



# IMCZ NEWS

## FUTURE EVENTS

Watch this column for a rolling forecast of IMCZ events and events to which IMCZ members are invited.

November 11th, Thursday      ZIWC  
Fountain of Health

November 17th, Wednesday      IMCZ  
Annual Bowling Challenge

October 24th, Wed.      ZIWC / IMCZ  
Joint Stammtisch, Landhaus, Baar

December 11th, Saturday      ZIWC  
Christmas Dinner Dance

### IMCZ EVENTS IN BOLD

IMCZ— International Men's Club of Zug

ZIWC— Zug International Women's Club

BSCC—British Swiss Chamber of Commerce

## Fountain of Health

We generally do so much to take care of others but rarely take the time to take care of ourselves.

The Lifestyle Committee of ZIWC has a program "Fountain of Health" and would like to provide you with information about how you can improve your health and open the door to longevity

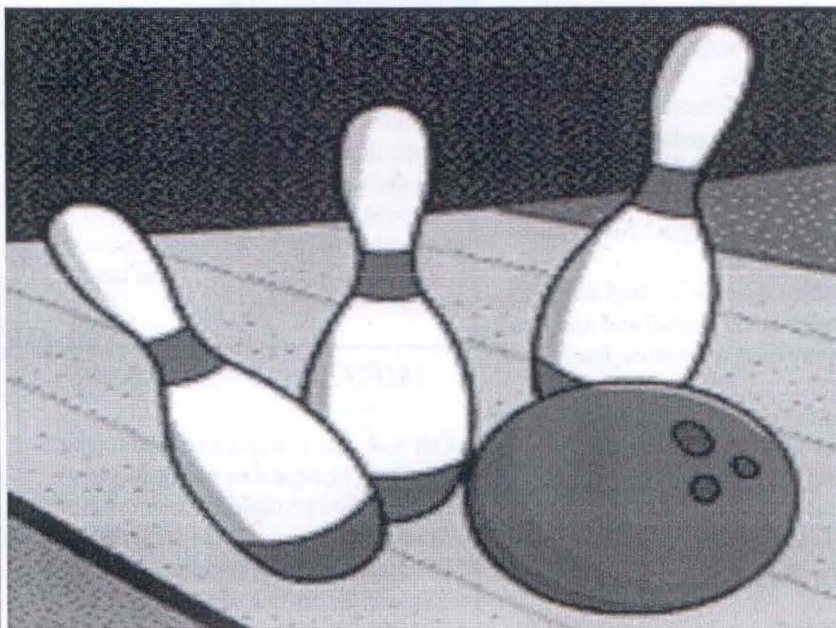
As nutrition is the most important aspect for our well being, they are happy to present to you the first event with two guest speakers from Austria.

Dr. Gerald Tulzer, Cardiologist and Dr. Wolfgang Tulzer, Sports Medicine will provide important information of prevention by good nutrition.

Don't miss the "Prevention Plus+ Meeting" on Thursday 11th Nov. at 18:30 in the Congress Centre, Park Hotel, Metalli, Zug.

For more information contact Muriel Haupt from the Lifestyle Committee of the ZIWC.

## Your Next Main Event



## IMCZ v ZIWC Bowling Challenge 2004 19:00 Wednesday November 17th

Gentlemen, it's time to pick up the gauntlet that has been thrown at our feet again this year by our sister club ZIWC. We need all the help we can muster from our members to retain the prestigious Ten-pin Bowling Challenge Trophy that we won for the last two years.

In actual fact, it is one of the best evenings for fun and entertainment that we have in our calendar. Each year has been better than the previous one with no one going home empty handed.... lots of prizes for everyone.

If you've ever played ten-pin bowling before then you'll probably be in the minority. Most of our players in the past had never even seen a ten-pin bowling alley! If you don't fancy playing, come along anyway and support your club, have a few beers and loads of laughs.

We will meet at the **Cherry Bowl, Baar** at 7:00 pm and the competition will start promptly at 7:30 pm. after a beer or two. For those wishing to participate the price will be CHF 20.- each and, of course, the prestige of being part of a winning team!

Please send your registration to Joop Hubbeling as soon as possible.

STAMMTISCH - every THURSDAY evening. 17.30 till 19.00 hrs Casino Restaurant, Zug

IMCZ—ZIWC Joint Stammtisch on November 24th at 19:00 in the Landhaus Restaurant, Baar.



## Report On Orange Talk

On October 24th around 45 interested members of IMCZ, ZIWC and BSCC congregated at the Park Hotel in Zug for a presentation by Mr. Peter Trinkl from Orange Communications.

As always, the future sounded bright according to Orange and the talk was quite informative giving us an idea of where Orange will be taking communications both here in Switzerland and around the globe.

The main focus was on how the company are trying to balance the many possible functions of modern communications with the "ease of use" that we have come to expect from mobile communications.

As well as the talk we had an apéro afterwards at the Park Hotel and it was very interesting to meet so many new people.

It is at events like these that the "contact" part of our club really shines through. Personally, I almost ran out of business cards to hand out but afterwards I realized that I had met quite a few new friends.

We hope to have many more such events in the future. If any members have ideas about what type of companies we could invite to these evenings, please let us know.

## ZIWC Xmas Dinner Dance on Saturday December 11th at The Casino, Zug

Our sister club, ZIWC, are holding their annual Christmas Dinner Dance at the Casino in Zug on Saturday, December 11th this year. Members of IMCZ are also invited along and it promises to be a splendid evening.

The theme will be "James Bond 007" so if you do a reasonable Sean Connery accent you may even win a prize.

The club have been lucky enough to engage the famous Triplebypass band even though they are in the middle of a European tour.

Remember to book the date in your diaries and more details will be in next month's Newsletter.

## IMCZ.COM—the web site

Our web site IMCZ.COM has recently fallen into disrepair so a task force of highly skilled professionals are now engaged to get the site up to scratch.

We hope that we will have more functions such as on-line registration, on-line Newsletter and so on. Members will be able to decide if they want the Newsletter by post or by e-mail.

We will keep you all informed of the progress.

President: - Bas VEENENDAAL  
T: 01 761 1053 moteco@uitikon.ch  
Secretary: - Joop HUBBELING  
T: 041 780 7550 jhubbeling@bluewin.ch  
Editor IMCZ NEWS—John STUART  
T: 041 724 3075 stuart.john@siemens.com  
Treasurer: Graham EVANS.  
T: 041 790 4855. graham.evans@bluewin.ch  
Board Member Jack Sami  
T: 041 750 4029 esami@freesurf.ch

*Any views expressed in the IMCZ NEWS are those of the contributor and not necessarily those of the IMCZ.*

## Next Joint Stammtisch Wednesday, November 24th Landhaus Restaurant, Baar

The next Joint Stammtisch between IMCZ and ZIWC will take place on Wednesday November 24th in the Landhaus Restaurant in Baar.

The last "stamm" was a bit of a disaster as the restaurant had been booked for the wrong evening but, as no one showed up anyway, it wasn't a problem!

As this will be the last evening of the current joint stamms please come along and support the event.

It really can be good fun !!  
"The evening starts at 19:00.

## The things they say ....

You need only two tools. WD-40 and duct tape. If it doesn't move and it should, use WD-40. If it moves and shouldn't, use the tape .

The five most essential words for a healthy, vital relationship....

"I apologize" and "You are right."

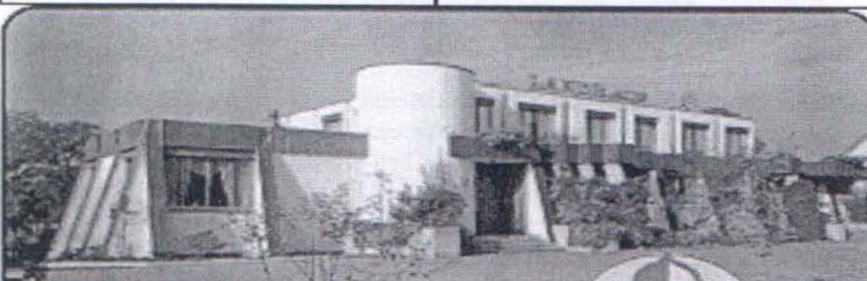
If you woke up breathing, congratulations! You have another chance.

Be really nice to your friends. You never know when you are going to need them to empty your bedpan.

"My eyes aren't what they used to be".  
... so what did they used to be?  
....Ears, Wellington boots?

"It's always the last place you look".  
Well of course it is. Why would you keep looking after you've found it?

If at first you don't succeed, skydiving is not for you



Spezialitätenrestaurant  
**LANDHAUS**



Gourmetstübli-Rôtisserie  
Wy-Stube  
Sonnenterrasse  
Wintergarten

Riesenauswahl an Flaschenweinen  
auch im Offenausschank

Familie P. Iten-Oegerli