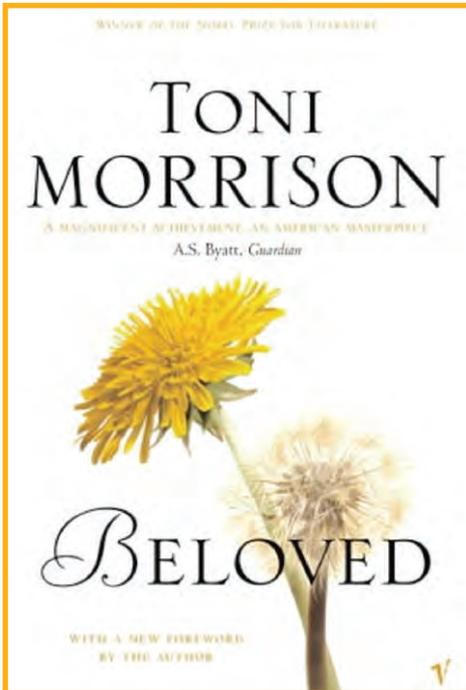
From these conditions both Sethe and Paul D. managed to escape, separately, and it is several years hence that Paul D. finds her in Cincinnati, not knowing any of her terrible history and having endured one of his own in the intermittent years, remembering only some of the details of the torture to which her husband was subjected before he died.

The first thing Paul D. does is cast the ghost out of 124 Bluestone, somewhat naively perhaps, because with the defiance and wickedness of a child, the ghost returns in the form of a young woman that he, Sethe and daughter Denver find sitting on a stump a few days later when they return home from a day at the carnival. She gives her name as Beloved, and they take the young lady in, though Paul D. soon has an odd sense about her. He senses indeed that Beloved intends to disrupt the potential relationship between him and Sethe, but cannot counteract her willfulness. He finds out, eventually, what Sethe did to her daughter, and ends up leaving 124 Bluestone, Sethe slipping into the control of the demon maiden.

Morrison's confrontation of slavery raises a plethora of issues, which through her treatment spread from being the isolated experience of individuals to examinations of the fate of a people.

Manhood is one such issue, a fantastic and warped sense of which was given to the men of Sweet Home, where Paul D. served alongside a few other slaves. Owner Garner as master treated his male slaves far differently than other owners in the region, and the slaves understood that status there was unique: fantastic because they would enjoy humane treatment nowhere else. They could appropriate work capacity, purchasing gradual freedom by working off the farm after fulfilling obligations to Garner. It was in that way that Halle, Sethe's husband, purchased freedom for his mother, Baby Suggs. Sixo, another compatriot there, pursued a similar arrangement with the idea of joining with the Thirty Mile Woman. But these allowances were dashed when Garner turned the farm over to schoolteacher, who used the lash and other means to subjugate the men, and taught his pupils that slaves had "human" and "animal" characteristics.

This exploration goes beyond manhood in the sense of what it might mean to be a developed and responsible male member of a community—a father, husband, brother or friend—to an examination of personhood itself. With its arbitrary cruelty and continuous placement of life in the balance, slavery in the person of those who upheld and enforced it, sought to impress upon the black people that they were goods, abjectly and utterly, for disposal at the whim of whoever held the bill of sale. Their survival from one day to the next depended upon sustenance of a perceived



daughter's throat with a saw in a fearful rage of protective mania when schoolteacher, her former owner, showed up with three henchmen, two of them his sons, the quartet appearing like the Four Horsemen of the Apocalypse to reclaim their escaped property by virtue of the Fugitive Slave Act of 1850. So staunch is the love of this mother that she would slay her own children before remitting them to the inhumane subjugation which Halle, her husband, could not flee, though his final end has always been unknown to her and his suffering prior to it is only fragmentary hearsay.

As a criminal Sethe had to remain in the free state of Ohio, and though the Four Horsemen retreated back across the river, the horrible apocalypse enclosed and encroached on Sethe still, even after her eventual release from the jail. Other folks, families, most of them former slaves, in the neighborhood of 124 Bluestone, saved an odd look and distance for her. There was the obvious question of how a



potential gain in the mind of the owner, to the extent that any abuse that did not kill the slaves—physical, sexual, psychological—might gratify their overseer in some way. So what concept of personhood or selfhood could people develop who lived under circumstances such as these? How could it be nurtured if what they were forced to do demanded that they disregard themselves, or if upon reflection they would hate themselves for submitting to orders? And for those who did manage to slip the yoke, what would it take for them to cultivate a sense of who and what they were and could be, of persons who had innate value rather than a figure recorded in a ledger or counted out in bushels?

Questions such as these can be limited to individuals; relationships such as those between mothers and their children, husbands and wives, siblings or friends are lacy or tentative, since women could be used for the production of children who would later be sold off, “husbands” and “wives,” even if this sense of “family” existed only in the minds of two individuals who were strongly attracted to and intimate with each other and wished above all not to be separated, dispatching any legalistic or church-ordained pretenses, could be dispersed or traded off as market opportunities arose. Sethe herself could not remember her own mother’s face, only recog-

nizing the woman standing out in the field when she was pointed out to her as a child. Baby Suggs had more than half a dozen babies, but of most of them could recall no distinguishing characteristic. Again, the transient danger of existence stole any sense of history and continuity which is necessary as a foundation for the cultivation or development of relationships, even of a sense of what a family is, taken for granted by so many.

With her examination of these issues in the lives of *Beloved’s* characters, Morrison makes the personal impact and devastation poignant, casting the broader condemnation of the sorrow and destruction that slavery wrought as an institution.

*Beloved’s* domination of Sethe brings the trio of woman at 124 Bluestone to dire circumstances, recognized by Denver, increasingly neglected by her mother and ignored by the possessive Beloved. It is the novel’s triumph that the young woman, so long isolated and terribly embarrassed by her own backwardness, can muster the courage to approach someone in the community about where she can find work, and work, to earn her keep and put bread on the table. Denver grows and strengthens in her efforts, she is able to relate enough about the circumstances at home that the women of the community see the situation for what it is and determine that an exorcism is

in order to release Sethe from Beloved’s clutches. This climaxes in a scene in which Denver’s employer, a high-minded abolitionist, comes to 124 Bluestone as the women are also assembled there, which triggers a terrifying flashback in Sethe’s mind of the attempted recapture of her and her children so many years ago, and she attacks him. The agitation dissipates and the abolitionist is unharmed, and furthermore Beloved disappears, spoken of in rumor for a time in the community, but then forgotten. Seasons advance. Paul D. has returned to the community. 124 Bluestone can attend to the turn of life.

Other meetings in 2010 will discuss the following texts on the given dates:

- 10.06. *Half a Yellow Sun*, Chimamanda Ngozi Adichie
- 12.08. *Tree of Smoke*, Denis Johnson
- 16.09. *Wolf Hall*, Hilary Mantel
- 21.10. *Cat’s Eye*, Margaret Atwood
- 02.12. *The Children’s Book*, A.S. Byatt

The meeting dates are Thursdays, chosen by popular vote, and begin in the Dachraum of the city and cantonal library at 19:30 h. The Circle has a current membership of roughly ten people, and would welcome the active participation of a few more men! For further information please contact Andrew DeBoo at [a.deboo@language-refinery.com](mailto:a.deboo@language-refinery.com).



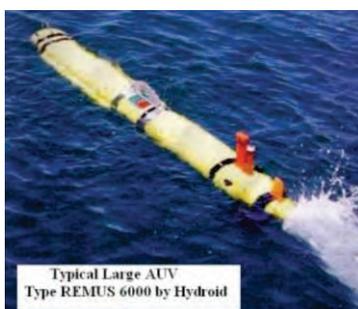
## Autonomous Underwater Vehicles – AUVs

Contributed by IMCZ Secretary Muthana Kubba

The news of the ecological catastrophe in the Gulf of Mexico has made and indeed is still making all the headlines. An oil leak at 1500 meters below the surface of the water is proving to be an ecological disaster. All attempts to seal the leak had failed by the time these lines were written.

On TV screens we saw how oil was gushing out of the deep seafloor, and many wondered how on earth anyone can work at such depth. The pressure at 1500 meters is 150 atmospheres and the temperature close to 4 degrees C. Not even the most modern submarine can dive so deep and stand such pressures. The answer lies with a branch of engineering not so well known, that of the “Autonomous Underwater Vehicles”, or AUVs.

The use of AUVs has been increasing steadily and the market for them is estimated to be worth well over \$ 2 billion over the next decade. They are being used for a variety of marine tasks ranging from deep water missions to observe, install or repair



equipment to data collection. Data on the salinity, temperature, pH levels (acidity or alkalinity) of the oceans at different depths, etc., are becoming increasingly important for global warming studies.

The military has several uses for AUVs as well like mine sweeping and reconnaissance.

Like everything else in life, designing an AUV is a compromise. Size, cost, speed, depth range, weight, sensors and autonomy are some of the parameters which must be considered. Broadly, there are two types of AUV. Large vehicles are up to six metres long and operate at depths between 1000 and 3000 metres and weigh up to five tons. They have high payloads and can support sophisticated sensors and mechanical arms. Their range varies up to 300 km. They cost anything up to \$ 1.0 million.

At the other end there are the small vehicles, usually designed to operate in shallow waters, less than 100



metres. They have a low payload and a range limited to less than 40 km.

### Power and Control

As a rule all AUV’s use rechargeable batteries as a power source. Obviously, no fossil fuel engines can be used for lack of oxygen from the air. The batteries of these submersibles are either charged in situ or swapped. Usually they are controlled via acoustic modems, also known as Sonar, and are equipped with highly sophisticated positioning and navigation systems. The main use of such vehicles is for oceanic data gathering and reconnaissance. Interestingly, one such vehicle has been looking for the flight data recorder, the so-called black box, of the Air France aircraft which had disappeared over the Atlantic last year when on its way from Sao Paulo in Brazil to Paris.

### Oil Industry Submersibles

The submersibles used to help plug the devastating oil leak at the bottom of the Gulf of Mexico, at more than 1500 metres below the surface of the water, are different from the above-described vehicles. They are specially designed for the purpose of performing



intricate tasks in deep sea. They have no power source and are powered and controlled from a mother ship. Additionally they are fitted with video cameras, headlights and remotely operated arms. They are tethered by a cable which carries in addition to the power, all the huge amount of data between the operators on the mother ship and the video cameras on board.

It is only with the use of such highly specialised and sophisticated vehicles that deep sea exploration and drilling has been made feasible.

## Wave Glider

A new and revolutionary unmanned vehicle has been developed quite recently. It has no batteries and can stay operational for virtually very long periods of time. Called a Wave Glider because it obtains the energy needed to move forward from the ocean waves.



Photovoltaic sun panels supply the power needed for communication. The up and down motion of the waves imparts forward motion to the vehicle in a similar way to the forward motion of an aircraft giving it the required lift to fly. The revolutionary vehicle, which had great potential for marine use, was introduced only this year in Europe. Normally the crucial portion with all the measuring equip-

ment is tethered to the surface vehicle and stays at predetermined depths below the surface of the water.

It is claimed that the Wave Glider can maintain a continuous forward speed of 1.5 knots in typical seas with waves up to one metre high. In rough seas the speed increases to 2 knots, whereas in very quiet seas it drops to as little as 0.25 to 0.5 knots. What is crucial about it is that it can maintain a given bearing irrespective of the wind direction or the state of the water. As such it is ideal for data gathering of the open oceans.

The development of the technology for submersibles is likely to continue at an increasing pace with many surprises in the pipeline.



## From the LANES... On Strike at the Cherry Bowl

17 bowlers on the 17th of May: the Cherry Bowl in Baar saw women from the ZIWC join men from the IMCZ for another evening of fun at the lanes. Then the bowling started...

Lars Bertrams started strong with a 142, which turned out to be his best game for the evening, and giving him his best series bowling with the Men's Club. Beat Zuger, meanwhile, had a strong opener of his own; his 185 was not only the best first game of those bowling, it also gave Beat a new high game for his IMCZ career. Otto Steuri's 162 put him second among the men, and proved to be his best game that night.

Meanwhile, the ladies worked on improving their games. Claudia Hützen rolled a 103, beating her average by 10 pins. Katja Ramsay bowled even better, throwing 123, well above her 91 average. Carol Gipson, following a long absence from the lanes, rolled a 136, beating the 129 average she earned on her return last month.

After a solid start in the first game, the men decided to change strategies. Beat dropped from 185 to 109, Otto from 162 to 144, Lars from 142 to 128, John Hosking from 135 to 111; there was a clear trend! The women, too, changed their strategies; while Katja slipped from 123 to 108 and Claudia from 103 to 81, Carole Heller bounded up from a first game of 96 to 147, a new high game for her 2010 season, though not her best ever. Carol Gipson, too, improved her form as she threw her high game for the evening with 159 pins, the best among the women that night.

The strongest showing of the evening, however, among both men and women and across all three games, was exhibited by Stephen Butterworth. Stephen not only changed strategies, some suspect he changed arms. However he did it, he clobbered 188 pins, giving himself a new career high and positioning himself to collect the wine for the evening.

Stephen's third game was also strong, as he rolled a 143, also well above his average (120 in 2010), and none of the other fellows could catch him. David LeBow, bouncing back from an uncharacteristic 93-pin first game, threw an above-average 159 and then a 153, but his resulting 405 series left him 4th among the men. Beat finished with 427 for the night, and Otto with 442, but Stephen's 463-series let him go home for the first time with one of the bottles he brought to the evening. Well done, Stephen!

Claudia's third game was her evening's best, at 112, but she couldn't beat Carol Gipson, apparently back in form with a solid 148 game. Carol ended with 443 pins total, competitive with the men's results, and she deserved to take the bottle of wine as best bowler among the women.

The IMCZ's regular bowling event for Club members takes place on the **3rd Monday of every month**. Coming dates in 2010 are:

**June 21st • July 19th • August 16th  
September 20th • October 18th  
November 15th • December 20th**

Members are encouraged to come out and cheer for the bowlers if they do not intend to bowl themselves.

The evening opens at **19:30**, the **crush of strikes and thrill of spares starts at 20:00**, and the event is open to registered and prospective IMCZ and ZIWC members. Stephen Butterworth has negotiated a splendid **25% discount** with the Cherry Bowl (just off the end of the freeway in Sihlbrugg). Early arrival to assure good shoes, a good ball and some liquid calisthenics is encouraged. **Reservations are required**, since the Cherry Bowl must be notified of how many bowlers to expect. Please **contact Steven Butterworth by the preceding Friday** via e-mail or phone, [butterworth.sp@gmail.com](mailto:butterworth.sp@gmail.com) or **041/790 41 72**. If you register to bowl and can't attend, you must let him know by the preceding Friday. The **IMCZ No-Show policy** applies. The cost for a regular (not a Challenge) evening is CHF 20.00 for two hours of bowling and shoe rental — a bargain indeed — and concludes at 22:00.





**WANT TO HAVE GREAT FUN?  
IMPROVE YOUR SKILLS & TECHNIQUE?  
MEET NEW FRIENDS?  
BOYS & GIRLS OF ALL LEVELS  
& ABILITIES WELCOME...**

# Summer Soccer Camps

## ZUG-LUZERN



## CAMP HOURS

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possible from  
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pick up at  
16:00.

### **ACADEMY CAMPS** (10 to 13 yrs)

Fun-filled soccer action for boys & girls looking for more of a challenge & wanting to take their skills to a higher level.

### **JUNIOR CAMPS** (5 to 9 Yrs)

Great fun with more brilliant challenges the older the child. Chance to make lots of new friends in a fun & stimulating environment.

### **GIRLS CAMPS** (5 to 13 yrs)

Great chance for girls of all abilities to have great fun & learn new skills with fantastic Girls Coaches.

### **MINI SOCCER CAMPS** (3 to 5 yrs)

A fantastic intro to soccer for boys & girls with all the basic skills taught & lots of competitions in a fun, stimulating & safe environment. Mornings only.

### **WORLD CUP TOURNAMENT** (5 to 13 yrs)

Coming in June / early July, date to be confirmed. Great chance for 5 to 13 year olds to play lots of small-sided matches.

To find out whats on in your  
area & book your place  
online [www.intersoccer.ch](http://www.intersoccer.ch)





## Why Some Men Have Dogs and Not Wives

Contributed by Muthana Kubba

1. The later you are, the more excited your dogs are to see you.
2. Dogs don't notice if you call them by another dog's name.
3. Dogs like it if you leave a lot of things on the floor.
4. A dog's parents never visit.
5. Dogs agree that you have to raise your voice to get your point across.
6. You never have to wait for a dog; they're ready to go 24 hours a day.
7. Dogs find you amusing when you're drunk.
8. Dogs like to go hunting and fishing.
9. A dog will not wake you up at night to ask, "If I died, would you get another dog?"
10. If a dog has babies, you can put an ad in the paper and give them away.
11. A dog will let you put a studded collar on it without calling you a pervert.
12. If a dog smells another dog on you, it doesn't get mad. They just think it's interesting.
13. Dogs like to ride in the back of a pickup truck.

And last, but certainly not least:

14. If a dog leaves, it won't take half of your stuff.

Unconvinced? Try this ultimate test:

Lock your wife and your dog in the trunk of your car for an hour. Then open the trunk and see who's happier to see you.

## One of those days

Contributed by Roger Brooks

A short guy is sitting at a bar just staring at his drink for half an hour when this big, trouble-making biker steps next to him, grabs his drink, gulps it down in one swig and then turns to the guy with a menacing stare as if to say, "What'cha gonna do about it?"

The poor little guy starts crying.

"Come on man, I was just giving you a hard time," the biker says. "I didn't think you'd CRY. I can't stand to see a man crying."

"This is the worst day of my life," says the little guy between sobs. "I can't do anything right. I overslept and was late to an important meeting, so my boss fired me. When I went to the parking lot, I found my car was stolen and I don't have any insurance. I left my wallet in the cab I took home." He continues, crying even harder. "Then I found my wife in bed with the gardener and my dog bit me. So, I came to this bar trying to work up the courage to put an end to my life, and then you show up and drank the damn poison."



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# WWW.SELECTIONS

by IMCZ member David Harris

All web sites included in this series are offered in an unbiased way and do not always reflect my personal views; the reasons for bringing them to your attention are that I found them interesting, perhaps offering another point of view and definitely worthy of note.

## FOOT RULE

<http://www.footrule.com/>

This is a continuously expanding collection of converters, units and measures, data tables and facilities for the student or teacher, scientific or engineering worker, parent and child. The converters answer questions such as "How many miles in a light year?", "What is the difference between US fluid and dry gallons or differences between both these and the UK gallon?". But more than that, they also provide invaluable background on units, their origin and definitions. If you ever need to know what a "Wey" is or ask "What on Earth is a Tod?", this is the place to look. This gives you data for each unit, not just on a converter-to-converter basis! Even more information is available for each category of units; simply click on the category title in each converter! The converter can show the equivalent values for any two units within the same category.

## SPEED TRAPS CH

<http://www.gps-data-team.com/>

This site provides information on fixed and mobile speed checks in Switzerland. All the information is there but is a little difficult to manage. Try starting at <http://poi.gps-data-team.com/switzerland/safety/> and clicking on either "Radar - Speed Camera" or "Mobile Speed Camera". Be inquisitive and patient as you try out the individual files under "Map, print or save to GPS".

## DARK ROASTED BLEND

<http://www.darkroastedblend.com/>

Looking for weird and wonderful things to complement your daily coffee ritual? This is another amazingly interesting and time-wasting site that will entertain you for hours.

## HUNKIN'S EXPERIMENTS

<http://www.hunkinsexperiments.com/>

Welcome to Hunkin's Experiments. Cool cartoons that will have you experimenting with food, light, sound, clothes, and a whole lot more! Hundreds of cartoon experiments from cartoonist, broadcaster and engineer Tim Hunkin.

## WORD SPY

<http://www.wordspy.com/>

This is the word lovers' guide to new words – a fascinating insight into English language development.



**language refinery**

- Optimizes structure, content and style of your corporate documents to make them truly representative.
- Focuses on science and technology-based industries, on finance and consulting, applying detailed sector knowledge and analysis and communications experience.
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**Andrew DeBoo,**  
**Managing Director**    [www.language-refinery.com](http://www.language-refinery.com) / +41 (0)41 760 11 80



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Sports on 5 screens**

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Dinners, serving  
traditional Pub Food**

**Special Events  
Throughout the year!**



## PUB EVENTS

**Sundays are Game days at Pickwick Zug**

Enjoy a quiet game of darts, chess or backgammon, or a not-so-quiet game of giant Jenga. For two people or twenty (or more) come down and have some fun.

---

Mr. Pickwick Pub, Alpenstrasse 11, 6300 Zug  
Tel. 041 711 10 04  
pwzg@gastrag.ch  
www.pickwick.ch

The no. 1 sports pub in town  
A great selection of beers  
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Easy as the May puzzle was, there were no responses or any solution submitted.

This month's puzzle is another easy one, and I look forward to receiving many correct solutions.

The deadline for receiving solutions is June 30th. The winner shall be drawn from the pool of correct solutions received.

The easiest form in which the solution is sent, is nine rows of nine numbers in a Word document or an email.

In every Sudoku, every digit between 1 and 9 occurs exactly once in each row, column and 3x3 square. Please send your answers to [muthana@trasco.ch](mailto:muthana@trasco.ch)

## Sudoku

	7			8	4			
		2				5		9
	5				1		4	
5		7	8		9			
6								1
			1		2	3		5
	3		9				2	
4		1				9		
			7	4			1	

Solution to May 2010 Puzzle:

1	3	7	8	9	4	5	2	6
9	6	2	1	5	7	4	3	8
4	5	8	2	6	3	1	7	9
2	7	4	6	3	1	9	8	5
3	9	1	5	7	8	2	6	4
6	8	5	9	4	2	3	1	7
8	4	6	3	2	5	7	9	1
7	2	9	4	1	6	8	5	3
5	1	3	7	8	9	6	4	2



## Members' Marketplace

Are you **selling** your yacht (harboured in Piraeus)?  
Your Aston-Martin old-timer with the roll top roof?

A gorgeous view of the Bay of Biscay,  
with a little bit of house attached?

Or are you **cashing in** the half of your stamp  
collection that is finally worth something?  
Perhaps you're **looking** for all of these things?

**Then ADVERTISE here,  
in the IMCZ News;**

The Members' Marketplace is reserved for unformatted advertisements of 150 characters (approx. 3 lines) of text. These are free of charge to IMCZ members.

Advertisements must be submitted as illustrated below. Longer advertisements cost CHF 30.-

**Example:** FOR SALE: gorgeous view of Bay of Biscay with stunning sunsets and high waves. Wee house (12 rooms), dock and yacht included. Call Bill at 041 123 4567.

## Members' Marketplace

Want to create a new or amend an existing web-site but do not have the time or technical knowledge? Contact me for reasonable rates and optimized results. **Stephen Butterworth**,  
[Spb@entourage-butterworth.net](mailto:Spb@entourage-butterworth.net)

IMCZ board member and certified Software Engineer with over a decade of experience, Hal Trufan, is seeking new employment. For CV and recommendations see his LinkedIn page at <http://ch.linkedin.com/in/htrufan> or email him at [hal.trufan@mensa.ch](mailto:hal.trufan@mensa.ch).

## IMCZNEWS Advertising Rates

**Circulation:** 255 plus online download.

**Issued:** Monthly

**Format:** A4 vertical, full color.

**Ad content delivery:**

electronic by e-mail, .pdf, .jpg, .gif

**Advertising Rates:**

- Full page, A4 vertical. (19 x 27.7 cm), Fr. 200.-
- 1/2 Page, A5 horizontal (19 x 13.5 cm), Fr. 110.-
- 1/3 Page, vertical (6.3 x 27.7 cm), Fr. 85.-
- 1/3 Page, horizontal (19 x 9.2 cm), Fr. 85.-
- 1/4 Page, A6 vertical (9.2 x 13.5 cm), Fr. 60.-
- 1/4 Page, horizontal (19 x 6.9 cm), Fr. 60.-
- Business Card (9.2 x 6.45 cm) Fr. 45.-

Extra costs may be incurred for typesetting, special formatting, etc.  
IMCZ Members receive a 20% discount on advertisement costs.

Place your ad for an extended period and receive a discount: get seven months of advertising for six months paid, or receive twelve months for the price of ten.

